

Examination Content Outline – CSG



1	Nutrition Assessment	55
1A	Screening and Assessment	
1A1	Validated Screening Tools	
1A2	Anthropometrics	
1A3	Nutrition-Focused Physical Findings	
1A4	Functional (e.g. swallow, IADLs, ADLs) and Cognitive Status	
1B	Health History and Records	
1B1	Diet and Lifestyle History	
1B2	Medical and Treatment History	
1B3	Medications and Supplements	
1B4	Diagnostic and Laboratory Testing	
1C	Cultural and Psychosocial Factors	
1C1	Socioeconomic Status, Social Determinants of Health, and Resources	
1C2	Social Support Systems and Environmental Considerations	
1C3	Patient-centered Considerations (e.g., Cultural/Religious Practices and Preferences and Identity)	
1C4	Behavioral/Psychological Health	
2	Nutrition Interventions	47
2A	Food and Nutrition-Related Interventions	
2A1	Therapeutic Diets, Fortified Foods, and Texture Modifications	
2A2	Pharmacological and Oral Nutrition Supplements (e.g., vitamin/mineral replacement)	
2A3	Dining Interventions and Adaptations	
2A4	Nutrition Support	
2B	Education and Counseling Strategies	
2B1	Behavior Change	
2B2	Educational Materials and Techniques	
2B3	Barriers to Learning and Nutrition Related Abilities	
2B4	Caregiver, Social Support System (e.g., family, friends), and Community Support	
2C	Care Planning and Coordination	
2C1	Care Plan Development and Modification	
2C2	Palliative and End-of-life Care	
2C3	Interdisciplinary Care including Referrals and Transition of Care	

2C4 Government and Community-Based Programs/Resources

3 Foodservice and Food Safety

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3A Food Safety

3A1 Food Handling Practices and Guidelines

3A2 Foodborne Illness and Outbreaks

3A3 Training, Education, and Leadership Skills

3B Foodservice Operations

3B1 Menu Development and Cultural/Nutritional Adequacy

3B2 Dining Program Operations and Resources (e.g., staff, adaptive equipment, and facilities)

3B3 Supply Chain Management and Emergency/Disaster Preparedness

3B4 Quality Assurance and Performance Improvement



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Secondary Classifications-Tasks

1. Conduct nutrition screening to prioritize care
2. Conduct nutrition assessment
3. Evaluate results of nutrition screening and assessment
4. Diagnose nutrition-related problems
5. Develop, modify, and maintain a nutrition care plan
6. Implement nutrition-related interventions
7. Provide individualized and/or group education and counseling
8. Communicate with and educate patients and family/caregivers as part of care planning (e.g., care conference)
9. Coordinate with interdisciplinary team across the continuum of care, including community resources
10. Monitor and evaluate response to nutrition care plan and interventions
11. Advise, develop, and/or direct foodservice nutrition (e.g., dining, menu requirements)
12. Evaluate food-handling and sanitation practices according to food safety guidelines
13. Participate in quality assurance and performance improvement initiatives using evidence-based practices and standards
14. Apply principles of patient-centered and culturally inclusive care throughout the continuum of care (including end of life)
15. Review and/or complete necessary documentation for care and resource/reimbursement support



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