NCP/NCPT Scorecard

It is important to continuously assess your practice to see where you are on the NCP/NCPT implementation journey. Each of the four quadrants - practicing dietitian; systems; quality improvement to research; and continuity and evolution of practice - describe the main aspects of our practice as a dietitian. The scorecard is designed to mimic the Nutrition Care Process Model - assess the elements of your NCP/NCPT practice; diagnose the gaps in your practice; and utilize the resources and tools to intervene and improve your practice and overall score.

Scorecard Instructions

1. Complete each section of the scorecard.
2. Add together the number of items checked for each section and enter scores into the corresponding boxes of the table.
3. Add together section scores to determine total score.

Note: The following scorecard has been developed as an ongoing self-assessment tool. The scores are for your reference and should be used as a guide for baseline assessment and areas for continuous improvement. The goal is to progress over time to improve your scores and advance your use of the NCP.

<table>
<thead>
<tr>
<th>Section</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Practicing Dietitian</td>
<td>/29</td>
</tr>
<tr>
<td>Systems</td>
<td>/15</td>
</tr>
<tr>
<td>From Quality Improvement to Research</td>
<td>/8</td>
</tr>
<tr>
<td>Continuity and Evolution of Practice</td>
<td>/3</td>
</tr>
<tr>
<td>Total Score</td>
<td>/55</td>
</tr>
</tbody>
</table>

**Practicing Dietitian**

Boxes Checked: __/29

In my practice, I use standardized language… (check all that apply)
- in charting to improve external communications and continuity of care
- to support client-centered care

In my practice, I use standardized language to document… (check all that apply)
- Assessment
- Nutrition Diagnosis
- Interventions
- Monitoring and Evaluation

Select all of the following statements which apply to your practice.
- I document in an electronic health care system in a structured format (e.g. drop down lists, check boxes).
- I measure outcomes and can confirm when I have resolved a nutrition problem/diagnosis.
- My expertise is evident through problem identification and resolution.
- My use of standardized language strengthens my position as the nutrition expert on the team.
- I encourage my colleagues to use standardized language in their charting to promote continuity of care.

Select all of the following criteria you use to evaluate your PES statements?
- This a nutrition problem that the dietitian can help resolve.
- The etiology is a nutrition-related cause.
- Intervention addresses etiology
- Intervention reduces signs and symptoms
- Signs and symptoms are specific enough to measure
- Monitoring/evaluation includes indicators and is measurable
- Nutrition assessment data supports the nutrition diagnosis, etiology, signs and symptoms

Select all of the following elements you include in your practice.
- Structured approach to assessment
- Problem identification
- Problem-solving
- Nutrition diagnosis etiology matrix
- Interventions address etiology of nutrition diagnosis
- Nutrition prescription
- Nutrition goals
- Comparative standards
- Monitoring/evaluation items are measurable
- Reassessment of diagnosis
- Nutrition diagnosis progress terms
### Systems

**Select all of the following which are integrated into your workplace.**

**Education/Training**
- All students have NCP/T as part of their curriculum.
- Education and practice standards reflect current NCP/NCPT.
- New staff are trained/oriented to NCP documentation standards.

**Staffing/Human Resources**
- Job descriptions are structured based on NCP skills/model.
- Recruitment process includes questions assessing NCP skills.

**Client/Documentation**
- Electronic health records include all elements of the NCP model.

**Evaluation/Outcomes Research**
- All elements of the NCP model are present.
- Screening/referral system.
- Outcomes are measured based on structured data.
- ANDHII or comparable database implemented with international capability.

**Change Management**
- Key decision makers support NCP
- Applicable procedures are structured following NCP model

**Other**
- My place of work supports a client centered approach.
- My place of work uses digital quality measures.
- Interdisciplinary client communications elevate my message.

### From Quality Improvement to Research

**Select all of the following which have been completed at your workplace by your department.**

- Regular NCP Audits
- NCP Quest (Quality Evaluation and Standardization Tool) implementation
- Data is consistently collected in to evaluate practice and outcomes
- Establishment of NCP targets
- Quality improvement and/or research studies include NCP
- Publications include NCP and NCPT
- Publications - terminology is used appropriately
- Contribute to NCP body of research

### Continuity and Evolution of Practice

**My practice is updated based on outcome measurements using NCP, including the following:** (check all that apply)
- I incorporate new and revised terminology into my practice.
- I contribute to the evolution of NCPT which can be incorporated into international standards.
- I can demonstrate the importance of nutrition care in a value-based system.

**Intervention = Action plan to advance NCP practice**

Use this space to answer what your next steps will be to advance your NCP practice.

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