



Certificate of Training in Adult Weight Management

Learn. Engage. Network.

Visit the CDR website at www.cdrnet.org for additional program information.

Offered by the Academy of Nutrition and Dietetics and Commission on Dietetic Registration.

The registration fee is \$370. Registration includes access to the on-line pre-work materials (self-study module and pre-test), 2 ½ day on-site program and a take home post-test. Beverage breaks are included. Meals are not included. **CDR has transitioned to a paperless on-site program. A paper copy of the program handouts will not be provided. Participants will be responsible for printing their own program handouts. Access to the program handouts including faculty PowerPoint presentations will be provided prior to the first day of the program.**



September 29-October 1, 2017

Hyatt Regency Phoenix

122 N. Second St.

Phoenix, AZ 85004

Registration Deadline:

September 14, 2017



October 19-21, 2017

Chicago, IL

InterContinental Chicago

Magnificent Mile

505 North Michigan Ave

Chicago, IL 60611

Registration Deadline:

October 3, 2017



November 16-18, 2017

DoubleTree Orlando

5780 Major Blvd.

Orlando, FL 32819

Registration Deadline:

October 31, 2017

Hotel Reservations – A limited number of respective rooms have been reserved at the following hotels. To reserve your room at the special program rate noted below, please call the hotel by the reservation deadline date and mention that you are attending the Academy of Nutrition and Dietetics Weight Management Program. You will need to guarantee your reservation with a major credit card. Payment of all room, tax and incidentals will be the responsibility of each individual.

Please note that these programs may be cancelled due to low program registration. The decision to cancel will be made by the Cancellation Notice Date noted below each program. We recommend that you do not make flight or hotel** arrangements until after this date to prevent personal financial loss due to non-refundable flight and hotel costs. In the event of program cancellation, any expenses incurred by registrants or prospective participants shall not be the responsibility of CDR.

**This does not apply to the hotel room block contracted by CDR with the on-site program hotel.

September 29-October 1, 2017

Hyatt Regency Phoenix
Rate of \$179 single/\$189 double for the evenings of September 28, 29, and 30. Call 888-421-1442 by Thursday, September 7, 2017 to make a room reservation.

Cancellation Notice Date:
August 1, 2017

October 19-21, 2017

New Location
InterContinental Chicago
Magnificent Mile
Rates vary. To book a room, contact the Academy's housing partner, On-Peak at 1-800-443-3976 or book online at <https://compass.onpeak.com/e/62EAT17/0> By September 27, 2017.

November 16-18, 2017

DoubleTree Orlando
Rate of \$129 single/double for the evenings of November 15, 16, and 17. Call 407-351-1000 by Wednesday, October 25, 2017 to make a room reservation.

Cancellation Notice Date:
October 1, 2017

*Please note that this is a certificate of training program, not a certification program.

Please refer to page 4 of this brochure for a definition of a certificate program. This certificate program is only open to Active, Student, International, International Student, and Retired category members of the Academy of Nutrition and Dietetics and CDR credentialed practitioners — RDN™ and NDTR™. Program registration will not be processed until this requirement has been verified.

Certificate of Training in Adult Weight Management Program Registration *

*Please note this is a Certificate of Training, not a certificate program. For a definition of a Certificate of Training Program, please refer to page 4



Program Dates	Location	Registration Deadline	Self-Study Module & Pre-test Deadline
<input type="checkbox"/> September 29-October 1, 2017	Phoenix, AZ	September 14, 2017	September 21, 2017
<input type="checkbox"/> October 19-21, 2017	Chicago, IL	October 3, 2017	October 11, 2017
<input type="checkbox"/> November 16-18, 2017	Orlando, FL	October 31, 2017	November 8, 2017

1. A \$50 late fee will be automatically applied to all registrations received after the published registration deadline.
2. Upon registration you will be provided instructions how to access the online self-study module and pre-test.
3. In order to attend the program, you must pass the pre-test with an 80% passing score.
4. CDR has transitioned to a paperless on-site program. A paper copy of the program handouts will not be provided. Participants will be responsible for printing their own program handouts. Access to the program handouts including faculty PowerPoint presentations will be provided prior to the first day of the program.

