NCP/NCPT SCORECARD

If you have ever asked yourself how you are doing with your NCP/NCPT implementation or what it would look like to have NCP/NCPT fully implemented, this scorecard is for you!

It is important to continuously assess your practice to see where you are on the NCP/NCPT implementation journey. Each of the four quadrants – practicing dietitian; systems; quality improvement to research; and continuity and evolution of practice - describe the main aspects of our practice as a dietitian. The scorecard is designed to mimic the Nutrition Care Process Model - assess the elements of your NCP/NCPT practice; diagnose the gaps in your practice; and utilize the resources and tools to intervene and improve your practice and overall score.

Scorecard Instructions:
1. Complete each section below.
2. Count the number of items that you have checked for each section.
3. Enter that number into the corresponding boxes.
4. Enter total for your reference.

---------/29  ---------/8  ---------/15  ---------/3

---------/55 TOTAL SCORE

NOTE: The following scorecard has been developed as an ongoing self-assessment tool. The scores are for your reference and should be used as a guide for baseline assessment and areas for continuous improvement. The goal is to show progress over time to improve on your scores and advance your use of the NCP.

PRACTICING DIETITIAN

In your practice, which of the following have you integrated into your work? (Check all that apply)

☐ I use standardized language:
☐ In charting to improve external communications and continuity of care
☐ To support client-centered value-based care
☐ To document...
☐ Assessment
☐ Nutrition Diagnosis
☐ Interventions
☐ Monitoring and Evaluation

In your practice, which of the following statements apply? (Check all that apply)

☐ I document in an electronic health care system in a structured format (e.g. drop down lists, check boxes)
☐ I measure outcomes and can confirm when I have resolved a nutrition problem/diagnosis
☐ My expertise is evident through problem identification and resolution
☐ My use of standardized language strengthens my position as the nutrition expert on the team
☐ I encourage my colleagues to use standardized language in their charting to promote continuity of care

Which criteria do you use to evaluate your PES statements? (Check all that apply)

☐ Is this a nutrition problem that the dietitian can help resolve?
☐ Is the etiology a nutrition related cause?
☐ Intervention addresses etiology
☐ Intervention reduces signs and symptoms
☐ Signs and symptoms are specific enough to measure
☐ Monitoring/evaluation includes scales and is measurable
☐ Nutrition assessment data supports the nutrition diagnosis, etiology, signs and symptoms

Which of the following elements do you include in your practice? (Select all that apply)

☐ Structured approach to assessment
☐ Problem identification
☐ Problem-solving
☐ Nutrition diagnosis etiology matrix
☐ Interventions address etiology of nutrition diagnosis
☐ Nutrition prescription
☐ Nutrition goals
☐ Comparative standards
☐ Monitoring/evaluation items are measurable
☐ Reassessment of diagnosis
☐ Nutrition diagnosis progress terms

---------/29 BOXES CHECKED
At your work, which of the following are integrated into your systems? (Select all that apply)

- Education/training
  - All students have NCP/T as part of their curriculum
  - Education and practice competency standards reflect current NCP/NCPT
  - New staff are trained/oriented to NCP documentation standards

- Staffing/Human Resources
  - Job descriptions are structured based on NCP skills/model
  - Recruitment process include scaling questions assessing NCP skills

- Client/Documentation
  - Electronic health records include all elements of the NCP model

- Evaluation/Outcomes Research
  - All elements of the NCP model exist
  - Screening/referral system
  - Outcomes are measured based on structured data
  - ANDHII or comparable database implemented; international capability (eliminate duplication)

- Change management
  - Key decision makers are engaged with NCP
  - Applicable procedures are structured following NCP model

- Other
  - Does your place of work support a client centred approach?
  - Do you have digital capability measures?
  - Does your interdisciplinary client communication quickly elevate your message?

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At your place of work which of the following has your department completed? (Select all that apply)

- Regular NCP Audits
- NCP Quest (Quality Evaluation and Standardization Tool) implementation
- Data is consistently collected in to evaluate practice and outcomes
- Establishment of NCP Benchmarks
- Quality improvement and/or research studies include NCP
- Publications include NCP and NCPT
- Publications - terminology is used appropriately
- Contribute to NCP body of research

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My practice is updated based on outcome measurements using NCP: (Select all that apply)

- I incorporate new and revised terminology into my practice.
- I contribute to the evolution of NCPT which can be incorporated into international standards.
- I can demonstrate the importance of nutrition care in a value-based system.

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**Intervention = Action Plan to advance NCP practice.**

**What are your next steps to advance your NCP practice?**