

Board Certified Specialist in Gerontological Nutrition (CSG)



**Board Certified  
Specialist in  
Gerontological  
Nutrition Examination**

*Handbook for Candidates*

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## **INTRODUCTION**

Specialist board certification for registered dietitians is offered by the Commission on Dietetic Registration (CDR), the credentialing agency for the Academy of Nutrition and Dietetics in the areas of gerontological nutrition, oncology nutrition, pediatric nutrition, renal nutrition, sports dietetics as well as an interdisciplinary certification in obesity and weight management. CDR specialist board certification is granted in recognition of the applicant’s documented practice experience and successful completion of a computerized examination in the specialty area. There are two examination windows for the Board Certification Specialist in Gerontological Nutrition—one in February and one in July. The examination consists of 150 multiple-choice questions. Candidates will have 3 hours to complete the exam. It is essential that you keep this Candidate Handbook readily available for reference until you have successfully completed the examination. You are responsible for knowing its contents.

## **TESTING AGENCY**

AMP, a PSI business, (PSI/AMP) is currently the professional testing agency retained by CDR to assist in the development, administration, scoring, and analysis of this specialty examination. PSI/AMP is a research and test development company that specializes in conducting professional competency assessment research and providing examination services through its nationwide network of test centers and has worked with a number of health practitioner credentialing programs.

## **STATEMENT OF NONDISCRIMINATION**

CDR and PSI/AMP do not discriminate among candidates on the basis of race, color, creed, gender, religion, national origin, disability or marital status.

## **CONFIDENTIALITY**

Information about candidates for testing and their examination results are considered confidential. Test question drafts and other materials used to create examination questions (except for test content outlines or reference lists) are secure and confidential. All such materials shall be kept in secure, locked storage, accessible only by authorized personnel, and not disclosed to or shared with others. All questions written and materials developed for questions are considered a “work for hire,” and remain the property of CDR. Question writers are not allowed to conduct “review courses” or other programs designed to prepare candidates to take a CDR Specialty examination. Studies and reports concerning candidates will contain no information identifiable with any candidate, unless authorized by the candidate.

## **EXAMINATION APPOINTMENTS**

After you have received notification of your eligibility from CDR, and about one month before the examination dates, you may schedule an examination appointment by one of the following methods. Be prepared to confirm a date and location for testing and to provide your unique identification number, which was sent in your eligibility email.

### **1. Schedule Online:**

Follow these steps:

- Go to [www.goAMP.com](http://www.goAMP.com)
- Select “Candidates”
- Select “Category”- “Healthcare”
- Select “Program”- “Commission on Dietetic Registration”
- Select “Examination” – “Specialist in Gerontological Nutrition Examination”
- Click On “Register for this Exam”

- If you have never used PSI/AMP's online system before, you will have to register as a new user by clicking on "New user?"
- After scheduling your examination appointment online, you will receive an email confirmation.

2. Telephone Scheduling: Call PSI/AMP at 888-519-9901 to schedule an examination appointment. This toll-free number is answered from 7:00 a.m. to 9:00 p.m. (Central Time) Monday through Thursday, 7:00 a.m. to 7:00 p.m. on Friday and 8:30 a.m. to 5:00 p.m. on Saturday. You will not receive an email confirmation if you schedule by phone.

If special accommodations are requested, please submit the two-page Request for Special Examination Accommodations form included at the end of the Handbook, prior to contacting PSI/AMP.

The examinations are administered by appointment only Monday through Saturday at various times based on location. Individuals are scheduled on a first-come, first-served basis.

When the appointment is made, the applicant will be sent an email providing the time to report to the Test Center. The applicant will only be allowed to take the examination for which the appointment has been made. No changes in examination type will be made at the Test Center. UNSCHEDULED CANDIDATES (WALK-INS) WILL NOT BE ADMITTED to the Test Center.

## HOLIDAYS

The examinations are not offered on the following holidays:

- New Year's Day
- Martin Luther King Jr. Day
- Memorial Day
- Independence Day (July 4)
- Labor Day
- Thanksgiving Day (and the following Friday)
- Christmas Eve Day
- Christmas Day

## TEST CENTER LOCATIONS

Examinations are administered by computer at approximately 300 Test Centers geographically distributed throughout the United States. Test Center locations and detailed maps are available on the PSI/AMP website, [www.goAMP.com](http://www.goAMP.com). Specific address information will be provided once an appointment has been scheduled.

