

Free CEU Resources:

Provider Name	Titled Link	Expiration Date	CDR Activity #
Alissa Rumsey	How to Improve Your Client Retention	1/30/2026	174496
Becky Dorner & Associates, Inc.	Ethics Isn't Optional: Understanding and Applying the Academy of Nutrition and Dietetics Code of Ethics, 2nd Edition (1.0 ETHICS CPEU)	10/24/2025	173095
	Long Term Care Regulatory Updates: What you need to know to pass survey (1.0 ETHICS CPEU)	1/19/2026	174138
	Kindness is Contagious: Redefining Your Dining Experience	10/20/2025	172235
	Malnutrition...Sarcopenia...Dysphagia...Are you making the clinical connections?	5/31/2024	170164
	Part 2: When Malnutrition Lives in a Larger Body: Effective & Compassionate Interventions for Treating BED	5/31/2024	169263
	Breaking the Cultural Code: How to Counsel the Hispanic Population (1 ETHICS CPEU)	5/31/2024	167587
	Best Practices in Nutrition Focused Physical Exam	5/31/2024	167413
	When Malnutrition Lives in a Larger Body: Effectively and Compassionately Treating Binge Eating Disorder	5/31/2024	167111
	A Case-Based Exploration of Exocrine Pancreatic Insufficiency	5/6/2024	163011
	The Nutrition Professional's Guide to IDDSI: Prepare & serve a quality diet for people with dysphagia	4/6/2024	162212

	What's on the Menu? Delivering Culturally Appropriate Food and Nutrition Services (1 ETHICS CPEU)	3/25/2024	160481
	Enteral Nutrition Challenges: Focus on Pancreatic Insufficiency Webinar	8/25/2023	157728
Claxton Dietetic Solutions, LLC	A Review of the Code of Ethics for the Certified Dietary Manager	8/11/2023	158201
	Infection Control (Part 1) : Understanding CMS F-812 Tag	9/7/2023	158245
Dietitian 360	Code of Ethics: Do It Right	5/31/2024	151762
Dietitian Connection	https://dietitianconnection.com/product-category/webinars/free-webinars/	Accredited Provider End Date 9/30/2023	
Dr. Schar USA, Inc. *Users will be required to create a free account in order to view free CPEUs	The Latest Updates + Research on the Low FODMAP Diet	11/10/2025	173593
	Helping Them "Go" Without Harm: Managing Common GI Diagnoses In Clients With Eating Disorders	8/4/2025	171881
	Culture Focused FODMAP Foods	3/15/2025	169376
	The Social Impact of Celiac Disease	6/8/2024	164137
	Celiac Disease in Learning Environments: A Training for Nutrition Providers Who Care for Patients with Celiac Disease	3/25/2024	162271
	Corporate Wellness: The Role of the Registered Dietitian	3/9/2024	161894
	Incorporating Mindfulness in the Nutrition Care Process - A CKD Perspective	9/30/2023	160583
	Disordered Eating & The Low FODMAP Diet	12/16/2023	160137
	Intuitive Eating for Inborn Errors of Metabolism	11/12/2023	159557

	Plant-Based Diets in Chronic Kidney Disease	12/15/2023	160109
FODMAP Friendly	FODMAP Institute: IBS Management-The Low FODMAP Diet	7/5/2025	168114
Nestle Health Science	Link to Nestle Self-Study Activities Listed Below		
	Common Challenges Conducting NFPE: Focus on the Elderly	12/16/2023	166384
	The Journey to Food-Based Tube Feedings in Adult and Pediatric Patients	11/9/2023	166575
	Managing Today's Tube Fed Patient from Hospital to Home: Lessons Learned and Myths Busted	5/31/2024	174188
	Pick Your PICS: Mitochondrial Changes, Inflammation and Nutritional Interventions	3/20/2024	166389
	Adult Malnutrition Documentation Improvement: Team Collaboration for Clinical Impact in the Hospital Setting	4/14/2024	167062
	Nutrition & Pressure Injuries: Putting the New Guidelines into Practice	9/30/2023	159591
	The Role of Nutrition Care in Mitochondrial Health	3/19/2024	166484
	Dietary Management of EoE: More Than Just Food Allergen Avoidance	5/31/2024	172210
	Link to Nestle Recorded Webinars Listed Below		
	Practical Approach to Determining Protein Requirements of the Critically Ill	5/31/2024	174704
	Personalized Nutrition in the ICU: Don't Take It Personally	5/31/2024	174147
	Improved Clinical and Health Economic Outcomes with Food-Based Tube Feeding Formulas	5/31/2024	173878
	Role of Nutrition in the Prevention and Treatment of Pressure Injuries	5/31/2024	173811
	Diagnosing and Treating Functional Dyspepsia: An Evidence Based Approach	5/31/2024	173268
	Managing Today's Home Tube Fed Patient: Optimizing Delivery and Tolerance	5/31/2024	173233
	Pediatric Feeding Disorder: A Practical Approach Update	5/31/2024	173263
	Commercial Blenderized Tube Feeding Formulas: Recent Evidence Supports Improved Clinical and Health Economic Outcomes	5/31/2024	173217

