



**Certificate of Training in Obesity for Pediatrics and Adults Virtual Course
February 2023 Agenda**

Day 1 – Thursday, February 2, 2023 4:00 pm – 8:00 pm ET 1:00 pm – 5:00 pm PT	
Welcome Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	4:00 – 4:15pm ET 1:00 – 1:15pm PT
Chronic Nature of Obesity Dan Bessesen, MD	4:15 – 4:50pm ET 1:15 – 1:50pm PT
Q&A Dan Bessesen, MD Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	4:50 – 5:00pm ET 1:50 – 2:00pm PT
Counseling and Behavior Management Craig Johnson, PhD, and Mara Davis, MS, RD, LDN, CD-N	5:00 pm – 6:00pm ET 2:00 – 3:00pm PT
BREAK	6:00 – 6:15pm ET 3:00 – 3:15pm PT
Counseling and Behavior Management Role Plays Craig Johnson, PhD; Mara Davis, MS, RD, LDN, CD-N; and Julie Feldman, MPH, RD	6:15 – 7:00pm ET 3:15 – 4:00pm PT
Delivering Trauma Informed Counseling Julie Feldman, MPH, RD	7:00 – 7:25pm ET 4:00 – 4:25pm PT
Telehealth for Effective Weight Management Laura Andromalos, MS, RD, RN, CSOWM, CDCES	7:25 – 7:45pm ET 4:25 – 4:45pm PT
Q&A and Wrap Up Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	7:45 – 8:00pm ET 4:45 – 5:00pm PT
Day 2 – Friday, February 3, 2023 4:00 pm – 8:00 pm ET 1:00 pm – 5:00 pm PT	
Welcome and Overview Kellene Isom, PhD, MS, RD, LDN, CAGS	4:00 – 4:05pm ET 1:00 – 1:05pm PT
Navigating Challenges Health Literacy, Weight Bias, Teaching Strategies (Families, Children, Bullying) Cindy Heiss, PhD, RD, LD, CDCES; Toni Toledo, MPH, RDN; and Michelle Horan RD, LD	4:05 – 4:55pm ET 1:05 – 1:55pm PT
BREAK	4:55 – 5:10pm ET 1:55 – 2:10pm ET
Navigating Challenges II Fad Diets; Self-Directed Diets Children; Critical Thinking; Health at Every Size; Q & A Cindy Heiss, PhD, RD, LD, CDCES; Toni Toledo, MPH, RDN; and Michelle Horan RD, LD	5:10 pm – 6:10pm ET 2:10 – 3:10pm PT
BREAK	6:10 – 6:20pm ET 3:10 – 3:20pm PT
Physical Activity: Pediatric and Adult Corby Martin, PhD	6:20 – 7:30pm ET 3:20 – 4:30pm PT
Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	7:30 – 8:00pm ET 4:30 – 5:00pm PT

Day 3 – Thursday, February 9, 2023 4:00 pm – 8:00 pm ET 1:00 pm– 5:00 pm PT	
Welcome Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	4:00 – 4:05pm ET 1:00 – 1:05pm PT
Fundamentals of Pediatric Obesity Fatima Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS	4:05 – 4:55pm ET 1:05 – 1:55pm PT
Q& A Fatima Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	4:55 – 5:05pm ET 1:55 – 2:05pm PT
Client Encounter - Across the Lifespan Case Study Introduction Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	5:05 – 5:10pm ET 2:05 – 2:10pm PT
Client Encounter – Pregnancy and Toddlerhood Dana E. Gerstein, MPH, RD; and Vanessa Thornton, MS, RD, CSP	5:10-5:55pm ET 2:10-2:55pm PT
BREAK	5:55 – 6:05pm ET 2:55 – 3:05pm PT
Client Encounter – Childhood and Adolescence Dana E. Gerstein, MPH, RD; and Vanessa Thornton, MS, RD, CSP	6:05 – 7:05pm ET 3:05 – 4:05pm PT
Pediatric and Adolescent Wrap Up Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	7:05– 7:15pm ET 4:05 – 4:15pm PT
Health Promotion Throughout the Lifecycle Dana E. Gerstein, MPH, RD	7:15 – 7:50pm ET 4:15 – 4:50pm PT
Wrap Up Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	7:50 – 8:00pm ET 4:50 – 5:00pm PT

Day 4 – Friday, February 10, 2023 4:00 pm – 8:00 pm ET 1:00 pm – 5:00 pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	4:00 – 4:10pm ET 1:00 – 1:10pm PT
Obesity Interventions for Adults – Client Encounters Introduction Kellene Isom, PhD, MS, RD, LDN, CAGS	4:10 – 4:20pm ET 1:10 – 1:20pm PT
Client Encounter: Young Adult Corby Martin, PhD	4:20 – 4:45pm ET 1:20 – 1:45pm PT
Client Encounter: Adult Jessica Bartfield, MD, ABOM	4:45 – 5:10pm ET 1:45 – 2:10pm PT
BREAK	5:10 pm – 5:20pm ET 2:10 – 2:20pm PT
Client Encounter: Mid-Adult Laura Andromalos, MS, RD, RN, CSOWM, CDCES	5:20 – 5:45pm ET 2:20 – 2:45pm PT
Client Encounter: Older Adult Bonnie T. Jortberg, PhD, RDN, CDCES and Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	5:45 – 6:10pm ET 2:45 – 3:10pm PT
Client Encounters – Wrap Up and Q&A Kellene Isom, PhD, MS, RD, LDN, CAGS	6:10 – 6:30pm ET 3:10 – 3:30pm PT
BREAK	6:30 – 6:40pm ET 3:30 – 3:40pm PT
Program Management and Practice Pearls Bonnie T. Jortberg, PhD, RDN, CDCES, Mara Davis MS, RD, LDN, CD-N, and Vanessa Thornton, MS, RD, CSP	6:40 – 7:30pm ET 3:40 – 4:30pm PT
Adult Weight Management Wrap Up Evaluation and Post-Assessment Kellene Isom, PhD, MS, RD, LDN, CAGS	7:30 – 8:00pm ET 4:30 – 5:00pm PT