Guidelines for the Use of Artificial Intelligence in Continuing Professional Education

Commission on Dietetic Registration

the credentialing agency for the

Academy of Nutrition and Dietetics

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Commission on Dietetic Registration (CDR) Continuing Professional Education (CPE) Providers must comply with CDR CPEU Prior Approval Program policies. This is true regardless of the tools Providers use to plan, develop, or implement CPE activities.

Artificial intelligence (AI) refers to a variety of tools that simulate human intelligence. CPE Providers might use AI to plan, develop, or implement CPE activities. These guidelines were created to help CDR CPE Providers comply with CDR CPEU Prior Approval Program policies while using AI.

AI continues to evolve. As such, these guidelines are expected to change.

GUIDING PRINCIPLES

Understand your responsibility as a CPE Provider.

As a CDR CPE Provider, you are responsible for ensuring that all CPE materials, including those generated by AI, comply with CDR CPEU Prior Approval Program policies.

Obtain legal permission to use information, when required.

AI tools are often trained on publicly available information, including copyrighted materials. AI output might include copyrighted materials.

Do not use AI to replace human expertise.

You must prioritize human review and validation of all AI output.

Use AI as a supporting tool only.

AI is not primary research and does not replace best available research evidence. You must use and cite best available research evidence to support educational content.

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GUIDING PRINCIPLES

Be aware of bias.

AI tools are sometimes trained on biased information. You must evaluate AI output to mitigate bias.

Avoid entering personal, confidential, or sensitive information into AI tools.

Expect AI tools to store or use data in ways that are not secure.

Be transparent about using AI.

Being transparent about using AI ensures accountability and supports learners in making informed decisions.

DISCLOSING THE USE OF AI TO LEARNERS

CDR recommends disclosing the use of AI to learners before learners engage with educational content. CPE Providers might use the following statement:

Artificial Intelligence (AI) tools were used, in part, to plan, develop, and/or implement this CPE activity.

RETAINING RECORDS OF AI USE

CDR recommends retaining records of AI use, including all AI output used to plan, develop, and/or implement CPE activities; the tool or tools used to generate the output; and the date or dates that the tool or tools were used to generate the output.

At a minimum, retaining records of AI use is important for accountability, quality assurance, intellectual property attribution, bias mitigation, and transparency.