Registration No: 111111

Last: Salah
First Name: Aimee

CDR Credential: (select only one) ☐ RD or ☐ DTR

☐ This is the FIRST Learning Plan for this recertification cycle, OR
☐ This is a REPLACEMENT of a Learning Plan submitted earlier
(You must submit a complete Learning Plan. The plan you submit now will replace, not add to the Learning Plan you submitted earlier)

Middle Initial: P

This is for my 5-year cycle starting:
0 1 2 3 4 5 6 7 8 9

Daytime Telephone: 222-2222

Mail this form to CDR or enter this information on the CDR website at www.cdrnet.org. If you enter the information on the website, do not mail this form to CDR. Keep a copy for your records for 1 year beyond the end of your recertification cycle. See Professional Development Portfolio Guide for specific requirements.

APPROVED TYPES OF CONTINUING PROFESSIONAL EDUCATION (CPE) ACTIVITIES:

Darken circles corresponding to the types of activities you plan to use to meet your learning needs. You may use any of these, even if you do not select them at this time. A summary of this information will be shared with CPE providers.

☐ 100 Academic Coursework
☐ 110 Case Presentations
☐ 120 Certificate Program
☐ 130 Exhibits
☐ 140 Experiential Skill Development
☐ 150 Interactive Workshops
☐ 160 Journal Clubs

☐ 170 Lectures, Seminars
☐ 180 Posters
☐ 190 Professional Leadership
☐ 200 Professional Reading
☐ 205 Research
☐ 210 Residency & Fellowship Programs
☐ 220 Sponsored Independent Learning
☐ 230 Study Groups

Certification
☐ 335 CDR - CSG
☐ 337 CDR - CSO
☐ 340 CDR - CSP
☐ 380 CDR - CSR
☐ 385 CDR - CSSD

Pre-approved Self-study
☐ 700 Audio-based
☐ 710 Computer-based
☐ 720 Printed
☐ 730 Video-based
☐ 740 Web-based

☐ Other (See Guide for Code)

Date of this Submission: 08/16/12

Total # of Pages Submitted: 04

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**STEP 3 - LEARNING PLAN**

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<tr>
<th>Registration No:</th>
<th>Last Name:</th>
<th>Goal #:</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>11111111</td>
<td>SalJaw</td>
<td>01</td>
<td>Be comfortable using Internet to do research</td>
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<table>
<thead>
<tr>
<th>Computer, Electronic, Technology</th>
<th>Research and Grants</th>
<th>Print Learning Need Code:</th>
<th>1020</th>
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<tr>
<th>Goal #:</th>
<th>Improve Knowledge of diabetes</th>
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<tr>
<th>MNT</th>
<th>Diabetes mellitus</th>
<th>Print Learning Need Code:</th>
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<th>Goal #:</th>
<th>Learn business software applications</th>
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<table>
<thead>
<tr>
<th>Professional Skills</th>
<th>Computer, Electronic, Technology, Business, Management</th>
<th>Business plan development</th>
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<tr>
<td>Learning Need Code:</td>
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<td>1020</td>
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### Registration No: 111111

### Last Name: Salaw

**Goal #: 04** Build reputation of private practice because of superior **Counseling skills**.

<table>
<thead>
<tr>
<th>Consultation</th>
<th>Entrepreneurship &amp; Private Practice</th>
<th>Counseling, Therapy</th>
<th>Education, training</th>
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<tbody>
<tr>
<td>Print Learning Need</td>
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**Goal #: 05** Position myself as a media expert.

<table>
<thead>
<tr>
<th>Media Skills</th>
<th>Ethics</th>
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<th>Print Learning Need</th>
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<td>Print Learning Need</td>
<td>Learning Need Code: 1090</td>
<td>Learning Need Code: 1050</td>
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**Goal #: 06** Co-author article in Journal of the Academy of Nutrition & Dietetics or national magazine.

<table>
<thead>
<tr>
<th>Written Communication</th>
<th>Evaluation &amp; Application</th>
<th>Publication, Communication, Data Analysis, Statistics</th>
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<tbody>
<tr>
<td>Print Learning Need</td>
<td>Print Learning Need</td>
<td>Print Learning Need</td>
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<tr>
<td>Skills, Publishing</td>
<td>Research</td>
<td>Outcomes</td>
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<td>Learning Need Code: 0050</td>
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<table>
<thead>
<tr>
<th>Registration No:</th>
<th>Last Name: Salan</th>
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</table>

**Goal #: 01**

**Research & Grants**
- Print Learning Need
  - Learning Need Code: 0000

**Professional Skills**
- Print Learning Need
  - Learning Need Code: 1000

**STEP 3 - LEARNING PLAN**

**Goal #: 07**

**Speak at a national meeting**

**Goal #: **

**Goal #: **

---

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Revised 10/24/07