



Certificate of Training in Obesity for Pediatrics and Adults
October 5-6, 2023
Denver, CO
Agenda

DAY 1 - October 5, 2023	
7:00-8:00am	Check-in and Breakfast
8:00-8:15am	Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS, Moderator
8:15-8:50am	Keynote: Chronic Nature of Obesity: Dan Bessesen, MD
8:50-9:00am	Q&A Dan Bessesen, MD Kellene Isom, PhD, MS, RD, LDN, CAGS
9:00-9:45am	Counseling and Behavior Management Craig Johnston, PhD
9:45-10:00am	Movement & Beverage Break
10:00-10:25am	Counseling Role Plays Craig Johnston, PhD; Mara Davis, MS, RD, LDN, CD-N; Ellen Sobota, MS, RD, LDN
10:25-10:40am	Trauma Informed Counseling Ellen Sobota, MS, RD, LDN
10:40-11:00am	Telehealth Mara Davis, MS, RD, LDN, CD-N
11:00-11:10am	Movement & Beverage Break
11:10-11:55am	Facilitators - Counseling Breakout Sessions: Craig Johnston, PhD Mara Davis, MS, RD, LDN, CD-N Vanessa Thornton, MS, RD, CSP Ellen Sobota, MS, RD, LDN Bonnie Jortberg, PhD, RDN, CD Dana Engel, MPH, RD
11:55am-1:00pm	Lunch on Own
1:00-1:05pm	Welcome Moderator: Kellene Isom, PhD, MS, RD, LDN, CAGS
1:05-2:25pm	Navigating Challenges Cindy Heiss, PhD, RD, LD, CDCES, Vanessa Thornton MS, RD, CSP, and Corby Martin, PhD
2:25-2:40pm	Movement & Beverage Break
2:40-3:55pm	Physical Activity Corby Martin, PhD
3:55-4:30pm	Health Promotion Throughout the Lifecycle Dana Engel, MPH, RD
4:30-5:00pm	Q&A/Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS

Please note that titles of some sessions may change.



Certificate of Training in Obesity for Pediatrics and Adults

DAY 2 – October 6, 2023	
7:00-8:00am	Breakfast
8:00-8:05am	Welcome Moderator: Kellene Isom, PhD, MS, RD, LDN, CAGS
8:05am-8:35am	Keynote: Fundamentals of Pediatric Obesity Vanessa Thornton, MS, RD, CSP
8:35-8:45am	Q&A Kellene Isom, PhD, MS, RD, LDN, CAGS; Vanessa Thornton, MS, RD, CSP
8:45-8:55am	Client Encounter - Across the Lifespan Case Study Introduction Vanessa Thornton, MS, RD, CSP; Dana Engel, MPH, RD
8:55-9:45am	Client Encounter - Childhood Vanessa Thornton, Dana Engel, MPH, RD
9:45-10:00am	Movement & Beverage Break
10:00-11:00am	Client Encounter - Adolescent Vanessa Thornton, MS, RD, CSP; Dana Engel, MPH, RD
11:00-11:30am	Q&A/Wrap Up Kellene Isom; PhD, MS, RD, LDN, CAGS
11:30-12:35pm	Lunch on Own
12:35-1:25pm	Client Encounter - Young Adult Corby Martin, PhD
1:25-2:20pm	Client Encounter - Adult Bonnie Jortberg, PhD, RD, CDCES
2:20-2:50pm	Client Encounter – Mid-Adult Kellene Isom, PhD, MS, RD, LDN, CAGS
2:50-3:05pm	Movement & Beverage Break
3:05-3:35pm	Client Encounter – Older Adult Bonnie Jortberg, PhD, RD, CDCES
3:35-3:50pm	Client Encounter – Across the Lifespan Case Study Q&A/Wrap Up Kellene Isom; PhD, MS, RD, LDN, CAGS
3:50-4:30pm	Program Management and Practice Pearls Bonnie Jortberg, PhD, RD, CDCES; Mara Davis, MS, RD, LDN, CD-N Vanessa Thornton, MS, RD, CSP
4:30-4:50pm	Q&A/Wrap Up Kellene Isom; PhD, MS, RD, LDN, CAGS
4:50-5:00pm	Evaluation and Post-Assessment Kellene Isom; PhD, MS, RD, LDN, CAGS

Please note that titles of some sessions may change.