

Update! Nutrition and Diet Topics definition

Content Criteria states that all continuing professional education activity types [except those described in the Exclusions List for RD/DTRs in CPE program planning] addressing diet and nutrition [related] topics must include a CDR-credentialed RD or DTR in program planning.

Effective August 9, 2023, the definition of Nutrition and Diet Topics has been updated to the following:

Topics focused on the science of food, nutrients, and other substances intended for intake or infusion; the action, interaction, and balance of food, nutrients, and other substances in relation to health and disease; and the processes by which food, nutrients, and other substances are ingested, absorbed, transported, utilized, and excreted.

Update! Content Criteria: Exclusions List for RD/DTRs in CPE program planning

Content Criteria states that all continuing professional education activity types [except those described in the Exclusions List for RD/DTRs in CPE program planning] addressing [Nutrition and Diet Topics] must include a CDR-credentialed RD or DTR in program planning. Effective August 9, 2023, the Exclusions List RD/DTRs in CPE program planning has been updated to the following:

Exclusions:

1. *Joint Accreditation Accrediting Organizations*
Activities offered by providers accredited by Joint Accreditation Accrediting Organizations (Accreditation Council for Continuing Medical Education [ACCME], Accreditation Council for Pharmacy Education [ACPE], American Nurses Credentialing Center [ANCC], American Academy of Physician Assistants [AAPA], Association of Social Work Boards [ASWB], American Dental Association's Continuing Education Recognition Program [ADA CERP], American Psychological Association [APA], Board of Certification for the Athletic Trainer [BOC], and Association of Regulatory Boards of Optometry's Council on Optometric Practitioner Education [ARBO/COPE])
2. *Joint Accreditation Accredited Providers*
CE Offered by Jointly Accredited Providers
3. *Academic Coursework (Activity Type 100)*

100 – Academic Coursework

Nutrition and dietetics-related academic coursework, including distance learning, at a university accredited by a USDE recognized accrediting agency can be awarded CPEUs based on the following list. Under the activity description in your Activity Log, indicate whether the coursework was taken during a semester, trimester, or quarter. Academic coursework that qualifies for CPE credit must be started after you have become an RD or DTR and must be completed in your current recertification cycle and the course completion date shall not extend beyond the last day of the term. For those RDs or

DTRs concluding a 5-year recertification cycle, the date of completion of academic coursework can be the date of notification of successful course completion. However, successful notice must be received by May 31 of the last year of the recertification cycle.

4. *Other organizations*

Activities offered by American Board of Medical Specialties (ABMS), American Academy of Family Physicians (AAFP), American Academy of Nurse Practitioners (AANP), American Psychiatric Association (APA), and American Public Health Association (APHA)

Update! Activity Type 140 definition

Effective August 9, 2023, the definition of Activity Type 140 (Experiential Skill Development) has been updated to the following:

Guidelines for experiential skill development activities are:

- *Content must be dietetics-related*
- *Program must include a didactic component*
- *Providers must be credentialed professionals in the subject area taught or must be an RD or RDN, or DTR or NDTR (for culinary programs, an RD or RDN, or DTR or NDTR must be involved in the planning or presentation if the activity addresses diet and nutrition topics)*

Examples of experiential skill development activities include culinary skills training (content must focus on food composition, food chemistry, alternative nutrient sources, cultural/social/economic influences, techniques to improve acceptability or compliance), physical assessment training, multi-skills training, and computer/ technology training.

Any self-study experiential skill development activity must meet requirements listed in the 700-740: Preapproved Self-Study section.

One CPEU is equivalent to 1 contact hour.