

## Free CPE Resources:

| Provider Name                            | Titled Link   | Expiration Date | CDR Activity # |
|--|---|-----------------|----------------|
| Abbott Nutrition Health Institute (ANHI) | <a href="#">Acute Kidney Injury in the NICU Patient</a>   | 3/1/2027        | 181705         |
|  | <a href="#">Benefits of Breastfeeding</a>   | 8/17/2026       | 177210         |
|  | <a href="#">Breastfeeding Techniques: Tips to Successfully Support the Breastfeeding Dyad</a>             | 6/22/2026       | 177211         |
|  | <a href="#">Eat, Sleep, Console</a>   | 11/6/2026       | 177217         |
|  | <a href="#">Human Milk Oligosaccharides in the Preterm Infant: Impact on the Developing Immune System</a> | 4/15/2027       | 182583         |
|  | <a href="#">Implementing Individualized Infant Feedings: All About the Cues &amp; More</a>                | 6/22/2026       | 177226         |
|  | <a href="#">Neonatal Fundamentals: Discharge and Follow-Up</a>  | 7/12/2026       | 177155         |
|  | <a href="#">Neonatal Fundamentals: Enteral Nutrition</a>  | 6/20/2026       | 177154         |
|  | <a href="#">Neonatal Fundamentals: Infant Nutrition Assessment</a>  | 6/20/2026       | 177156         |
|  | <a href="#">Neonatal Fundamentals: Parenteral Nutrition</a>   | 7/12/2026       | 177178         |
|  | <a href="#">Neonatal Opioid Withdrawal Syndrome</a>   | 12/22/2026      | 177798         |
|  | <a href="#">Neonatal Short Bowel Syndrome</a>   | 4/2/2027        | 182169         |
|  | <a href="#">Nutrition Assessment of the Preterm Infant</a>  | 8/17/2026       | 178162         |
|  | <a href="#">Nutrition Management of Refeeding Syndrome in the Critically Ill Child and Neonate</a>        | 4/8/2027        | 182433         |
|  | <a href="#">Strategies for the Development of Safe Oral Feeding Among Preterm Infants</a>                 | 3/21/2027       | 182171         |
|  | <a href="#">The Emerging Role of the Gut Microbiome in Health and Immunity</a>                            | 4/10/2027       | 182514         |
|  | <a href="#">The Puzzle of the Infant Brain: Association of Nutrients with Cognitive Development</a>       | 4/15/2027       | 182498         |
|  | <a href="#">What's New in the Science of HMOs: New Research and Future Directions</a>                     | 3/14/2027       | 181983         |
|  | <a href="#">Advances in Propionic Acidemia</a>  | 3/8/2027        | 181817         |
|  | <a href="#">Detecting Pediatric Malnutrition: Tools for Screening &amp; Criteria for Diagnosing</a>       | 6/15/2026       | 176782         |

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|  | <a href="#">Energy Expenditure in Fatty Acid Oxidation Disorders</a>  | 3/8/2027   | 181815 |
|  | <a href="#">Ethical Issues in Pediatric Care</a>  | 6/7/2026   | 177004 |
|  | <a href="#">Identification and Diagnosis of Pediatric Malnutrition</a>  | 8/1/2026   | 176781 |
|  | <a href="#">Hot Topics in Pediatric Nutrition</a>   | 2/15/2027  | 182962 |
|  | <a href="#">Measures to Identify Pediatric Malnutrition: Intro to Mid-upper Arm Circumference and Z-scores</a>                      | 5/23/2026  | 176785 |
|  | <a href="#">Nutrition During Childhood Cancer Treatment: Current Understanding and a Path for Future Research</a>                   | 2/27/2027  | 181178 |
|  | <a href="#">Nutrition for the Neurologically Impaired Child</a>   | 6/15/2026  | 176791 |
|  | <a href="#">Nutrition Interventions in Sick Pediatric Patients</a>  | 6/6/2026   | 176862 |
|  | <a href="#">Nutritional Management of Pompe Disease</a>   | 3/13/2027  | 181866 |