Program Registration and Fees

Program Registration Fee (\$370) \$ 370

Late Fee-applied after Registration Deadline (\$50) \$ _____

Total Payment Due \$ _____

Liability Waiver

I agree and acknowledge that my participation in this event may give rise to occasional instances of loss or injury. Except to the extent that such instances may result from the negligence or misconduct of the Academy/Event Sponsor, I hereby waive and release any claims that I might have against the Academy/Event Sponsor and its employees, members and representatives.

Signature Required: _____

Today's Date: _____

Program registration will not be finalized without the required signature.

Method of Payment Check/Money Order Visa/MC Discover American Express Purchase Order Number:

Made payable to:
Commission on
Dietetic Registration

(Payment must be received
prior to first day of program.)

A \$75.00 administrative processing fee will be required for all cancellations and transfers. An additional fee may apply if the pre-work materials and pre-test have been completed. Requests for cancellation should be submitted in writing to weightmgmt@eatright.org. In the event of cancellation or transfer of a certificate of training program, any expenses incurred by registrants or prospective participants shall not be the responsibility of CDR.

Cancellation Policy If paying by credit card, your name and signature below indicate that you agree to the amount being charged to your account and that a \$75.00 fee will be charged if you cancel or transfer your registration at any time. An additional fee will also apply if the module and pre-test are completed.

Academy Membership/Registration number: _____

This certificate program is only open to Active, Student, International, International Students, and Retired category members of the Academy of Nutrition and Dietetics and CDR credentialed practitioners — RDN™ and NDTR™. Program registration will not be processed until this requirement has been verified.

Name on Card _____

Card # _____ Expiration Date _____

Signature _____ Zip code of billing address _____

First Name _____ Last Name _____ Badge Name (if different) _____

Professional Credentials _____ Position _____

E-mail Address _____
(Required for Registration Confirmation and other written communication.)

How did you hear about the Certificate in Weight Management Program?

- Direct Mail/Postcard Manager Supervisor
- Academy Newsletter/Eatright Weekly Colleague
- Email Notice from CDR CDR/Academy Website
- State Affiliates Communications/Website New RD/DTR Promo
- New Academy Member Mailing Other: _____
- Social Media If other, please describe: _____

Twitter Username _____

Telephone Number _____

Your current Academy/CDR primary address will be used for all communications.

- If you have a disability that requires special accommodations, please indicate:**
- Yes (If applicable, you will be contacted by CDR for supplemental information.)
- No

Please provide us with your emergency contact information in case we need to contact someone on your behalf while you are at the weight management program.

Name _____ Daytime Phone _____ Evening Phone _____

<p>To Register</p> <p> Call 1-800-877-1600 ext. 5500</p> <p> Email form to: weightmgmt@eatright.org</p> <p> Fax form to: 312-899-5634</p>	<p> Mail form to:</p> <p>Commission on Dietetic Registration</p> <p>120 S. Riverside Plaza, Ste. 2190</p> <p>Chicago, IL 60606-6995</p>	<p> Online at www.cdrnet.org To register, log in to the CDR website using your Academy/CDR web username and password, then click on the MYCDR link followed by the Weight Management Programs link.</p>
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Over half of American adults are overweight or obese. A dietetics professional, trained to have a comprehensive knowledge of the field and management options, can enable patient long-term compliance and sustained success.

This is a certificate of training program, not a certification program. Please refer to page 4 of this brochure for a definition of a certificate program. This program is designed to produce providers of comprehensive weight management care who also know when and how to refer patients to other specialists. This certificate program is only open to Active, Student, International, International Student, and Retired category members of the Academy of Nutrition and Dietetics and CDR credentialed practitioners — RDN™ and NDTR™. Program registration will not be processed until this requirement has been verified. You should attend if you:

- currently counsel patients regarding their weight and want to raise your practice level, or
- are switching careers to the area of weight management and need to hone your knowledge and skills.

The Certificate of Training offers:

- cutting edge information and skills shared by leading practitioners in the field
- cases and exercises to allow hands on experience
- valuable resource materials and tools for immediate use and future reference
- an opportunity to showcase your expertise by earning a Certificate of Training

What's Involved?

There are three components to the certificate of training program:

- on-line pre-work materials (includes 16 hours of readings, activities and a pre-test)
- a 2 1/2 day live workshop
- a take-home post test—only one opportunity to pass this test

Since understanding the fundamentals of adult weight management is necessary to actively participate in the workshop, you must pass the pre-test (which is based on the online pre-work materials to attend the workshop. Those who do not obtain a passing score will be notified, and given an opportunity to retest as time permits.

