



Certificate of Training in Obesity in Adults Virtual Course
January 26, 27, 29, 2021
Afternoon Virtual Course

Day 1 - Opening and Core Content	Tuesday, January 26, 2021 2:00 – 6:00 pm ET 11:00 am – 3:00 pm PT
Welcome Virtual ground rules Requirements and participation expectations Interactive Games Kellene Isom, PhD, MS, RD, LDN	2:00 – 2:30 pm ET 11:00 – 11:30 am PT
The Obesity World RD Role; Ted Kyle's video; Q & A Kellene A. Isom, PhD, MS, RD, LDN	2:30 – 3:00 pm ET 11:30 am – 12:00 noon PT
BREAK	
Counseling and Behavior Management Craig Johnston, PhD and Kathy Isoldi, PhD, RD (role play); Q & A	3:15 – 4:45 pm ET 12:15 – 1:45 pm PT
BREAK	
Counseling and Behavior Management Craig Johnston, PhD Activity and Breakout? Q & A Daily Reflection and Practice Pearls	5:00 – 6:00 pm ET 2:00 – 3:00 pm PT

Day 2 - Core Content	Wednesday, January 27, 2021 2:00 – 6:00 pm ET 11:00 am – 3:00 pm PT
Welcome Overview Linda Gigliotti, MS, RD, CDE	2:00 – 2:15 pm ET 11:00 – 11:15 am PT
Navigating Challenges: Health Literacy, Weight Bias, Teaching Strategies (families, children, bullying) Laura Andromalos, MS, RD, CSOWM, CDE and Maren Wolff, PhD, RDN, LD	2:15 – 3:15 pm ET 11:15 am – 12:15 pm PT
BREAK	
Navigating Challenges II: Fad Diets, Self-directed diets children, Critical Thinking; Q & A Laura Andromalos, MS, RD, CSOWM, CDE, Corby Martin, PhD and Vanessa Thornton, RD, CSP	3:30 – 4:15 pm ET 12:30 – 1:15 pm PT
BREAK	
Physical Activity: Pediatric and Adult Adult Tara WL Case #1 and Pediatric Case #3 Debbie Kibbe, MS, PHR and Corby Martin, PhD	4:30 – 5:30 pm ET 1:30 – 2:30 am PT
Core Content Practice Pearls and Wrap up Linda Gigliotti, MS, RD, CDE	5:30 – 6:00 pm ET 2:30 – 3:00 pm PT



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Day 3 – Adult Obesity	Friday, January 29, 2021 2:00 – 7:00 pm ET 11:00 am – 4pm PT
Welcome Kellene Isom, PhD, MS, RD, LDN	2:00 – 2:15 pm ET 11:00 – 11:15 am PT
Chronic Nature of Obesity Dan Bessesen, MD	2:15 - 2:45 pm ET 11:15 – 11:45 am PT
Obesity Interventions: Case 2 Corby Martin, PhD	2:45 – 3:15 pm 11:45 am – 12:15 pm PT
BREAK	
Obesity Interventions: Cases Case 3 – Jessica Bartfield, MD and Ellen Fisher, MS, RD, LDN Case 4 – Laura Andromalos, MS, RD, CSOWM, CDE Case 5 – Cindy Heiss, PhD, RD	3:30 – 5:00 pm ET 12:30 – 2:00 pm PT
BREAK	
Adult Program Management and Practice Pearls Bonnie Jortberg, PhD, RD, Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN, Ellen Fisher MS, RD, LDN, and Julie Feldman, MPH, RD	5:15 – 6:15 pm ET 2:15 – 3:15 pm PT
Adult Weight Management Wrap Up Evaluation and Post-assessment Kellene Isom, PhD, MS, RD, LDN	6:15 – 7:00 pm ET 3:15 – 4:00 pm PT