



**Certificate of Training in Obesity for Pediatrics and Adults Virtual Course
May 17, 18, 24, 25, 2021**

Day 1 – Monday, May 17, 2021 3:00 – 7:00 pm ET 12:00 – 4:00 pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	3:00 – 3:15 pm ET 12:00 – 12:15 pm PT
Obesity as a Chronic Disease Fatima Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS	3:15 – 3:50 pm ET 12:15 – 12:50 pm PT
Q&A Fatima Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS Kellene Isom, PhD, MS, RD, LDN, CAGS	3:50 – 4:00 pm ET 12:50 – 1:00 pm PT
Counseling and Behavior Management Craig Johnston, PhD and Kathy Isoldi, PhD, RD	4:00 – 5:00 pm ET 1:00 – 2:00 pm PT
BREAK	5:00 – 5:15 pm ET 2:00 – 2:15 pm PT
Counseling and Behavior Management Roles Plays Craig Johnston, PhD, Kathy Isoldi, PhD, RD and Ellen Sobota, MS, RD, LDN	5:15 – 6:00 pm ET 2:15 – 3:00 pm PT
Delivering Trauma Informed Counseling Julie Feldman, MPH, RD	6:00 – 6:20 pm ET 3:00 – 3:20 pm PT
Telehealth for Effective Weight Management Laura Andromalos, MS, RD, CSOWM, CDCES	6:20 – 6:35 pm ET 3:20 – 3:35 pm PT
Q&A and Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	6:35 – 7:00 pm ET 3:35 – 4:00 pm PT
Day 2 – Tuesday, May 18, 2021 3:00 – 7:00 pm ET 12:00 – 4:00 pm PT	
Welcome and Overview Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	3:00 – 3:05 pm ET 12:00 – 12:05 pm PT
Navigating Challenges Health Literacy, Weight Bias, Teaching Strategies (Families, Children, Bullying) Cindy Heiss, PhD, RD, LD, CDCES and Maren Wolff, PhD, RDN, LD	3:05 – 3:55 pm ET 12:05 – 12:55 pm PT
BREAK	3:55 – 4:10 pm ET 12:55 – 1:10 pm ET
Navigating Challenges II: Fad Diets, Self-directed diets children, Critical Thinking; Q & A Toni Toledo, MPH, RD, Corby Martin, PhD, and Vanessa Thornton, RD, CSP	4:10 – 5:10 pm ET 1:10 – 2:10 pm PT
BREAK	5:10 – 5:20 pm ET 2:10 – 2:20 pm PT
Physical Activity: Pediatric and Adult Corby Martin, PhD and Maren Wolff, PhD, RDN, LD	5:20 – 6:30 pm ET 2:20 – 3:30 pm PT
Core Content Practice Pearls and Wrap Up Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	6:30 – 7:00 pm ET 3:30 – 4:00 pm PT

Day 3 – Monday, May 24, 2021 3:00 – 8:00 pm ET 12:00 – 5:00 pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	3:00 – 3:05 pm ET 12:00 – 12:05 pm PT
Fundamentals of Pediatric Obesity Fatima Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS	3:05 – 3:45 pm ET 12:05 – 12:45 pm PT
Q&A Fatima Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS Kellene Isom, PhD, MS, RD, LDN, CAGS	3:45 – 4:00 pm ET 12:45 – 1:00 pm PT
Obesity Interventions through Childhood - Introduction and Prevention Scenario Maren Wolff, PhD, RDN, LD and Patricia Novak, MPH, RD, CLE	4:00 – 4:50 pm ET 1:00 – 1:50 pm PT
BREAK	4:50 – 5:05 pm ET 1:50 – 2:05 pm PT
Obesity Interventions through Childhood First 1,000 Days and Pharmacotherapy/Surgery Scenarios Maren Wolff, PhD, RDN, LD and Vanessa Thornton, RD, CSP	5:05 – 6:20 pm ET 2:05 – 3:20 pm PT
BREAK	6:20 – 6:25 pm ET 3:20 – 3:25 pm PT
Pediatric and Adolescent Program Management and Practice Pearls Vanessa Thornton, RD, CSP, Michelle Horan, RD, LD and Patricia Novak, MPH, RD, CLE	6:25 – 7:25 pm ET 3:25 – 4:25 pm PT
Pediatric and Adolescent Wrap Up - Evaluation and Post-assessment Kellene Isom, PhD, MS, RD, LDN, CAGS	7:25 – 8:00 pm ET 4:25 – 5:00 pm PT

Day 4 – Tuesday, May 25, 2021 3:00 – 8:00 pm ET 12:00 – 5:00 pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	3:00 – 3:10 pm ET 12:00 – 12:10 pm PT
Leading the Way How You Can Bring Progress to Obesity Care Ted Kyle, RPh, MBA Q & A - Kellene A. Isom, PhD, MS, RD, LDN	3:10 - 3:40 pm ET 12:10 – 12:40 pm PT
Obesity Interventions for Adults – Client Encounters Introduction Kellene Isom, PhD, MS, RD, LDN	3:40 – 3:50 pm ET 12:40 – 12:50 pm PT
Obesity Interventions for Adults Client Encounter: Young Adult – Corby Martin, PhD	3:50 – 4:20 pm ET 12:50 – 1:20 pm PT
BREAK	4:20 – 4:30 pm ET 1:20 – 1:30 pm PT
Obesity Interventions for Adults Client Encounter: Adult – Jessica Bartfield, MD, ABOM and Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN, Client Encounter: Mid-Adult – Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN, Client Encounter: Older Adult – Bonnie Jortberg, PhD, RD, CDCES and Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	4:30 – 5:00 pm ET 1:30 – 2:00 pm PT 5:00 – 5:30 pm ET 2:00 – 2:30 pm PT 5:30 – 6:00 pm ET 2:30 – 3:00 pm PT
Client Encounters – Wrap Up and Q&A Kellene Isom, PhD, MS, RD, LDN, CAGS	6:00 – 6:20 pm ET 3:00 – 3:20 pm PT
BREAK	6:20 – 6:30 pm ET 3:20 – 3:30 pm PT
Adult Program Management and Practice Pearls Bonnie Jortberg, PhD, RD, CDCES, Ellen Sobota, MS, RD, LDN & Toni Toledo, MPH, RD	6:30 – 7:30 pm ET 3:30 – 4:30 pm PT
Adult Weight Management Wrap Up Evaluation and Post-Assessment Kellene Isom, PhD, MS, RD, LDN, CAGS	7:30 – 8:00 pm ET 4:30 – 5:00 pm PT