The workshop will focus on practical, interactive learning. It will not repeat the didactic information covered in the self-study module. After successful completion of the full course and the multiple-choice question post-test (taken at home after the course), participants will be awarded a *Certificate of Training in Adult Weight Management*, suitable for framing.

All program participants will receive continuing professional education units; however, only those who pass the post-test will receive the certificate.

Participants will only be given one opportunity to pass the post-test.

“Thank you, thank you, thank you for providing up-to-date material and real-world suggestions and advice for dietitians who are passionate about making a difference in their clients’ lives.”

**J. Siebenmorgen, MS, RD, LD
Corporate Wellness Dietitian
Conway, AR**



“Overall, this is the BEST, most useful conference/program I’ve attended. I feel I gleaned very useful skills and resources to improve my effectiveness as a dietitian.”

**E. Ringwald, RD, LDN
Private Practice
Limerick, PA**



**“High quality. Led by masters.
High level learning.”**

**L. Metzger, MS, RD
Clinical Dietitian
Morris Plains, NJ**

To Register

| Online at www.cdrnet.org*

| By phone: 1-800-877-1600 ext. 5500

**| Mail form to:
Commission on Dietetic Registration
120 South Riverside Plaza, Suite 2190
Chicago, IL 60606-6995**

| Email form to: weightmgmt@eatright.org

| Fax form to: 1-312-899-5364

***To register, log in to the CDR website using your Academy/CDR web username and password then click on the MYCDR link followed by the Weight Management Programs Link.**

◆ Agenda

Program Topics

Current Perspectives and Future Directions... Clinical Management of Overweight and Obesity... OTC Dietary Supplements... Behavior Modification... Diets, Programs and Technology... Lifecycle Impact of Weight Management... Considerations of Weight Loss... Role of Exercise... Public Health Implications... Bariatric Surgery as a Treatment Option... Case Studies

*Please note that times are subject to change. A final agenda will be sent prior to the program.

◆ Timeline (Tentative)

Day 1

8:30 am—5:00 pm
(Check-in begins at 8:00 am)



Day 2

8:30 am—5:00 pm



Day 3

8:30 am—12:00 pm



◆ Facilitators*

Susan M. Cummings, MS, RD

Jeanette Beasley, PhD, MPH, RD

Christina Bieseimer, MS, RD, LD FADA

Ruth Ann Carpenter, MS, RDN

John Foreyt, PhD

Molly Gee, MEd, RD

Rebecca Krukowski, PhD

Robert Kushner, MD, MS

Diane Radler, PhD, RD

Craig Johnston, PhD

Cynthia A. Thomson, PhD, RD, FADA

*Program facilitators to be selected from this list. Faculty vary by program.

◆ Program Type

The Certificate of Training in Adult Weight Management program is a training program, not a certification program. Upon completion of the program, a participant is not awarded a designation or credential. Please note individuals who complete the certificate of training are not certified. The term certification should only be used when referencing the completion of a certification examination such as the Registration Examination for Dietitians. Definitions of a certificate program and a certification program are:

Certificate Program:

A certificate program is an intensive training program with a component that assesses the participant. Upon completion of the program, participants receive a certificate attesting to the attainment of a new knowledge/skill set (e.g., Academy/CDR Certificate Program in Adult Weight Management). Unlike a certification program, participants do not receive a professional designation. Individuals completing a Certificate program receive CPEUs for training and assessment time regardless of whether they pass the post-course assessment and receive the certificate.

Certification Program:

A process, often voluntary, by which individuals who have demonstrated the level of knowledge and skill required in the profession, occupation, role, or skill are identified to the public and other stakeholders.

◆ Advisory Committee

A team of over thirty leading experts in the field of weight management contributed to the development and review of this certificate of training course, including **George Blackburn, MD PhD, Kathleen Cobb, MS, RD, CDN, Gary Foster, PhD, James Hill, PhD, Marsha Hudnall, MS, RD, CD, Laura Kettle Kahn, PhD, Robert Kushner, MD, MS, Paul Larson, MD, Richard Mattes, PhD, MPH, Cathy A. Nonas, MS, RD, CDE, Rebecca Reeves, DrPh, RD, FAND, Judith Stern, ScD, MS, BS, RD, Sachiko St. Jeor, PhD, RDN FADA, Robert Wilson, BS, DTR, and Babette Zemel, PhD.**