|  | <a href="#">Pediatric Intestinal Failure</a>  | 3/25/2027  | 182265 |
|  | <a href="#">Pediatric Nutrition Focused Physical Exam</a>   | 7/5/2026   | 176784 |
|  | <a href="#">Practical Strategies for Achieving Growth Potential In Children</a>   | 8/18/2026  | 178214 |
|  | <a href="#">The Importance of Anthropometric Data in Infant and Pediatric Populations</a>   | 7/26/2026  | 176789 |
|  | <a href="#">Use of Mid-Upper Arm Circumference Z-Score Tape in Clinical Practice: Identifying Pediatric Undernutrition</a>          | 4/22/2027  | 182776 |
|  | <a href="#">Utilization of NHANES Data to Assess Pediatric Undernutrition</a>   | 7/10/2026  | 176863 |
|  | <a href="#">Using Biochemical Laboratory Results to Inform Dietary Management</a>   | 1/31/2027  | 181176 |
|  | <a href="#">Adapting the Nutrition-Focused Physical Exam to Identify Adult Malnutrition in Critically Ill Patients with Obesity</a> | 12/13/2026 | 180402 |
|  | <a href="#">Addressing Gastrointestinal Tolerance in the ICU Setting</a>  | 1/11/2027  | 180663 |
|  | <a href="#">Addressing Weight Stigma in Healthcare Settings</a>   | 12/13/2026 | 180394 |
|  | <a href="#">Adult Malnutrition in the Critical Care Setting: Utilizing Nutrition-Focused Physical Exam in the ICU</a>               | 7/28/2026  | 177955 |
|  | <a href="#">Advancing Malnutrition Quality Improvement and Health Equity: Opportunities to Lead Change</a>                          | 12/7/2026  | 178232 |
|  | <a href="#">Back to Basics: Enteral Formula Composition and Delivery Considerations for Adult Patients</a>                          | 2/13/2027  | 181465 |

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|  | <a href="#">Carbohydrate Quality: What Do I Tell My Patients?</a>   | 4/12/2027  | 182569 |
|  | <a href="#">Choosing Wisely: Enteral Feeding Tube Selection, Placement and Considerations</a>   | 4/24/2027  | 183113 |
|  | <a href="#">Enteral Tube Feeding 101</a>  | 1/4/2027   | 180699 |
|  | <a href="#">Enteral Tube Feeding: Gastrointestinal Complications</a>  | 2/1/2027   | 180701 |
|  | <a href="#">Enteral Tube Feeding: Surgical and Metabolic Complications</a>  | 3/18/2027  | 181149 |
|  | <a href="#">Good Tubes Gone Bad: Management and Prevention of Common Tube Site Complications</a>  | 4/26/2027  | 183308 |
|  | <a href="#">Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care</a>  | 1/19/2027  | 177008 |
|  | <a href="#">Malnutrition Screening in Patients with Obesity in the Hospital Setting</a>   | 12/4/2026  | 178233 |
|  | <a href="#">Nutrition and Wounds: Implementing an Evidence-Based Plan of Care</a>   | 4/12/2027  | 182542 |
|  | <a href="#">Nutrition Care for Pressure Injuries: Guidelines to Optimize Outcomes</a>   | 4/10/2027  | 182477 |
|  | <a href="#">Nutrition Focused Physical Exam - Part 1: Subcutaneous Fat and Muscle Loss</a>  | 12/22/2026 | 176161 |
|  | <a href="#">Nutrition Focused Physical Exam - Part 2: Micronutrients, Fluid Accumulation and Functional Status</a>  | 12/22/2026 | 176215 |
|  | <a href="#">Performing Nutrition-Focused Physical Exam Via Telehealth in an Adult Outpatient Population</a>   | 12/5/2026  | 178234 |
|  | <a href="#">Practical Applications: Providing Culturally Relevant, Person-Centered Diabetes Care</a>  | 4/24/2027  | 183006 |
|  | <a href="#">Practical Management of Home Tube Feeding</a>   | 4/26/2027  | 183326 |
|  | <a href="#">Successful Transition of Tube Feeding: From Hospital to Home</a>  | 4/26/2027  | 183323 |
|  | <a href="#">Transforming Healthcare Delivery: Leveraging the Global Malnutrition Composite Score for Quality Improvement, Health Equity, and Patient Outcomes</a> | 3/20/2027  | 181405 |
