

Obesity Certificate Program Advisory Group



Certificate of Training in Obesity for Pediatrics and Adults Virtual Course
May 2023 Agenda

Day 1 – Tuesday, May 2, 2023 2:00 pm – 6:00 pm ET 11:00 am – 3:00 pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	2:00 – 2:15pm ET 11:00 – 11:15am PT
Chronic Nature of Obesity Dan Bessesen, MD	2:15 – 2:50pm ET 11:15 – 11:50am PT
Q&A Dan Bessesen, MD Kellene Isom, PhD, MS, RD, LDN, CAGS	2:50 – 3:00pm ET 11:50am – 12:00pm PT
Counseling and Behavior Management Craig Johnston, PhD, and Mara Davis, MS, RD, LDN, CD-N	3:00 – 4:00pm ET 12:00 – 1:00pm PT
BREAK	4:00 – 4:15pm ET 1:00 – 1:15pm PT
Counseling and Behavior Management Roles Plays Craig Johnston, PhD; Mara Davis, MS, RD, LDN, CD-N; and Kathy Isoldi, PhD, RD	4:15 – 5:00pm ET 1:15 – 2:00pm PT
Delivering Trauma Informed Counseling Julie Feldman, MPH, RD	5:00 – 5:25pm ET 2:00 – 2:25pm PT
Telehealth for Effective Weight Management Laura Andromalos, MS, RD, RN, CSOWM, CDCES	5:25 – 5:45pm ET 2:25 – 2:45pm PT
Q&A and Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	5:45 – 6:00pm ET 2:45 – 3:00pm PT
Day 2 – Wednesday, May 3, 2023 2:00 pm – 6:00 pm ET 11:00 am – 3:00 pm PT	
Welcome and Overview Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	2:00 – 2:05pm ET 11:00 – 11:05am PT
Navigating Challenges Health Literacy, Weight Bias, Teaching Strategies (Families, Children, Bullying) Cindy Heiss, PhD, RD, LD, CDCES, Toni Toledo, MPH, RDN and Michelle Horan, RD, LD	2:05 – 2:55pm ET 11:05 – 11:55am PT
BREAK	2:55 – 3:10pm ET 11:55am – 12:10pm ET
Navigating Challenges II Fad Diets; Self-Directed Diets in Children; Critical Thinking; Health at Every Size; Q & A Cindy Heiss, PhD, RD, LD, CDCES, Toni Toledo, MPH, RDN, and Michelle Horan RD, LD	3:10 – 4:10pm ET 12:10 – 1:10pm PT
BREAK	4:10 – 4:20pm ET 1:10 – 1:20pm PT
Physical Activity: Pediatric and Adult Corby Martin, PhD	4:20 – 5:30pm ET 1:20 – 2:30pm PT
Core Content Practice Pearls and Wrap Up Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	5:30 – 6:00pm ET 2:30 – 3:00pm PT

Day 3 – Tuesday, May 9, 2023 2:00 pm – 6:00 pm ET 11:00 am – 3:00 pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	2:00 – 2:05pm ET 11:00 – 11:05am PT
Fundamentals of Pediatric Obesity Fatima Cody Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS	2:05 – 2:55pm ET 11:05 – 11:55am PT
Q&A Fatima Cody Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS Kellene Isom, PhD, MS, RD, LDN, CAGS	2:55 – 3:05pm ET 11:55am – 12:05pm PT
Client Encounter - Across the Lifespan Case Study Introduction Kellene Isom, PhD, MS, RD, LDN, CAGS	3:05 – 3:10pm ET 12:05 – 12:10pm PT
Client Encounter – Pregnancy and Toddlerhood Dana Engel, MPH, RD; and Vanessa Thornton, MS, RD, CSP	3:10 - 3:50pm ET 12:10 - 12:50pm PT
BREAK	3:50 – 4:00pm ET 12:50 – 1:00pm PT
Client Encounter – Childhood and Adolescence Dana Engel, MPH, RD; and Vanessa Thornton, MS, RD, CSP	4:00 – 4:55pm ET 1:00 – 1:55pm PT
Pediatric and Adolescent Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	4:55– 5:05pm ET 1:55 – 2:05pm PT
BREAK	5:05 – 5:15pm ET 2:05 – 2:15pm PT
Health Promotion Throughout the Lifecycle Dana Engel, MPH, RD	5:15 – 5:50pm ET 2:15 – 2:50pm PT
Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	5:50 – 6:00pm ET 2:50 – 3:00pm PT

Day 4 – Wednesday, May 10, 2023 2:00 pm – 6:00 pm ET 11:00 am – 3:00 pm PT	
Welcome & Client Encounters Introduction Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	2:00 – 2:05pm ET 11:00 – 11:05am PT
Client Encounter: Young Adult Corby Martin, PhD	2:05 – 2:30pm ET 11:05 – 11:30am PT
Client Encounter: Adult Jessica Bartfield, MD, ABOM	2:30 – 2:55pm ET 11:30am – 11:55am PT
Q&A Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	2:55 – 3:10pm ET 11:55am – 12:10pm PT
BREAK	3:10 pm – 3:20pm ET 12:10 –12:20pm PT
Client Encounter: Mid-Adult Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN	3:20 – 3:45pm ET 12:20 – 12:45pm PT
Client Encounter: Older Adult Bonnie T. Jortberg, PhD, RDN, CDCES and Kellene Isom, PhD, MS, RD, LDN, CAGS	3:45 – 4:10pm ET 12:45 – 1:10pm PT
Client Encounters – Wrap Up and Q&A Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	4:10 – 4:30pm ET 1:10 – 1:30pm PT
BREAK	4:30 – 4:40pm ET 1:30 – 1:40pm PT
Program Management and Practice Pearls Bonnie T. Jortberg, PhD, RDN, CDCES, Mara Davis MS, RD, LDN, CD-N, and Vanessa Thornton, MS, RD, CSP	4:40 – 5:30pm ET 1:40 – 2:30pm PT
Adult Weight Management Wrap Up Evaluation and Post-Assessment Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	5:30 – 6:00pm ET 2:30 – 3:00pm PT