You may enter your Learning Plan on the CDR website at www.cdrnet.org

Please print in capital letters using a black pen.

STEP 3 - LEARNING PLAN

Registration No:

Last:

First Name:

Middle Initial:

CDR Credential: (select only one) ○ **RD** or ○ **DTR**

○ This is the **FIRST** Learning Plan for this recertification cycle, OR

○ This is a **REPLACEMENT** of a Learning Plan submitted earlier
(You must submit a complete Learning Plan. The plan you submit now will replace, not add to the Learning Plan you submitted earlier)

This is for my 5-year cycle starting:

Daytime Telephone:

Professional Development Portfolio

Mail this form to CDR or enter this information on the CDR website at www.cdrnet.org. **If you enter the information on the website, do not mail this form to CDR.**
Keep a copy for your records for 1 year beyond the end of your recertification cycle. See *Professional Development Portfolio Guide* for specific requirements.

APPROVED TYPES OF CONTINUING PROFESSIONAL EDUCATION (CPE) ACTIVITIES:

Darken circles corresponding to the types of activities you plan to use to meet your learning needs. You may use any of these, even if you do not select them at this time. A summary of this information will be shared with CPE providers.

○ 100 Academic Coursework
○ 110 Case Presentations
○ 120 Certificate Program
○ 130 Exhibits
○ 140 Experiential Skill Development
○ 150 Interactive Workshops
○ 160 Journal Clubs

○ 170 Lectures, Seminars
○ 180 Posters
○ 190 Professional Leadership
○ 200 Professional Reading
○ 205 Research
○ 210 Residency & Fellowship Programs
○ 220 Sponsored Independent Learning
○ 230 Study Groups

Certification
○ 335 CDR -CSG
○ 337 CDR -CSO
○ 340 CDR -CSP
○ 380 CDR -CSR
○ 385 CDR -CSSD

Other (See Guide for Code)

Pre-approved Self-study
○ 700 Audio-based
○ 710 Computer-based
○ 720 Printed
○ 730 Video-based
○ 740 Web-based

-In this step you develop a Learning Plan to meet your goals.
--Use the goals from the Professional Self-Reflection Worksheet, and the Learning Need Codes from the Learning Needs Assessment Worksheet to finish this form.

-It is recommended that you submit this Learning Plan by June 1 at the beginning of your recertification cycle.
--However, you must complete and submit this form to CDR no later than 120 days after the first CPE learning activity recorded on your log in this recertification cycle, and no later than May 31 of the last year in your recertification cycle.

-You must have a Learning Plan verified by CDR to receive credit for your CPE activities.
--You will probably list more, but you must indicate at least one goal and at least one learning need on your Learning Plan.

1. **Record your goal number in the box provided, and your goal on the line provided.**
2. **Print learning needs that will support that goal on the lines provided.**
3. **For each learning need, print the Learning Need Code in the boxes provided with a black pen.**

Date of this Submission:

Total # of Pages Submitted:

Enter this information online at www.cdrnet.org OR

Mail this original form to CDR at: 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606.
Questions? Email CDR at redesign@eatright.org. or call CDR at 1-800-877-1600, ext. 5500.

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Revised 10/24/07

Registration No:

Last Name:

STEP 3 - LEARNING PLAN

Goal #:

Print Learning Need

Learning Need Code:

Print Learning Need

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Registration No:

Last Name:

STEP 3 - LEARNING PLAN

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Registration No:

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STEP 3 - LEARNING PLAN

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