	Let's Talk Preoperative Nutrition Optimization: Scoping Review from JACS	5/31/2024	172940
	Managing Today's Tube Fed Patient from Hospital to Home: Lessons Learned and Myths Busted	5/31/2024	171580
	Dietary Management of EoE: More Than Just Food Allergen Avoidance	5/31/2024	169067
NutriScape	Copywriting Skills for the Internet	11/21/2025	173724
	Telenutrition: Starting Your Business	12/26/2025	174389
	Creating A Web Presence With Wordpress and Elementor	12/31/2025	174211
	NutriScape.NET: A Crowdsourcing Web Platform for Dietitians	10/19/2025	173708
Nutrition Masterclass	A Case Study - Tube Feeding Intolerance in a Complex Infant Nutrition (nutritionmc.com)	9/28/2023	158479
	Classic Late Preterm Infant – Nutrition Pearls from NICU to Home Nut (nutritionmc.com)	1/26/2024	160786
	When Reflux Becomes Complicated: Interventions for a Breastfed Infant (nutritionmc.com)	5/31/2024	166114
	Pediatric Iron Deficiency Nutrition Masterclass (nutritionmc.com)	5/31/2024	167099
	Growth Failure - A New Roadmap for a Common Problem Nutrition (nutritionmc.com)	5/31/2024	172649
	The Adapted Baby-Led Weaning Approach™: Facilitating Self-Feeding in (nutritionmc.com)	5/31/2024	173793
Orgain	Orgain Live & Recorded CPEU Activities	*Please view expiration dates as stated on Provider website	
PepsiCo	Link to PepsiCo Activities Listed Below		
	Personalized Nutrition and Applications for Practice	1/31/2026	174116

	Exploring Traditional and Emerging Functional Ingredients	11/30/2025	173473
	Savvy Snacking: Tips & Trends to Optimize Nutrition	9/14/2025	171890
	Addressing the Intersection of Sustainability and Nutrition: Guidance for Your Practice	6/14/2025	170563
	Unpacking Preconceptions About Packaged Foods	4/12/2025	168950
	Affordability and Nutrition in the American Diet: Strategies to Close Crucial Nutrient Gaps	1/26/2025	167233
Physicians Committee for Responsible Medicine	Behavior Change	2/8/2024	160558
	Bringing Cardiovascular Prevention Into Clinical Practice	8/6/2023	156135
	Building an Inclusive Health Care Practice for the LGBTQ+ Population	5/25/2024	161842
	Colorectal Cancer Awareness and Prevention	4/27/2024	161218
	Contemporary Native Foods of the Southwest for Health and Wellness	7/15/2024	163649
	Culinary Medicine Series 1	8/6/2023	156135
	Culinary Medicine Series 2	8/6/2023	156135
	Culinary Medicine Series 3	8/6/2023	156135
	Dairy Consumption, Risk of Breast and Other Cancers in the Adventist Health Study-2 Cohort	8/6/2023	156135
	Diabetes Medication Stewardship for Prescribers	12/9/2023	159321
	Diet, Intestinal Microbiota, TMAO, and Cardio-Renal Disease Risk	8/6/2023	156135
	Diet, the Gut Microbiome, and Bowel Cancer: What Should We Tell our Patients?	7/15/2024	162649