|  | <a href="#">Traumatic Brain Injury: Emerging Research, Clinical Consequences, and Nutrition Recommendations from a Multidisciplinary Perspective (Part 1)</a>     | 12/20/2025 | 173709 |
|  | <a href="#">Traumatic Brain Injury: Emerging Research, Clinical Consequences, and</a>   | 11/8/2025  | 173340 |

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|  | <a href="#">Nutrition Recommendations from a Multidisciplinary Perspective (Part 2)</a>  |            |        |
|  | <a href="#">When it Matters Most: Muscle and Nutrition in Critical Care</a>  | 2/8/2027   | 181085 |
|  | <a href="#">Wound Module 1: A Closer Look: Understanding Chronic Wounds</a>  | 2/9/2027   | 181152 |
|  | <a href="#">Wound Module 2: Pressure Injuries and the Management of Chronic Wounds</a>   | 3/18/2027  | 181942 |
|  | <a href="#">Wound Module 3: Making the Connection: Chronic Wounds and Nutrition</a>  | 4/23/2027  | 181180 |
|  | <a href="#">Cultivating a Healthy Work Culture by Addressing Bullying and Incivility</a>   | 2/7/2027   | 183367 |
|  | <a href="#">Handling Human Milk and Formula in Healthcare Facilities: Tried &amp; True and What's New</a>                                  | 1/9/2027   | 177797 |
|  | <a href="#">Spotlight on the Gut-Brain Axis</a>  | 8/8/2026   | 177802 |
|  | <a href="#">Understanding the Impact of HMOs: A Closer Look at the Evidence and Supporting Research</a>                                    | 2/16/2027  | 182888 |
|  | <a href="#">Peri-Operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 1)</a>            | 11/9/2025  | 173377 |
|  | <a href="#">Peri-Operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 2)</a>            | 12/5/2025  | 173381 |
|  | <a href="#">Beyond Basics: Addressing Gastrointestinal Intolerance in the ICU</a>  | 12/22/2026 | 180334 |
|  | <a href="#">Enteral Nutrition Tolerance and Gut Health</a>   | 9/22/2025  | 172464 |
|  | <a href="#">Enteral Nutrition: Transitions of Care from Hospital to Home</a>   | 10/17/2025 | 172965 |
|  | <a href="#">Measuring Body Composition and Optimal Nutrition Support in the ICU Setting</a>  | 1/2/2027   | 180660 |
|  | <a href="#">Is there a Role for Nutrition in the Management of Maternal Mood Disorders?</a>  | 5/16/2027  | 183701 |
|  | <a href="#">Optimal Nutrition Therapy During and Post-ICU</a>  | 10/17/2025 | 172968 |
|  | <a href="#">Prebiotics and the Microbiota: Optimizing Gut Health in Critically Ill Patients (Part 1)</a>                                   | 5/9/2027   | 183583 |
|  | <a href="#">Prebiotics and the Microbiota: Optimizing Gut Health in Critically Ill Patients (Part 2)</a>                                   | 5/10/2027  | 183585 |
|  | <a href="#">Putting Evidence into Practice: Preventing, Managing and Treating Enteral Feeding Intolerance in the Critical Care Setting</a> | 1/30/2027  | 181144 |

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|  | <a href="#">Special Considerations: Implementing ERAS in Patients with Diabetes</a>   | 4/29/2027 | 183346 |
|  | <a href="#">The Role of Nutrition in Pressure Injury Management in Patients with Diabetes</a>                                 | 3/3/2027  | 182964 |
|  | <a href="#">Update on the ASPEN 2022 Critical Care Guidelines</a>   | 9/22/2025 | 172496 |
|  | <a href="#">Safeguarding Preparation and Delivery of Infant Feedings in the NICU</a>  | 4/17/2027 | 182791 |
|  | <a href="#">Marijuana Use During Pregnancy and Breastfeeding: Weeding Through the Evidence</a>                                | 5/17/2027 | 183679 |
|  | <a href="#">Bariatric Surgery: Developing an Understanding of the Evidence, Procedures and Expected Outcomes</a>              | 4/17/2027 | 182754 |
