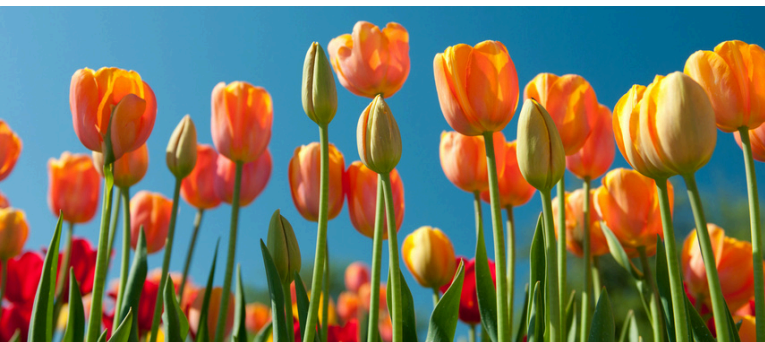


The Prior

Approver

April 2025

Volume 1, Issue 2



Welcome to *The Prior Approver*, CDR's quarterly CPE Provider newsletter. With (hopefully) warmer days ahead, CDR is excited to share fresh updates and resources in this month's issue. Inside, you'll find guidance on CPE activity audits, a first look at the new 2025 - 2030 Essential Practice Competencies, and a new, streamlined way for practitioners to log CPEUs. Plus - don't miss the chance to share your feedback in the Provider Satisfaction survey.

Meet the Prior Approval Team

What is your role within CDR? I am the Senior Manager of Prior Approval and Compliance. I assist CPE Providers with the activity application process and with reviewing activity applications. My role also includes responsibilities related to practitioner compliance and recertification.

What is a fun fact about you? I grow, harvest, and process my own horseradish!

What is your best advice to CPE Providers? Utilize the [activity application checklists](#) to gather all required documents for the activity application prior to beginning the process. Preparing the application documents in advance will allow for a smoother application process for the CPE Provider.

The Numbers

1,265

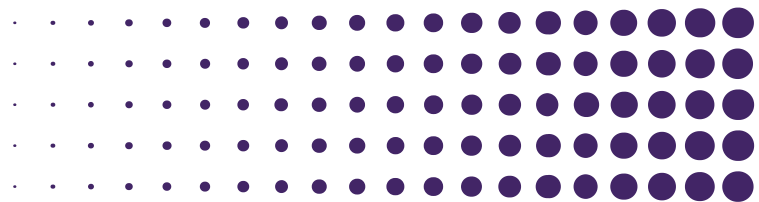
Active Accountable Contacts

750

Active CPE Providers

4,030

CPE activities approved since April 2024



Exciting Updates!

CPE Activity Audit: Check out the newly published [CPE Activity Audit Checklist](#) to find out what is required upon CPE Activity Audit.

Essential Practice Competencies: CDR has published the [2025 - 2030 Essential Practice Competencies](#). Beginning July 1, 2025, CPE activity applications will reflect updated performance indicators.

Step 3 Update: Effective July 1, 2025, practitioners will no longer select a Sphere and Competency or write an impact statement when recording an activity in the Activity Log. Instead, practitioners will reflect on the Spheres and Competencies that best describe their learning when completing the updated Step 3: Self-Assessment. Additional information can be found [here](#).

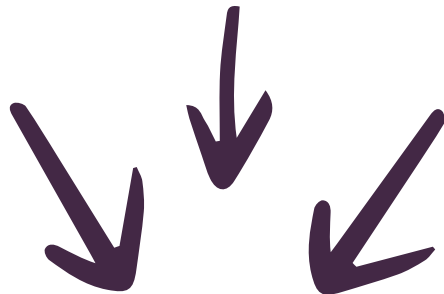


Test Your Prior Approval Knowledge

Which of the following is not required on activity application but is required on activity audit?

- a. Detailed Timing Outline
- b. Bibliography/Reference List
- c. Disclosure Forms
- d. Resumes for All Speakers, Moderators, and Developers

Check your answer below!



Answer Key

c: Disclosure forms are required on activity audit.

New Activity Type

Activity Type 141: Experiential Learning Activities

Beginning June 1, 2025, CPE Providers may submit CPE activity applications for prior approval of CPEUs for Experiential Learning Activities.

Activities may include:

- Travel with a destination central to the education
- Food or beverage tastings
- Tour of food manufacturing facilities, wineries, farms, etc.
- Culinary experiences

The maximum CPEU limit for CPE Providers is **20 CPEUs** for a single activity.

Check out the [Experiential Learning Activity Infographic](#) for additional information!



Fresh Resources!

Have thoughts about CDR's CPE Prior Approval Program that you'd like to share? Your feedback is essential in helping CDR enhance the quality of continuing professional education activities. Please consider completing the [Provider Satisfaction Survey](#).

Planning a cooking demonstration, but unsure how to include branded products and meet policy? CDR has recently created a [Culinary Demonstration Resource](#) to assist CPE Providers in understanding how to incorporate branded products into culinary nutrition demonstrations, while adhering to CDR CPE Prior Approval Policies regarding informational versus promotional content.