## SPECIAL ARRANGEMENTS FOR CANDIDATES WITH DISABILITIES

PSI/AMP complies with the Americans with Disabilities Act and strives to ensure that no individual with a disability is deprived of the opportunity to take the examination solely by reason of that disability. PSI/AMP will provide reasonable accommodations for candidates with disabilities. Candidates requesting special accommodations must call PSI/AMP at 1-888-519-9901 to schedule their examination.

Wheelchair access is available at all established Test Centers. Candidates must advise PSI/AMP at the time of scheduling that wheelchair access is necessary.

Candidates with visual, sensory or physical disabilities that would prevent them from taking the examination under standard conditions may request special accommodations and arrangements.

Verification of the disability and a statement of the specific type of assistance needed must be made in writing to CDR using the form at the end of the Candidate Handbook, at least 45 calendar days prior to your desired examination date. Please inform PSI/AMP of your need for special accommodations when scheduling your examination appointment.

## RESCHEDULING OR CANCELING AN EXAMINATION APPOINTMENT

A candidate may reschedule an examination appointment during the current testing window one time, at no charge by calling PSI/AMP at 1-888-519-9901 at least two business days prior to the scheduled testing session. (Chart to follow.)

If your examination is scheduled on...	You must call PSI/AMP by 3:00 p.m. Central Time to change your appointment by the previous...
Monday	Wednesday
Tuesday	Thursday
Wednesday	Friday
Thursday	Monday
Friday/Saturday	Tuesday

A candidate who does not schedule his/her examination appointment during the current test administration window may have their application and examination fee transferred to the next test administration window free of charge by contacting CDR at (800) 877-1600, exts. 4816, 4705, or 4718 or [specialists@eatright.org](mailto:specialists@eatright.org). Candidate's eligibility and examination fee will only extend one test administration window. A new application and examination fee will need to be submitted if the candidate does not take an examination after transferring once to the next test administration window.

A candidate who does not schedule his/her examination appointment after confirmation of eligibility may request a full refund if they do not wish to test during the current or subsequent test administration window. Requests for refunds must be made in writing and mailed, faxed or e-mailed to CDR. If the candidate wishes to take the examination again, a new application and examination fee will need to be submitted.

A candidate who wishes to reschedule his/her examination appointment, but fails to contact PSI/AMP at least two business days prior to the scheduled testing session will be required to pay a \$85 fee to reschedule the examination. *The fee applies even if the candidate waits until the next testing window to reschedule their appointment.* In order to reschedule your appointment, you will need to contact CDR at (800) 877-1600, ext. 4816, 4705, or 4718 or [specialists@eatright.org](mailto:specialists@eatright.org).

Note that your examination eligibility expires after the next test administration window.

### **INCLEMENT WEATHER, POWER FAILURE OR EMERGENCY**

In the event of inclement weather or unforeseen emergencies on the day of an examination, PSI/AMP will determine whether circumstances warrant the cancellation, and subsequent rescheduling, of an examination. The examination will usually not be rescheduled if the Test Center personnel are able to open the Test Center.

Candidates may visit PSI/AMP's website at [www.goAMP.com](http://www.goAMP.com) prior to the examination to determine if PSI/AMP has been advised that any Test Centers are closed. Every attempt is made to administer the examination as scheduled; however, should an examination be canceled at a Test Center, all scheduled candidates will receive notification regarding rescheduling or reapplication procedures.

If power to a Test Center is temporarily interrupted during a test administration, your examination will be restarted. The responses provided up to the point of interruption will be intact.

### **EXAMINATION CONTENT**

The examination consists of 150 multiple-choice questions (135 scored questions and 15 pretest questions), and is constructed using approximately the number of items indicated in the Content Outline. Pretesting is done to see how well items perform before they are used in the scored portion of the examination. The pretest questions cannot be distinguished from those that will be scored, so it is important that you answer all questions to the best of your ability. Candidates will have to choose the one best answer from either three or four options provided. Candidates will have 3 hours to complete the examination.

## **COPYRIGHTED EXAMINATION QUESTIONS**

All examination questions are the copyrighted property of CDR. It is forbidden under federal copyright law to copy, reproduce, record, distribute or display these examination questions by any means, in whole or in part. Doing so may subject you to severe civil and criminal penalties.