|  | <a href="#">Setting Patients Up for Success: Prioritizing Nutrition Prior to Bariatric Surgery</a>                            | 4/17/2027 | 182759 |
|  | <a href="#">The Long and Short of It: Postoperative Nutrition to Support Long-term Success After Bariatric Surgery</a>        | 4/17/2027 | 182760 |
|  | <a href="#">Identifying Considerations Across the Continuum of Care: Best Practices for a Multidisciplinary Team Approach</a> | 4/17/2027 | 182766 |
|  | <a href="#">Making Early Enteral Nutrition Happen</a>   | 5/30/2027 | 183605 |
|  | <a href="#">The Importance of Early Enteral Nutrition for Critically Ill Patients</a>   | 5/14/2027 | 183604 |
|  | <a href="#">An Allergy Modulating Human Milk Oligosaccharide – 2'-Fucosyllactose</a>  | 7/6/2026  | 177420 |
|  | <a href="#">Optimizing Human Milk in the NICU and at Discharge</a>  | 5/22/2027 | 183647 |
|  | <a href="#">Motivational Interviewing: Application in Working with Patients and Families</a>                                  | 1/16/2027 | 177221 |
|  | <a href="#">Gastrointestinal Intolerance in Critically Ill Patients: Definitions, Management and Nutrition Considerations</a> | 4/10/2027 | 181146 |
|  | <a href="#">New Evidence to Support Optimal, Early Nutrition Intervention to Improve Patient Outcomes</a>                     | 1/2/2027  | 180336 |
|  | <a href="#">Implementing Early Feeding Practices in Critical Care</a>   | 5/13/2027 | 183609 |
|  | <a href="#">Improving the Quality of Nutrition Care for Critically Ill Patients</a>   | 5/31/2027 | 183611 |
|  | <a href="#">Allergies, Immunology, and Human Milk: Exploring Maternal and Infant Factors</a>                                  | 4/16/2027 | 182647 |
|  | <a href="#">Programming the Infant Microbiome: Impacting Immune Health Later in Life</a>                                      | 5/17/2027 | 183239 |

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|  | <a href="#">Suspected Inborn Errors of Metabolism in the Newborn</a>  | 9/4/2027  | 185062 |
|  | <a href="#">Adolescent Nutrition and Growth</a>   | 6/13/2027 | 183705 |
|  | <a href="#">Beyond Anthropometrics: Evolving Science of Biomarkers for Assessing Growth</a>   | 6/13/2027 | 184172 |
|  | <a href="#">Beyond Recommended Dietary Intakes: Understanding Bioavailability and the Importance for the Growing Child</a>                      | 9/4/2027  | 185072 |
|  | <a href="#">Childhood Obesity: A Weighty Problem!</a>   | 8/16/2027 | 184903 |
|  | <a href="#">Combating Malnutrition in Pediatric Clinical Practice</a>   | 7/11/2027 | 184434 |
|  | <a href="#">Diagnostic and Therapeutic Advances in Eosinophilic Esophagitis</a>   | 8/29/2027 | 185059 |
|  | <a href="#">Metabolic Flexibility and the Role of Carbohydrates, Protein, and Fat Balance on Pediatric Obesity</a>                              | 6/25/2027 | 184282 |
|  | <a href="#">The Impact of Pediatric Undernutrition on Gastrointestinal Function</a>   | 9/4/2027  | 185127 |
|  | <a href="#">The Protein : Energy Ratio in Support of Catch-Up Growth</a>  | 6/27/2027 | 184269 |
|  | <a href="#">The Role of Food &amp; Nutrition in Inflammatory Bowel Disease</a>  | 7/23/2027 | 184553 |
|  | <a href="#">Urea Cycle Disorders: Navigating Nutritional Management and Nitrogen Scavengers</a>   | 5/31/2027 | 182779 |
|  | <a href="#">Decoding the New Nutrition Facts Label: Carbohydrates</a>   | 5/17/2026 | 175970 |
|  | <a href="#">Decoding the New Nutrition Facts Label: Fat</a>   | 5/17/2026 | 175987 |
|  | <a href="#">Decoding the New Nutrition Facts Label: Overview</a>  | 5/17/2026 | 175967 |
