

Obesity Certificate Program Advisory Group



Certificate of Training in Obesity for Pediatrics and Adults Virtual Course
February 2024 Agenda

Day 1 – Friday, February 2, 2024	
11:00 am – 3:00 pm ET 8:00 am – 12:00 pm PT	
Welcome Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	11:00 – 11:15am ET 8:00 – 8:15am PT
Chronic Nature of Obesity Jessica Barfield, MD, ABOM	11:15 – 11:50am ET 8:15 – 8:50am PT
Q&A Jessica Barfield, MD, ABOM Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	11:50 – 12:00pm ET 8:50am – 9:00pm PT
Counseling and Behavior Management Craig Johnson, PhD, and Mara Davis, MS, RD, LDN, CD-N	12:00 – 1:00pm ET 9:00 – 10:00pm PT
BREAK	1:00 – 1:15pm ET 10:00 – 10:15pm PT
Counseling and Behavior Management Roles Plays Craig Johnson, PhD; Mara Davis, MS, RD, LDN, CD-N; and Julie Feldman, MPH, RD	1:15 – 2:00pm ET 10:15 – 11:00pm PT
Delivering Trauma Informed Counseling Julie Feldman, MPH, RD	2:00 – 2:25pm ET 11:00 – 11:25pm PT
Telehealth for Effective Weight Management Laura Andromalos, MS, RD, RN, CSOWM, CDCES	2:25 – 2:45pm ET 11:25 – 11:45pm PT
Q&A and Wrap Up Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	2:45 – 3:00pm ET 11:45 – 12:00pm PT
Day 2 – Saturday, February 3, 2024	
11:00 am – 3:00 pm ET 8:00 am – 12:00 pm PT	
Welcome and Overview Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	11:00 – 11:05pm ET 8:00 – 8:05am PT
Navigating Challenges Cindy Heiss, PhD, RD, LD, CDCES and Toni Toledo, MPH, RDN	11:05 – 11:55pm ET 8:05 – 8:55am PT
BREAK	11:55 – 12:10pm ET 8:55am – 9:10pm ET
Navigating Challenges II Cindy Heiss, PhD, RD, LD, CDCES; Toni Toledo, MPH, RDN; and Vanessa Thornton, MS, RD, CSP	12:10 – 1:10pm ET 9:10 – 10:10pm PT
BREAK	1:10 – 1:20pm ET 10:10 – 10:20pm PT
Physical Activity: Pediatric and Adult Bonnie Jortberg, PhD, RD, CDCES and Vanessa Thornton, MS, RD, CSP	1:20 – 2:30pm ET 10:20 – 11:30pm PT
Core Content Practice Pearls and Wrap Up Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	2:30 – 3:00pm ET 11:30 – 12:00pm PT

Day 3 – Friday, February 9, 2024 11:00 am – 3:00 pm ET 8:00 am – 12:00 pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	11:00 – 11:05pm ET 8:00 – 8:05am PT
Fundamentals of Pediatric Obesity Fatima Cody Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS	11:05 – 11:55pm ET 8:05 – 8:55am PT
Q&A Fatima Cody Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS Kellene Isom, PhD, MS, RD, LDN, CAGS	11:55 – 12:05pm ET 8:55am – 9:05am PT
Client Encounter - Across the Lifespan Case Study Introduction Kellene Isom, PhD, MS, RD, LDN, CAGS	12:05 – 12:10pm ET 9:05 – 9:10am PT
Client Encounter – Pregnancy and Toddlerhood Vanessa Thornton, MS, RD, CSP, Michelle Horan, RDN, LD	12:10 - 12:50pm ET 9:10 - 9:50am PT
BREAK	12:50 – 1:00pm ET 9:50 – 10:00am PT
Client Encounter – Childhood and Adolescence Vanessa Thornton, MS, RD, CSP, Michelle Horan, RDN, LD	1:00 – 1:55pm ET 10:00 – 10:55am PT
Pediatric and Adolescent Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	1:55– 2:05pm ET 10:55 – 11:05am PT
BREAK	2:05 – 2:15pm ET 11:05 – 11:15am PT
Health Promotion Throughout the Lifecycle Vanessa Thornton, MS, RD, CSP	2:15 – 2:50pm ET 11:15 – 11:50am PT
Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	2:50 – 3:00pm ET 11:50 – 12:00pm PT

Day 4 – Saturday, February 10, 2024 11:00 am – 3:00 pm ET 8:00 am – 12:00 pm PT	
Welcome & Client Encounters Introduction Kellene Isom, PhD, MS, RD, LDN, CAGS	11:00 – 11:05pm ET 8:00 – 8:05am PT
Client Encounter: Young Adult Rosanna Watowicz, PhD, RD, CSOWM, LD	11:05 – 11:30pm ET 8:05 – 8:30am PT
Client Encounter: Adult Jessica Bartfield, MD, ABOM	11:30 – 11:55pm ET 8:30 – 8:55am PT
Q&A Kellene Isom, PhD, MS, RD, LDN, CAGS	11:55 – 12:10pm ET 8:55 – 9:10am PT
BREAK	12:10 pm – 12:20pm ET 9:10 – 9:20am PT
Client Encounter: Mid-Adult Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN	12:20 – 12:45pm ET 9:20 – 9:45am PT
Client Encounter: Older Adult Cindy Heiss, PhD, RD, LD, CDCES; and Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	12:45 – 1:10pm ET 9:45 – 10:10am PT
Client Encounters – Wrap Up and Q&A Kellene Isom, PhD, MS, RD, LDN, CAGS	1:10 – 1:30pm ET 10:10 – 10:30pm PT
BREAK	1:30 – 1:40pm ET 10:30 – 10:40am PT
Program Management and Practice Pearls Ellen Sobota, MS, NBC-HWC, RDN, LDN Mara Davis MS, RD, LDN, CD-N, and Vanessa Thornton, MS, RD, CSP	1:40 – 2:30pm ET 10:40 – 11:30am PT
Adult Weight Management Wrap Up Evaluation and Post-Assessment Kellene Isom, PhD, MS, RD, LDN, CAGS	2:30 – 3:00pm ET 11:30 – 12:00pm PT