



Name Aimee Salah

The final step of the Portfolio process is the evaluation of progress made towards achieving your goals. Refer to the current version of your Learning Plan (Step 3) for your identified goals. Consider how your CPE activities helped to improve your level of proficiency and helped you to meet (or not meet) your goals. This step is designed to assist you in reflecting on the value of your CPE activities over the past five years, and how this information can support the development of future goals. Use this evaluation to begin your next professional self-reflection (Step 1).

**What progress did I make toward accomplishing my professional goals?**

Goal(s)	Progress Made Toward Achieving Goal(s)
Goal # 7	I am now a better presenter, understanding adult education needs & how to create overheads/handouts with pizzazz.
Goal # 5	My media skills & nutrition knowledge are in demand by print & electronic media.
Goal # 6	My writing skills allowed me to write for a publication in a national magazine.
Goal # 1	I'm able to search the Internet for nutrition and health questions.