**Critical Thinking**

**Use Appropriate Reference Standards**
In addition to reference standard, goal, or recommendation use previous data for comparison in reassessment.

**Example:** Skill level (no skill, minimal skill, basic skill, intermediate skill, advanced skill) can be used to gauge effectiveness of care.

**Evaluate Progress**
Track goal progress and diagnosis resolution at regular intervals.

**Example:** Use goal progress terms (new, achieved, discontinued, not achieved, some progress toward goal, some digression away from goal).

**Explain Variance(s) From Expected Outcomes**
Seek reasons why nutrition status and/or care plan outcomes are not met.

**Example:** Weight trend is increased pre-dialysis and higher than usual fluid intake is identified in client with kidney disease.

**Determine Factors That Help or Hinder Progress**
Enablers and barriers to progress are noted and supported without judgement.

**Examples:** Client oral intake supports needs; tube feeding stopped. Client can identify food options for celebrations and lab values are acceptable.

**Continue or Discontinue Care**
Determine if client care expectations and professional goals can be met.

**Examples:** Client oral intake supports needs; tube feeding stopped. Client can identify food options for celebrations and lab values are acceptable.