

**Certificate of Training in Obesity for Pediatrics and Adults Virtual Course  
December 2023 Agenda with Facilitators**



<b>Day 1 – Thursday, November 30, 2023</b> 2:00 pm – 6:00 pm ET 11:00 am – 3:00 pm PT	
<b>Welcome</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	2:00 – 2:15pm ET 11:00 – 11:15am PT
<b>Chronic Nature of Obesity</b> Dan Bessesen, MD	2:15 – 2:50pm ET 11:15 – 11:50am PT
<b>Q&amp;A</b> Dan Bessesen, MD Kellene Isom, PhD, MS, RD, LDN, CAGS	2:50 – 3:00pm ET 11:50 – 12:00pm PT
<b>Counseling and Behavior Management</b> Craig Johnson, PhD, and Mara Davis, MS, RD, LDN, CD-N	3:00 pm – 4:00pm ET 12:00 – 1:00pm PT
BREAK	4:00 – 4:15pm ET 1:00 – 1:15pm PT
<b>Counseling and Behavior Management Roles Plays</b> Craig Johnson, PhD; Mara Davis, MS, RD, LDN, CD-N; and Kathy Isoldi, PhD, RD	4:15 – 5:00pm ET 1:15 – 2:00pm PT
<b>Delivering Trauma Informed Counseling</b> Julie Feldman, MPH, RD	5:00 – 5:25pm ET 2:00 – 2:25pm PT
<b>Telehealth for Effective Weight Management</b> Laura Andromalos, MS, RD, RN, CSOWM, CDCES	5:25 – 5:45pm ET 2:25 – 2:45pm PT
<b>Q&amp;A and Wrap Up</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	5:45 – 6:00pm ET 2:45 – 3:00pm PT

<b>Day 2 – Friday, December 1, 2023</b> 2:00 pm – 6:00 pm ET 11:00 am – 3:00 pm PT	
<b>Welcome and Overview</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	2:00 – 2:05pm ET 11:00 – 11:05pm PT
<b>Navigating Challenges</b> Health Literacy, Weight Bias, Teaching Strategies (Families, Children, Bullying) Cindy Heiss, PhD, RD, LD, CDCES and Toni Toledo, MPH, RDN	2:05 – 2:55pm ET 11:05 – 11:55pm PT
BREAK	2:55 – 3:10pm ET 11:55am – 12:10pm ET
<b>Navigating Challenges II</b> Fad Diets; Self-Directed Diets Children; Critical Thinking; Health at Every Size; Q & A Cindy Heiss, PhD, RD, LD, CDCES; Toni Toledo, MPH, RDN; and Michelle Horan, RDN, LD	3:10 – 4:10pm ET 12:10 – 1:10pm PT
BREAK	4:10 – 4:20pm ET 1:10 – 1:20pm PT
<b>Physical Activity: Pediatric and Adult</b> Corby Martin, PhD and Dana Engel, MPH, RD	4:20 – 5:30pm ET 1:20 – 2:30pm PT
<b>Core Content Practice Pearls and Wrap Up</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	5:30 – 6:00pm ET 2:30 – 3:00pm PT

<b>Day 3 – Thursday, December 7, 2023</b> 2:00 pm – 6:00 pm ET 11:00 am– 3:00 pm PT	
<b>Welcome</b> Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	2:00 – 2:05pm ET 11:00 – 11:05pm PT
<b>Fundamentals of Pediatric Obesity</b> Fatima Cody Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS	2:05 – 2:55pm ET 11:05 – 11:55pm PT
<b>Q&amp; A</b> Fatima Cody Stanford, MD, MPH, MPA, MBA FAAP, FACP, FAHA, FAMWA, FTOS Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	2:55 – 3:05pm ET 11:55 – 12:05pm PT
<b>Client Encounter - Across the Lifespan Case Study Introduction</b> Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	3:05 – 3:10pm ET 12:05 – 12:10pm PT
<b>Client Encounter – Pregnancy and Toddlerhood</b> Michelle Horan, RDN, LD and Vanessa Thornton, MS, RD, CSP	3:10-3:50pm ET 12:10-12:50pm PT
BREAK	3:50 – 4:00pm ET 12:50 – 1:00pm PT
<b>Client Encounter – Childhood and Adolescent</b> Michelle Horan, RDN, LD and Vanessa Thornton, MS RD, CSP	4:00 – 4:55pm ET 1:00 – 1:55pm PT
<b>Pediatric and Adolescent Wrap Up</b> Linda Gigliotti, MS, RD CSOWM, CDCES, FAND	4:55– 5:05pm ET 1:55 – 2:05pm PT
<b>BREAK</b>	5:05-5:15pm ET 2:05-2:15pm ET
<b>Health Promotion Throughout the Lifecycle</b> Dana Engel, MPH, RD	5:15 – 5:50pm ET 2:15 – 2:50pm PT
Wrap Up Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	5:50 – 6:00pm ET 2:50 – 3:00pm PT

<b>Day 4 – Friday, December 8, 2023</b> 2:00 pm – 6:00 pm ET 11:00 am – 3:00 pm PT	
<b>Welcome &amp; Client Encounter Introduction</b> Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	2:00 – 2:05pm ET 11:00 – 11:05am PT
<b>Client Encounter: Young Adult</b> Corby Martin, PhD	2:05 – 2:30pm ET 11:05am– 11:30am PT
<b>Client Encounter: Adult</b> Jessica Bartfield, MD, ABOM	2:30 – 2:55pm ET 11:30 – 11:55am PT
Q&A Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	2:55 – 3:10pm ET 11:55 – 12:10pm PT
BREAK	3:10 -3:20pm ET 12-10-12:20pm PT
<b>Client Encounter: Mid-Adult</b> Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN	3:20 – 3:45pm ET 12:20 –12:45pm PT
<b>Client Encounter: Older Adult</b> Bonnie T. Jortberg, PhD, RDN, CDCES and Kellene Isom, PhD, MS, RD, LDN, CAGS	3:45 – 4:10pm ET 12:45 – 1:10pm PT
<b>Client Encounters – Wrap Up and Q&amp;A</b> Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	4:10 – 4:30pm ET 1:10 – 1:30pm PT
BREAK	4:30 – 4:40pm ET 1:30 – 1:40pm PT
<b>Program Management and Practice Pearls</b> Bonnie T. Jortberg, PhD, RDN, CDCES, Mara Davis MS, RD, LDN, CD-N, and Vanessa Thornton, RD, CSP	4:40 – 5:30pm ET 1:40 – 2:30pm PT
<b>Adult Weight Management Wrap Up</b> Evaluation and Post-Assessment Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	5:30 – 6:00pm ET 2:30 – 3:00pm PT