



**Certificate of Training in Obesity for Pediatrics and Adults Virtual Course  
May 2024 Agenda**

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| <b>Day 1 – Wednesday, May 1, 2024</b><br>11:00am – 3:00pm ET<br>8:00am – 12:00pm PT   |  |
| <b>Welcome</b><br>Bonnie T. Jortberg, PhD, RDN, CDCES   | 11:00 – 11:15am ET<br>8:00 – 8:15am PT     |
| <b>Chronic Nature of Obesity</b><br>Dan Bessesen, MD  | 11:15 – 11:50am ET<br>8:15 – 8:50am PT     |
| <b>Q&amp;A</b><br>Dan Bessesen, MD<br>Bonnie T. Jortberg, PhD, RDN, CDCES   | 11:50am – 12:00pm ET<br>8:50am – 9:00am PT |
| <b>Counseling and Behavior Management</b><br>Craig Johnson, PhD, and Mara Davis, MS, RD, LDN, CD-N  | 12:00 – 1:00pm ET<br>9:00 – 10:00am PT     |
| BREAK   | 1:00 – 1:15pm ET<br>10:00 – 10:15am PT     |
| <b>Counseling and Behavior Management Roles Plays</b><br>Craig Johnson, PhD; Mara Davis, MS, RD, LDN, CD-N; and Ellen Sobota, MS, RD, LDN | 1:15 – 2:00pm ET<br>10:15 – 11:00am PT     |
| <b>Delivering Trauma Informed Counseling</b><br>Ellen Sobota, MS, RD, LDN   | 2:00 – 2:25pm ET<br>11:00 – 11:25am PT     |
| <b>Telehealth for Effective Weight Management</b><br>Laura Andromalos, MS, RD, RN, CSOWM, CDCES   | 2:25 – 2:45pm ET<br>11:25 – 11:45am PT     |
| <b>Q&amp;A and Wrap Up</b><br>Bonnie T. Jortberg, PhD, RDN, CDCES   | 2:45 – 3:00pm ET<br>11:45am – 12:00pm PT   |
| <b>Day 2 – Thursday, May 2, 2024</b><br>11:00am – 3:00pm ET<br>8:00am – 12:00pm PT  |  |
| <b>Welcome and Overview</b><br>Bonnie T. Jortberg, PhD, RDN, CDCES  | 11:00 – 11:05am ET<br>8:00 – 8:05am PT     |
| <b>Navigating Challenges</b><br>Toni Toledo, MPH, RDN and Vanessa Thornton, MS, RD, CSP   | 11:05 – 11:55am ET<br>8:05 – 8:55am PT     |
| BREAK   | 11:55am – 12:10pm ET<br>8:55am – 9:10pm ET |
| <b>Navigating Challenges II</b><br>Toni Toledo, MPH, RDN; Dana Engel, MPH, RD; and Vanessa Thornton, MS, RD, CSP                          | 12:10 – 1:10pm ET<br>9:10 – 10:10am PT     |
| BREAK   | 1:10 – 1:20pm ET<br>10:10 – 10:20am PT     |
| <b>Physical Activity: Pediatric and Adult</b><br>Corby Martin, PhD and Dana Engel, MPH, RD  | 1:20 – 2:30pm ET<br>10:20 – 11:30pm PT     |
| <b>Core Content Practice Pearls and Wrap Up</b><br>Bonnie T. Jortberg, PhD, RDN, CDCES  | 2:30 – 3:00pm ET<br>11:30am – 12:00pm PT   |

