



**Certificate of Training in Obesity for Pediatrics and Adults Virtual Course
April 26, April 27, May 3, May 4**

Day 1 – Tuesday, April 26, 2022 1:00pm – 5:00pm ET 10:00am – 2:00pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	1:00 – 1:15pm ET 10:00 – 10:15am PT
Chronic Nature of Obesity Jessica Bartfield, MD, ABOM	1:15 – 1:50pm ET 10:15 – 10:50am PT
Q&A Jessica Bartfield, MD, ABOM Kellene Isom, PhD, MS, RD, LDN, CAGS	1:50 – 2:00pm ET 10:50 – 11:00am PT
Counseling and Behavior Management Craig Johnston, PhD and Mara M. Davis, MS, RD, LDN, CD-N	2:00 – 3:00pm ET 11:00 – 12:00pm PT
BREAK	3:00 – 3:15pm ET 12:00 – 12:15pm PT
Counseling and Behavior Management Role Plays Craig Johnston, PhD, Mara M. Davis, MS, RD, LDN, CD-N, and Julie Feldman, MPH, RD	3:15 – 4:00pm ET 12:15 – 1:00pm PT
Delivering Trauma Informed Counseling Julie Feldman, MPH, RD	4:00 – 4:25pm ET 1:00 – 1:25pm PT
Telehealth for Effective Weight Management Laura Andromalos, MS, RD, CSOWM, CDCES	4:25 – 4:45pm ET 1:25 – 1:45pm PT
Q&A and Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	4:45 – 5:00pm ET 1:45 – 2:00pm PT
Day 2 – Wednesday, April 27, 2022 1:00pm – 5:00pm ET 10:00am – 2:00pm PT	
Welcome and Overview Kellene Isom, PhD, MS, RD, LDN, CAGS	1:00 – 1:05pm ET 10:00 – 10:05am PT
Navigating Challenges <i>Health Literacy, Weight Bias, Teaching Strategies (Families, Children, Bullying)</i> Cindy Heiss, PhD, RD, LD, CDCES and Maren Wolff, PhD, RDN, LD	1:05 – 1:55pm ET 10:05 – 10:55am PT
BREAK	1:55 – 2:10pm ET 10:55 – 11:10am ET
Navigating Challenges II <i>Fad Diets; Self-Directed Diets Children; Critical Thinking; Health at Every Size; Q & A</i> Maren Wolff, PhD, RDN, LD, Toni Toledo, MPH, RDN, and Cindy Heiss, PhD, RD, LD, CDCES	2:10 – 3:10pm ET 11:10 – 12:10pm PT
BREAK	3:10 – 3:20pm ET 12:10 – 12:20pm PT
Physical Activity: Pediatric and Adult Corby Martin, PhD and Maren Wolff, PhD, RDN, LD	3:20 – 4:30pm ET 12:20 – 1:30pm PT
Core Content Practice Pearls and Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	4:30 – 5:00pm ET 1:30 – 2:00pm PT

Day 3 – Tuesday, May 3, 2022 1:00pm – 5:00pm ET 10:00am – 2:00pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	1:00 – 1:05pm ET 10:00 – 10:05am PT
Fundamentals of Pediatric Obesity Fatima Cody Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS	1:05 – 1:45pm ET 10:05 – 10:45am PT
Q&A Fatima Cody Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS Kellene Isom, PhD, MS, RD, LDN, CAGS	1:45 – 1:55pm ET 10:45 – 10:55am PT
Obesity Interventions through Childhood - Introduction and Prevention Scenario Maren Wolff, PhD, RDN, LD and Dana E. Gerstein, MPH, RD	1:55 – 2:30pm ET 10:55 – 11:30am PT
BREAK	2:30 – 2:45pm ET 11:30 – 11:45am PT
Obesity Interventions through Childhood First 1,000 Days and Pharmacotherapy/Bariatric Surgery Scenarios Maren Wolff, PhD, RDN, LD and Vanessa Thornton, RD, CSP	2:45 – 4:00pm ET 11:45 – 1:00pm PT
BREAK	4:00 – 4:05pm ET 1:00 – 1:05pm PT
Pediatric and Adolescent Program Management and Practice Pearls Vanessa Thornton, RD, CSP, Dana E. Gerstein, MPH, RD, and Michelle Horan, RD, LD and	4:05 – 4:50pm ET 1:05 – 1:50pm PT
Pediatric and Adolescent Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	4:50 – 4:00pm ET 1:50 – 2:00pm PT

Day 4 – Wednesday, May 4, 2022 1:00pm – 5:00pm ET 10:00am – 2:00pm PT	
Welcome Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	1:00 – 1:10pm ET 10:00 – 10:10am PT
Obesity Interventions for Adults – Client Encounters Introduction Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	1:10 – 1:20pm ET 10:10 – 10:20am PT
Client Encounter: Young Adult Corby Martin, PhD	1:20 – 1:45pm ET 10:20 – 10:45am PT
Client Encounter: Adult Jessica Bartfield, MD, ABOM and Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN	1:45 – 2:10pm ET 10:45 – 11:10am PT
BREAK	2:10 – 2:20pm ET 11:10 – 11:20am PT
Client Encounter: Mid-Adult Kellene Isom, PhD, MS, RD, LDN, CAGS	2:20 – 2:45pm ET 11:20 – 11:45am PT
Client Encounter: Older Adult Cindy Heiss, PhD, RD, LD, CDCES and Kellene Isom, PhD, MS, RD, LDN, CAGS	2:45 – 3:10pm ET 11:45 – 12:10pm PT
Client Encounters – Wrap Up and Q&A Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	3:10 – 3:30pm ET 12:10 – 12:30pm PT
BREAK	3:30 – 3:40pm ET 12:30 – 12:40pm PT
Adult Program Management and Practice Pearls Ellen Sobota, MS, RD, LDN, Mara M. Davis, MS, RD, LDN, CD-N and Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN	3:40 – 4:30pm ET 12:40 – 1:30pm PT
Adult Weight Management Wrap Up Evaluation and Post-Assessment Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	4:30 – 5:00pm ET 1:30 – 2:00pm PT