|  | <a href="#">Decoding the New Nutrition Facts Label: Protein</a>   | 5/17/2026 | 175979 |
|  | <a href="#">Driving Change: Implementing the Malnutrition Quality Improvement Initiative (MQii) Across the Ecosystem of Healthcare (Part 1)</a> | 9/19/2027 | 185350 |
|  | <a href="#">Driving Change: Implementing the Malnutrition Quality Improvement Initiative (MQii) Across the Ecosystem of Healthcare (Part 2)</a> | 6/7/2027  | 183854 |
|  | <a href="#">Gastrointestinal Dysfunction in Critical Illness</a>  | 5/31/2027 | 183774 |
|  | <a href="#">How Critical is Vitamin D for Your Patient Outcomes? Demystifying the Role of Vitamin D</a>   | 9/9/2027  | 185070 |

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|  | <a href="#">Interactions of Nutrition, Gastrointestinal Microbiome, and Health</a>  | 5/30/2027 | 183552 |
|  | <a href="#">Muscle Matters: New Insights on the Interplay Between Nutrition, Inflammation and Metabolism</a>                                  | 8/29/2027 | 184990 |
|  | <a href="#">Tailoring Care in Diabetes: Improving Outcomes Through Personalized Nutrition Intervention and Person-Centered Care</a>           | 8/19/2027 | 184783 |
|  | <a href="#">The Benefits of Personalized Nutrition and Lifestyle Approaches in Obesity Management: Exploring the Role of Muscle Health</a>    | 5/31/2027 | 182839 |
|  | <a href="#">The Holistic Support of Patients Post Metabolic and Bariatric Surgery in Primary Care: Nutrition, Muscle Health and Beyond</a>    | 5/28/2027 | 182746 |
|  | <a href="#">Unlocking the Value of Muscle and Nutrition for Improved Health Outcomes</a>  | 7/25/2027 | 184637 |
|  | <a href="#">What's New in Oncology? Addressing Muscle Health and Nutrition</a>  | 6/28/2027 | 184280 |
|  | <a href="#">Caring for the Millennial and Gen Z Family: Thoughts from Admission Through Discharge</a>   | 7/30/2027 | 184748 |
|  | <a href="#">How to Navigate Difficult Conversations with Difficult People: Strategies for Healthcare Professionals</a>                        | 6/25/2027 | 184309 |
|  | <a href="#">How to Shift From a Negative to a Positive Work Environment</a>   | 8/6/2027  | 184451 |
|  | <a href="#">Opioid Use Disorders in Pregnancy</a>   | 6/11/2027 | 183991 |
|  | <a href="#">Trauma-Informed Care and Suicidality</a>  | 6/13/2027 | 183992 |
|  | <a href="#">When Our Thoughts Betray Use: Anxiety in the Perinatal Experience of Moms and Dads</a>  | 7/23/2027 | 184601 |
|  | <a href="#">NICU Currents: Ethical Issues in Neonatal Care</a>  | 11/6/2026 | 179611 |
|  | <a href="#">NICU Currents: GER and GERD in Preterm Infants: A Narrative Review of Diagnosis, Nutrition Evaluation and Management</a>          | 7/24/2027 | 184540 |
|  | <a href="#">Pediatric Currents: Screening for Malnutrition Risk in Pediatrics</a>   | 8/17/2026 | 178163 |
|  | <a href="#">Pediatric Currents: Quenching the Thirst: Overcoming Challenges and Developing Effective Approaches for Encouraging Hydration</a> | 4/30/2027 | 183290 |
|  | <a href="#">Nutrition and Health Currents: Identification, Diagnosis and Treatment of</a>   | 4/16/2027 | 182617 |

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|  | <a href="#">Malnutrition in Adult Hospitalized Patients: An Ethical Perspective</a>   |   |        |
| Alissa Rumsey  | <a href="#">How to Improve Your Client Retention</a>  | 01/30/2026  | 174764 |
|  | <a href="#">From Concept to Client: 5 Steps to Start Your Nutrition Private Practice</a>  | 08/20/2027  | 184982 |
|  | <a href="#">Insurance Credentialing 101 Workshop</a>  | 01/17/2028  | 186627 |
| Becky Dorner & Associates, Inc.  | <a href="#">Ethics Isn't Optional: Understanding and Applying the Academy of Nutrition and Dietetics Code of Ethics, 2nd Edition (1.0 ETHICS CPEU)</a>          | 10/24/2025  | 173095 |