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| <b>Day 3 – Wednesday, May 8, 2024</b><br>11:00 am – 3:00 pm ET<br>8:00 am – 12:00 pm PT                              |  |
| <b>Welcome</b><br>Linda Gigliotti, MS, RD, CDCES, FAND   | 11:00 – 11:05am ET<br>8:00 – 8:05am PT     |
| <b>Fundamentals of Pediatric Obesity</b><br>Vanessa Thornton, MS, RD, CSP  | 11:05 – 11:55am ET<br>8:05 – 8:55am PT     |
| <b>Q&amp;A</b><br>Vanessa Thornton, MS, RD, CSP<br>Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND                       | 11:55am – 12:05pm ET<br>8:55am – 9:05am PT |
| <b>Client Encounter - Across the Lifespan Case Study Introduction</b><br>Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND | 12:05 – 12:10pm ET<br>9:05 – 9:10am PT     |
| <b>Client Encounter – Pregnancy and Toddlerhood</b><br>Dana Engel, MPH, RD and Vanessa Thornton, MS, RD, CSP         | 12:10 – 12:50pm ET<br>9:10 – 9:50am PT     |
| BREAK  | 12:50 – 1:00pm ET<br>9:50 – 10:00am PT     |
| <b>Client Encounter – Childhood and Adolescence</b><br>Dana Engel, MPH, RD and Vanessa Thornton, MS, RD, CSP         | 1:00 – 1:55pm ET<br>10:00 – 10:55am PT     |
| <b>Pediatric and Adolescent Wrap Up</b><br>Linda Gigliotti, MS, RD, CDCES, FAND                                      | 1:55 – 2:05pm ET<br>10:55 – 11:05am PT     |
| BREAK  | 2:05 – 2:15pm ET<br>11:05 – 11:15am PT     |
| <b>Health Promotion Throughout the Lifecycle</b><br>Dana Engel, MPH, RD  | 2:15 – 2:50pm ET<br>11:15 – 11:50am PT     |
| <b>Wrap Up</b><br>Linda Gigliotti, MS, RD, CDCES, FAND   | 2:50 – 3:00pm ET<br>11:50am – 12:00pm PT   |

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| <b>Day 4 – Thursday, May 9, 2024</b><br>11:00 am – 3:00 pm ET<br>8:00 am – 12:00 pm PT   |  |
| <b>Welcome &amp; Client Encounters Introduction</b><br>Linda Gigliotti, MS, RD, CDCES, FAND  | 11:00 – 11:05am ET<br>8:00 – 8:05am PT     |
| <b>Client Encounter: Young Adult</b><br>Corby Martin, PhD  | 11:05 – 11:30am ET<br>8:05 – 8:30am PT     |
| <b>Client Encounter: Adult</b><br>Bonnie T. Jortberg, PhD, RDN, CDCES  | 11:30 – 11:55am ET<br>8:30am – 8:55am PT   |
| <b>Q&amp;A</b><br>Linda Gigliotti, MS, RD, CDCES, FAND   | 11:55am – 12:10pm ET<br>8:55am – 9:10am PT |
| BREAK  | 12:10 – 12:20pm ET<br>9:10 – 9:20am PT     |
| <b>Client Encounter: Mid-Adult</b><br>Laura Andromalos, MS, RD, RN, CSOWM, CDCES   | 12:20 – 12:45pm ET<br>9:20 – 9:45am PT     |
| <b>Client Encounter: Older Adult</b><br>Bonnie T. Jortberg, PhD, RDN, CDCES and Cindy Heiss, PhD, RD, LD, CDCES                              | 12:45 – 1:10pm ET<br>9:45 – 10:10am PT     |
| <b>Client Encounters – Wrap Up and Q&amp;A</b><br>Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND  | 1:10 – 1:30pm ET<br>10:10 – 10:30am PT     |
| BREAK  | 1:30 – 1:40pm ET<br>10:30 – 10:40am PT     |
| <b>Program Management and Practice Pearls</b><br>Bonnie T. Jortberg, PhD, RDN, CDCES; Mara Davis MS, RD, LDN, CD-N; and Ellen Sobota, MS, RD | 1:40 – 2:30pm ET<br>10:40 – 11:30am PT     |
| <b>Adult Weight Management Wrap Up</b><br>Evaluation and Post-Assessment<br>Linda Gigliotti, MS, RD, CDCES, FAND                             | 2:30 – 3:00pm ET<br>11:30am – 12:00pm PT   |