



**Certificate of Training in Obesity for Adults Virtual Course
January 26-29, 2021**

Day 1 - Opening and Core Content	Tuesday, January 26, 2021 2:00 – 6:00 pm ET 11:00 am – 3:00 pm PT
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	2:00 – 2:15 pm ET 11:00 – 11:15 am PT
Chronic Nature of Obesity Dan Bessesen, MD	2:15 – 2:50 pm ET 11:15 – 11:50 am PT
Q&A Kellene Isom, PhD, MS, RD, LDN, CAGS	2:50 – 3:00 pm ET 11:50 am – 12:00 noon PT
Counseling and Behavior Management Craig Johnston, PhD and Kathy Isoldi, PhD, RD	3:00 – 4:00 pm ET 12:00 – 1:00 pm PT
BREAK	4:00 – 4:15 pm ET 1:00 – 1:15 pm PT
Counseling and Behavior Management Roles Plays Craig Johnston, PhD, Kathy Isoldi, PhD, RD, and Julie Feldman, MPH, RD	4:15 – 5:00 pm ET 1:15 – 2:00 pm PT
Delivering Trauma Informed Counseling Julie Feldman, MPH, RD	5:00 – 5:20 pm ET 2:00 – 2:20 pm PT
Telehealth for Effective Weight Management Julie Feldman, MPH, RD	5:20 – 5:35 pm ET 2:20 – 2:35 pm PT
Q&A and Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	5:35 – 6:00 pm ET 2:35 – 3:00 pm PT

Day 2 - Core Content	Wednesday, January 27, 2021 2:00 – 6:00 pm ET 11:00 am – 3:00 pm PT
Welcome and Overview Linda Gigliotti, MS, RD, CSOWM, CDCES	2:00 – 2:05 pm ET 11:00 -11:05 am PT
Navigating Challenges Health Literacy, Weight Bias, Teaching Strategies (Families, Children, Bullying) Laura Andromalos, MS, RD, CSOWM, CDCES and Maren Wolff, PhD, RDN, LD	2:05 – 2:55 pm ET 11:05 – 11:55 am PT
BREAK	2:55 – 3:10 pm ET 11:55 – 12:10 pm PT
Navigating Challenges II: Fad Diets, Self-directed diets children, Critical Thinking; Q & A Laura Andromalos, MS, RD, CSOWM, CDCES, Corby Martin, PhD and Vanessa Thornton, RD, CSP	3:10 – 4:10 pm ET 12:10 – 1:10 pm PT
BREAK	4:10 – 4:20 pm ET 1:10 – 1:20 pm PT
Physical Activity: Pediatric and Adult Debbie Kibbe, MS, PHR and Corby Martin, PhD	4:20 – 5:10 pm ET 1:20 – 2:10 pm PT
Physical Activity Case Study Corby Martin, PhD	5:10 – 5:30 pm ET 2:10 – 2:30 pm PT
Core Content Practice Pearls and Wrap up Linda Gigliotti, MS, RD, CSOWM, CDCES	5:30 – 6:00 pm ET 2:30 – 3:00 pm PT

Day 3 – Adult Obesity	Friday, January 29, 2021 2:00 – 7:00 pm ET 11:00 am – 4pm PT
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	2:00 – 2:10 pm ET 11:00 – 11:10 PT
Leading the Way How You Can Bring Progress to Obesity Care Ted Kyle, RPh, MBA Q & A - Kellene A. Isom, PhD, MS, RD, LDN	2:10 - 2:40 pm ET 11:10 – 11:40 pm PT
Obesity Interventions for Adults - Client Encounters Introduction Kellene Isom, PhD, MS, RD, LDN	2:40 – 2:50 pm ET 11:40 – 11:50 am ET
Obesity Interventions for Adults Client Encounter: Young Adult - Corby Martin, PhD	2:50 – 3:20 pm ET 11:50 am – 12:20 PT
BREAK	3:20 – 3:30 pm ET 12:20 – 3:30 pm PT
Obesity Interventions for Adults Client Encounter: Adult - Jessica Bartfield, MD, ABOM and Ellen Fisher MS, RD, LDN Client Encounter: Mid-Adult - Laura Andromalos, MS, RD, CSOWM, CDCES Client Encounter: Older Adult - Cindy Heiss, PhD, RD, LD, CDCES and Linda Gigliotti, MS, RD, CSOWM, CDCES	3:30 –4:00 pm ET 12:30 – 1:00 pm PT 4:00 – 4:30 pm ET 1:00 – 1:30 pm PT 4:30 – 5:00 pm ET 1:30 – 2:00 pm PT
Client Encounters – Wrap Up and Q&A Kellene Isom, PhD, MS, RD, LDN, CAGS	5:00 – 5:20 pm ET 2:00 – 2:20 pm PT
BREAK	5:20 – 5:30 pm ET 2:20 – 2:30 pm PT
Adult Program Management and Practice Pearls Bonnie Jortberg, PhD, RD, CDCES, Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN, Ellen Fisher MS, RD, LDN, and Julie Feldman, MPH, RD	5:30 – 6:30 pm ET 2:30 – 3:30 pm PT
Adult Weight Management Wrap Up Evaluation and Post-assessment Kellene Isom, PhD, MS, RD, LDN, CAGS	6:30 – 7:00 pm ET 3:30 – 4:00 pm PT