

March 12-14, 2015

Charlotte, North Carolina

Commission on Dietetic Registration

Certificate of Training in Childhood and Adolescent Weight Management Course Agenda

While CDR will make all attempts to adhere to this agenda, the agenda may be modified in order to accommodate faculty schedules as needed.

Crowne Plaza Charlotte Executive Park
Grand Ballroom Salons A & B
5700 Westpark Drive
Charlotte, NC 28217



Day 1 – Thursday, March 12, 2015

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|-----------------------------------|--|
| 7:30 - 8:30 am | Check-in and Light Breakfast |
| 8:30 - 8:45 am | Welcome and Program Overview Kathy Cobb, MS, RD, CDN – Program Facilitator |
| 8:45 – 9:30 am | Keynote on Fundamental Research and Current Practice Guidelines Fatima Cody Stanford, MD, MPH |
| 9:30 – 9:45 am | Q & A |
| 9:45 – 10:00 am | Beverage Break – Coffee and Tea Service |
| 10:00 am – 12:15 pm | Assessment, Treatment and Case Management of Pediatric Overweight Nancy Copperman, MS, RD, CDN and Marc Jacobson, MD |
| 12:15 – 12:30 pm | Q & A |
| 12:30 – 1:45 pm | Lunch - On Own |
| <i>Optional</i> 1:20 – 1:35 pm | Physically Active and Appropriate Activities for Youth Hands-On Exercise Session Debra Kibbe, MS, PHR |
| 1:45 – 3:00 pm | Physical Activity as Treatment Debra Kibbe, MS, PHR |
| 3:00 – 3:15 pm | Q & A |
| 3:15 – 3:30 pm | Beverage Break – Coffee and Tea Service |
| 3:30 – 4:30 pm | School Nutrition Donna Martin, EdS, RDN, LD, SNS |
| 4:30 – 4:45 pm | Q & A |

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Day 2 – Friday, March 13, 2015

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| 7:30 – 8:30 am | Light Breakfast |
| 8:30 – 9:45 am | Behavioral Management: Assessment and Interventions Craig Johnston, PhD |
| 9:45 – 10:00 am | Q & A |
| 10:00 – 10:30 am | Counseling – Spirit of MI Craig Johnston, PhD |
| 10:30 – 11:00 am | Role Play and Q & A Craig Johnston, PhD Michelle Horan, RD, LD |
| 11:00 am – 11:15 am | Beverage Break and Move to Breakout Rooms |
| 11:15 am – 12:45 pm | Breakout Practice Sessions Facilitators Gwen Davies, PhD Gail Frank, DrPH, RD, CHES Michelle Horan, RD, LD Craig Johnston, PhD Shelley Kirk, PhD, RD, LD Julie Schwartz MS, RDN, CSSD, LD, ACSM-HFS |
| 12:45 – 2:00 pm | Lunch |
| 2:00 pm – 3:15 pm | Developing a Clinical Program for the Management of Childhood and Adolescent Obesity Shelley Kirk, PhD, RD, LD |
| 3:15 – 3:30 pm | Q & A |
| 3:30 pm – 3:45 pm | Beverage Break |
| 3:45 pm – 4:30 pm | Weight Loss Surgery for Severely Obese Adolescents: Nutritional Considerations Isadora Nogueira, MS, RD, LDN |
| 4:30 - 4:45 pm | Q & A |

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NATIONAL DAIRY COUNCIL

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Day 3 – Saturday, March 14, 2015

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| 7:30 – 8:30 am | Light Breakfast |
| 8:30 – 9:15 am | Cultural Competence for Successful Weight Management Counseling Gail Frank, DrPH, RD, CHES |
| 9:15 – 9:30 am | Q & A |
| 9:30 – 10:45 am | Prevention of Pediatric Overweight and Obesity: Population and Individual Approaches Debra Kibbe, MS, PHR |
| 10:45 – 11:00 am | Q & A |
| 11:00 – 11:15 am | Beverage Break – Coffee and Tea Service |
| 11:15 am – 12:00 pm | Environmental Influences on Pediatric Overweight Dana E Gerstein, MPH, RD |
| 12:00 – 12:15 pm | Q & A |
| 12:15 – 12:30 pm | Concluding Remarks and Post-test Instructions Kathy Cobb, MS, RD, CDN – Program Facilitator |



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