|  | <a href="#">Long Term Care Regulatory Updates: What you need to know to pass survey (1.0 ETHICS CPEU)</a>   | 1/19/2026   | 174138 |
|  | <a href="#">Kindness is Contagious: Redefining Your Dining Experience</a>   | 10/20/2025  | 172235 |
| Commission on Dietetic Registration  | <a href="#">2024 Scope and Standards of Practice Learning Module</a>  | 12/5/2026   | 180435 |
| Dietitian Connection   | <a href="https://dietitianconnection.com/product-category/webinars/free-webinars/">https://dietitianconnection.com/product-category/webinars/free-webinars/</a> | Contact Provider directly for activity expiration dates |        |
| Dr. Schar USA, Inc. *Users will be required to create a free account in order to view free CPEUs | <a href="#">The Latest Updates + Research on the Low FODMAP Diet</a>  | 11/10/2025  | 173593 |
|  | <a href="#">Helping Them "Go" Without Harm: Managing Common GI Diagnoses In Clients With Eating Disorders</a>   | 8/4/2025  | 171881 |
| FODMAP Friendly  | <a href="#">FODMAP Institute: IBS Management-The Low FODMAP Diet</a>  | 7/5/2025  | 168114 |
| NutriScape   | <a href="#">Copywriting Skills for the Internet</a>   | 11/21/2025  | 173724 |
|  | <a href="#">Telenutrition: Starting Your Business</a>   | 12/26/2025  | 174389 |
|  | <a href="#">Creating A Web Presence With Wordpress and Elementor</a>  | 12/31/2025  | 174211 |
|  | <a href="#">NutriScape.NET: A Crowdsourcing Web Platform for Dietitians</a>   | 10/19/2025  | 173708 |



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| Orgain                              | <a href="#">Orgain Live &amp; Recorded CPEU Activities</a>  | *Please view expiration dates as stated on Provider website |        |
| PepsiCo                             | <a href="#">Link to PepsiCo Activities Listed Below</a>   |   |        |
|                                     | Personalized Nutrition and Applications for Practice  | 1/31/2026   | 174116 |
|                                     | Exploring Traditional and Emerging Functional Ingredients   | 11/30/2025  | 173473 |
|                                     | Savvy Snacking: Tips & Trends to Optimize Nutrition   | 9/14/2025   | 171890 |
|                                     | Addressing the Intersection of Sustainability and Nutrition: Guidance for Your Practice   | 6/14/2025   | 170563 |
|                                     | Unpacking Preconceptions About Packaged Foods   | 4/12/2025   | 168950 |
| Commission on Dietetic Registration | <a href="#">Using the 2024 Scope and Standards of Practice to Expand Opportunities   Commission on Dietetic Registration (pathlms.com)</a>                            | 12/5/2026   | 180435 |
|                                     | <a href="#">Malnutrition and Health Equity: Key Measures of Quality Care for Nutrition and Dietetics Practitioners</a>  | 12/19/2026  | 180050 |
|                                     | November 2023: Quarterly Spotlight on Malnutrition: Advancing Quality and Strengthening Interdisciplinary Collaboration (Part I)                                      | 11/14/2026  | 180119 |
|                                     | <a href="#">February 2024: Value of Nutrition and Dietetics Credentialed Practitioners in Optimizing Quality Outcomes from the Interdisciplinary Team Perspective</a> | 2/28/2027   | 181939 |
|                                     | <a href="#">May 2024: Quarterly Spotlight on Quality: Measuring Nutrition Practice Outcomes by Demonstrating Value in the Real World</a>                              | 5/30/2027   | 183881 |