What are the Standards of Practice (SOP) and Standards of Professional Performance (SOPP)?

- SOP and SOPP are consensus standards for RDNs to use for professional development and to assure competence.
- The standards provide a guide for self-evaluation; determine education and skills needed for advancing practice levels; and may be used by employer or regulatory agencies to determine competence for credentialed nutrition and dietetics practitioners.

**SOP – Direct Care to patient/client/caregiver**

- Nutrition Assessment
- Nutrition Diagnosis
- Nutrition Intervention/Plan of Care
- Nutrition Monitoring and Evaluation

**SOPP – 6 Domains of Professionalism**

- Quality in Practice
- Competence and Accountability
- Provision of Services
- Application of Research
- Communication and Application of Knowledge
- Utilization and Management of Resources

**WHAT?**

What is a Focus Area?

- A focus area of nutrition and dietetics practice is a defined field of practice that requires specialized knowledge, skills and experience.
- It relates to how a practitioner specializes in a specific area of practice (i.e., diabetes care, pediatric nutrition, sports and human performance nutrition). ¹
- The SOP in Nutrition Care and SOPP for RDNs ² serves as the blueprint for the SOP SOPP in Pediatric Nutrition in competent, proficient, and expert levels of practice.

**WHEN?**

When is a Focus Area SOP SOPP updated?

- Seven-year review process
- Indicated by changes in
  - healthcare and other business segments
  - public health initiatives
  - new research that guides evidence-based practice and best practices
  - consumer interests
  - technological advances
  - emerging practice environments

**HOW?**

How were the Pediatric Nutrition Standards updated?

The article, indicators, and figures were revised with input and consensus of content experts representing diverse public health and community nutrition practice areas/settings and geographic perspectives.

Reviewed and approved by the Executive Committee of the Pediatric Nutrition Practice Group and the Academy Quality Management Committee.

Sources:


Copyright ©2022 Academy of Nutrition and Dietetics and Commission on Dietetic Registration.
Overview

- Pediatric nutrition encompasses a broad practice area with RDNs providing care for neonates, infants, children, and adolescents from birth to 21 years across a variety of settings such as health care (acute, outpatient, specialty clinics, home health, long-term care), public health programs, schools and childcare settings.¹

- Pediatric RDNs are crucial members of interprofessional teams to treat diabetes and related disorders, eating disorders and disordered eating, pulmonary conditions, autism and other neurodevelopmental disorders, genetic metabolic disorders, and many other chronic conditions.²

Role Example – Pediatric hospital inpatient and outpatient practitioner

“A RDN, Certified Specialist in Pediatric Nutrition (CSP) provides care to pediatric patients as a member of the Endocrine Clinic team. The RDN, CSP periodically refers to the SOP and SOPP in Pediatric Nutrition and other relevant focus area Standards such as Nutrition Support and Diabetes Care, for self-assessment, to identify resources and areas for continuing education to advance their practice. The RDN, CSP’s ongoing continuing education activities (eg, literature reviews, webinars, and professional education conferences) enable effective participation in interprofessional team decision-making, contributions to treatment and education plans, and facilitation of referrals to community care providers and programs.”¹

Additional Information

Websites:
- Scope of Practice: https://www.cdrnet.org/scope
- Standards of Practice: https://www.cdrnet.org/scope
- Journal of the Academy of Nutrition and Dietetics
  - Scope and Standards for RDNs and NDTRs Collection: https://jandonline.org/content/core
  - Focus Area Standards for CDR Specialist Credentials Collection: https://jandonline.org/content/credentialed
  - Focus Area Standards for RDNs Collection: https://jandonline.org/content/focus
- Pediatric Nutrition Dietetic Practice Group: https://www.pnpg.org/home

Sources:

Copyright © 2022 Academy of Nutrition and Dietetics and Commission on Dietetic Registration.