

Common Credentials held by RDNs and NDTRs

Registered Dietitian Nutritionists (RDN) and Nutrition and Dietetic Technicians, Registered (NDTR) expand and elevate their individual practice through education and training. This list consists of additional credentials commonly held by RDNs and NDTRs that may or may not be eligible for CPE units. See the Professional Development Portfolio Guide for a list of credentials approved for CPE units (<https://www.cdrnet.org/pdp-guides-competencies-information>).

This list is not all-inclusive and the credentials listed are not endorsed by CDR. Practitioners should thoroughly evaluate chosen programs to ensure that the education and training provided are appropriate to meet their needs and to determine whether they are eligible. The *Minimum Requirements* column provides only the minimum credential or educational eligibility requirement. Additional experience, education, and/or training may be required.

In this resource, CDR has chosen to use the term RDN to refer to both registered dietitians (RD) and registered dietitian nutritionists (RDN), and to use the term NDTR to refer to both dietetic technician, registered (DTR) and nutrition and dietetics technician, registered (NDTR).

Credentialing Agency	Credential	Minimum Requirement
Commission on Dietetic Registration (CDR)	CDR Board Certified Specialist in: <ul style="list-style-type: none"> • Gerontological Nutrition (CSG) • Oncology Nutrition (CSO) • Obesity/Weight Management (CSOWM) • Pediatric Nutrition (CSP) • Pediatric Critical Care Nutrition (CSPCC) • Renal Nutrition (CSR) • Sports Dietetics (CSSD) 	RDN
Commission on Dietetic Registration (CDR)	Advanced Practitioner Certification in Clinical Nutrition (RD-AP/RDN-AP)	RDN
CDR does not endorse specific Credentialing Agencies and/or courses. The following list of common credentials is in alphabetical order and is not all-inclusive.		
American Academy of Professional Coders (AAPC)	Certified Professional Coder (CPC)	None
American Association of Family & Consumer Sciences (AAFCS)	<ul style="list-style-type: none"> • Certified in Family and Consumer Sciences (CFCS) • Certified Nutrition & Wellness Educator (CNWE) • Certified in Human Development and Family Studies (CFCS-HDFS) • Certified in Hospitality, Nutrition, and Food Science (CFCS-HNFS) 	Bachelor's
America Board of Wound Management (ABWM)	<ul style="list-style-type: none"> • Certified Wound Care Associate (CWCA) • Certified Wound Specialist (CWS) 	RDN
American College of Healthcare Executives (ACHE)	Board Certified as a Fellow of the American College of Healthcare Executives (FACHE)	Advanced Degree

Credentialing Agency	Credential	Minimum Requirement
American College of Sports Medicine (ACSM)	<ul style="list-style-type: none"> • ACSM Certified Personal Trainer (ACSM-CPT) • ACSM Certified Group Exercise Instructor (ACSM-GEI) 	High School or Equivalent
	<ul style="list-style-type: none"> • ACSM Certified Exercise Physiologist (ACSM-EP) ACSM • Certified Clinical Exercise Physiologists (ACSM-CEP) 	Bachelor's
American Council on Exercise (ACE)	<ul style="list-style-type: none"> • ACE-Certified Personal Trainer • ACE-Certified Group Fitness Instructor 	High School or Equivalent
	ACE-Certified Health Coach	Varies
	ACE-Certified Medical Exercise Specialist	Bachelor's
American Culinary Federation (ACF)	Certified Fundamentals Cook (CFC)	High School or Equivalent
	<ul style="list-style-type: none"> • Certified Culinary Educator (CCE) • Certified Secondary Culinary Educator (CSCE) 	Bachelor's
American Institute of Health Care Professionals (AIHCP)	Health Care Life Coach-Certified (HCLC-C)	Associate
Certification Board for Diabetes Care and Education (CBDCE)	Certified Diabetes Care and Education Specialist (CDCES) (Formerly Certified Diabetes Educator [CDE])	RDN
Association of Diabetes Care & Education Specialists (ADCES)	Board Certified in Advanced Diabetes Management (BC-ADM)	RDN plus Master's
Certifying Board for Dietary Managers (CBDM); Association of Nutrition & Foodservice Professionals (ANFP)	Certified Dietary Manager, Certified Food Protection Professional (CDM, CFPP)	Associate
Commission for Case Manager Certification (CCMC)	Board Certified Case Manager (CCM)	Bachelor's
Institute of Food Technologists (IFT)	Certified Food Scientist (CFS)	Bachelor's
International Association of Eating Disorders Professionals Foundation (iaedp)	<ul style="list-style-type: none"> • Certified Eating Disorder Specialist (CEDs) (For RDNs, formerly CEDRD) • IAEDP-Approved Supervisor (CEDs-S) 	RDN
International Board of Lactation Consultant Examiners (IBLCE)	International Board-Certified Lactation Consultant (IBCLC)	RDN
National Academy of Certified Care Managers (NACCM)	Care Manager Certified (CMC)	Associate
National Academy of Sports Medicine (NASM)	Certified Personal Trainer (NASM-CPT)	High School or Equivalent

Credentialing Agency	Credential	Minimum Requirement
National Alliance of Wound Care and Ostomy (NAWCO)	Nutrition Wound Care Certified (NWCC)	RDN
National Association for Healthcare Quality (NAHQ)	Certified Professional in Healthcare Quality (CPHQ)	None
National Board for Health and Wellness Coaching (NBHWC)	National Board-Certified Health & Wellness Coach (NBC-HWC)	Associate
National Board of Nutrition Support Certification, Inc., American Society for Parenteral and Enteral Nutrition (ASPEN)	Certified Nutrition Support Clinician (CNSC)	RDN
National Commission for Health Education Credentialing, Inc. (NCHEC)	Certified Health Education Specialist (CHES®)	Bachelor's
National Council on Strength and Fitness (NCSF)	Certified Personal Trainer (NCSF-CPT)	High School or Equivalent
National Environmental Health Association (NEHA)	Certified Professional-Food Safety (CP-FS)	<u>Varies</u>
	Registered Environmental Health Specialist/Registered Sanitarian (REHS/RS)	Bachelor's
National Exercise and Sports Trainers Associations (NESTA)	Personal Fitness Trainer	High School or Equivalent
National Strength and Conditioning Association (NSCA)	NSCA-Certified Personal Trainer (NSCA-CPT®)	High School or Equivalent
	NSCA-Certified Strength/Conditioning Specialist (CSCS)	Bachelor's
	Certified Special Population Specialist (CSPS)	RDN
North American Association of Food Equipment Manufacturers (NAFEM)	Certified Foodservice Professional (CFSP)	None
North American Transplant Coordinators Organization (NATCO)	Certified Clinical Transplant Dietitian (CCTD)	RDN
Project Management Institute (PMI)	<ul style="list-style-type: none"> • Certified Associate in Project Management (CAPM) • Project Management Professional (PMP) 	Varies
School Nutrition Association(SNA), Certificate and Credentialing Governing Council	School Nutrition Specialist (SNS)	Associate