	Differences in Ad Libitum Calorie Intake Between a Low-Fat, Plant-Based Diet Versus an Animal-Based, Ketogenic Diet NutritionCME	8/6/2023	156135
	Eating as if the World Depends on It	8/6/2023	156135
	Eating for the Planet: The Environmental Impacts of Dietary Choices	8/6/2023	156135
	Erectile Dysfunction and Lifestyle: The Long and Short of It	7/15/2024	162649
	Evidence-Based Eating Patterns for Heart Disease	7/15/2024	162649
	Evidence-Based Weight Loss	8/6/2023	156135
	Food, Health, and Environment: A Potential Pathway to a Double Win	8/6/2023	156135
	Health of Vegetarians and Vegans: Findings from Epic-Oxford and Other Studies in the UK	7/15/2024	162649
	Heart Failure and Nutrition	8/6/2023	156135
	How Lipids Affect Metabolism in Humans	7/15/2024	162649
	How to Incorporate Culturally Competent Practices in Your Nutrition Counseling	5/25/2024	161842
	How to Optimize your Diet to Boost Metabolism	7/15/2024	162649
	Ketogenic Diets: The Good, the Bad, and the Ugly	8/6/2023	156135
	LGBTQIA Competency for the Health Care Professional	10/8/2023	158674
	Like Human Like Dog – Register-Based Studies on Dog Ownership and Health	7/15/2024	162649
	Long-Term Health Outcomes and Medical Expenditures of Vegetarians – Evidence from the Tzu Chi Cohorts	7/15/2024	162649

	Maximize the Health Power of Foods from the Indian Subcontinent	7/15/2024	162649
	Mediterranean VS Vegan: A Head-to-Head Diet Test	7/15/2024	162649
	My Aha Moment: How an MS Diagnosis Provided the Seed for a Plant-Powered Awakening	7/15/2024	162649
	Nutrition and Cardiometabolic Health: Which Diet Works Best and Why?	8/6/2023	156135
	Nutrition and Health in Latin American Communities	7/15/2024	162649
	Nutrition and Menopause	7/15/2024	162649
	Nutrition and Sex Hormones	8/6/2023	156135
	Nutrition for Cancer Prevention and Survival	7/15/2024	162649
	Nutrition for Diabetes	7/15/2024	162649
	Nutrition's Role in Blood Pressure Regulation	8/6/2023	156135
	Plant-Based Diets for Kidney Disease	8/6/2023	156135
	Polycystic Ovary Syndrome, Pregnancy & Menopause: Integrating Nutrition Into Clinical Care	2/8/2024	160558
	Precision Nutrition for Chronic Disease Prevention: Hype or Hope? NutritionCME	7/15/2024	162649
	Prevention of Type 2 Diabetes – Current Status NutritionCME	7/15/2024	162649
	Quick Topics	7/15/2024	162649
	Racial Disparities in COVID-19 and Social Determinants of Health Equity	7/15/2024	162649

	Reclaiming our Food Heritage to Reclaim Our Health	7/15/2024	162649
	Reducing the Risk of Breast Cancer: It's up to You	8/6/2023	156135
	Relation of Nutrition with Cognitive and Motor Outcomes in Older Adults	7/15/2024	162649
	Rescuing your Patients and Your Practice: A Reimbursable 15-Day WFPB Jumpstart	8/6/2023	156135
	Risk and Protective Factors of Cognitive Aging in Older African Americans	7/15/2024	162649
	Sorting out Hormone Haywire: Nutrition for Diabetes, Thyroid Conditions, and Mood Disorders	8/6/2023	156135
	The Contrast Between Alpha-Gal Syndrome and Other Forms of Food Allergy	7/15/2024	162649
	The Role of a Plant-Based Diet in the Prevention and Treatment of Crohn's Disease	8/6/2023	156135
	The Year in Plants 2021: The Data Keep Pouring In	7/15/2024	162649
	Weight Management: A Healthful Approach	7/15/2024	162649
	What's Behind Nutrition Controversies? Making Sense of Science	8/6/2023	156135
T. Colin Campbell Center for Nutrition Studies	Plant-Based Nutrition Certificate Sample Course	5/31/2024	N/A