## **ON THE DAY OF YOUR EXAMINATION**

On the day of your examination appointment, report to the Test Center no later than your scheduled testing time. A CANDIDATE WHO ARRIVES MORE THAN 15 MINUTES AFTER THE SCHEDULED TESTING TIME WILL NOT BE ADMITTED.

To gain admission to the Test Center, a candidate needs to present two forms of identification; one must be a valid government issued identification with photograph. Both forms of identification must be current and include the candidate's current name and signature. The candidate will also be required to sign a roster for verification of identity.

Acceptable forms of identification include a current:

1. State Issued Driver's License with photograph
2. State Issued Identification card with photograph
3. US Government Issued Passport
4. US Government Issued Military Identification card with photograph
5. US Government Issued Alien Registration Card
6. Social Security Card (secondary form)
7. CDR Registration Identification Card (secondary form)
8. Credit Card (secondary form)

Employment ID cards, student ID cards and any type of temporary identification are NOT acceptable as primary identification. Candidates are prohibited from misrepresenting their

identities or falsifying information to obtain admission to the Test Center.

## **SECURITY**

CDR and PSI/AMP maintain examination administration and security standards that are designed to ensure all candidates are provided the same opportunity to demonstrate their abilities. The Test Center is continuously monitored by video surveillance equipment for security purposes.

The following security procedures apply during the examination:

- Examinations are proprietary. No cameras, notes, tape recorders, computers, pagers or cellular phones are allowed in the testing room. Possession of a cellular phone or other electronic devices is strictly prohibited and will result in dismissal from the examination.
- Only silent, non-programmable calculators without alpha keys or printing capabilities are allowed in the testing room.
- No guests, visitors or family members are allowed in the testing room or reception areas.
- Candidates may be subjected to a metal detection scan upon entering the examination room.

## **PERSONAL BELONGINGS**

No personal items, valuables, or weapons should be brought to the Test Center. Coats must be left outside the testing room. You will be provided a locker or secure folder to store your belongings during testing. You will not have access to these items until after the examination is completed.

You will be asked to pull out your pockets to ensure they are empty. If any personal items are observed in the testing room after the examination is started, you will be dismissed and the administration will be forfeited.

## **EXAMINATION RESTRICTIONS**

- Pencils will be provided during check-in.

- You will be provided with one piece of scratch paper at a time to use during the examination. You must return the scratch paper to the supervisor at the completion of testing, or you will not receive your participation report.
- No documents or notes of any kind may be removed from the Test Center.
- No questions concerning the content of the examination may be asked during the examination.
- Eating, drinking or smoking will not be permitted in the Test Center.
- You may take a break whenever you wish, but you will not be allowed additional time to make up for time lost during breaks. You may not leave the testing building during your break.

## **MISCONDUCT**

If you engage in any of the following conduct during the examination you may be dismissed, your scores will not be reported and examination fees will not be refunded. Examples of misconduct are when you:

- create a disturbance, are abusive, or otherwise uncooperative;
- display and/or use electronic communications equipment such as pagers, cellular phones;
- talk or participate in conversation with other examination candidates;
- give or receive help or are suspected of doing so;
- leave the Test Center during the administration;
- attempt to record examination questions or make notes;
- attempt to take the examination for someone else;
- are observed with personal belongings, or

- are observed with notes, books or other aids.

## **COMPUTER LOGIN**

After your identification has been confirmed, your photograph will be taken. This photograph will also print on your score report. You will be directed to a workstation where you will be instructed on-screen to enter your unique identification number, which is your CDR registration number (no leading zeros or letters in front).

## **PRACTICE TUTORIAL**

Prior to attempting the examination, you will be given the opportunity to take a practice tutorial on the computer.

The time you use for this practice tutorial is NOT counted as part of your examination time or score. When you are comfortable with the computer testing process, you may quit the practice session and begin the timed examination. Please note that this practice tutorial is to help you become familiar with the computerized examination format; it is possible that the problems will not be nutrition related.

## **TIMED EXAMINATION**

Following the practice tutorial, you will begin the 3-hour timed examination. Before beginning, instructions for taking the examination are provided on-screen.

The computer monitors the time you spend on the examination. The examination will terminate if you exceed the time allowed. A digital clock located at the top of the screen updates as you record your answers and indicates the time remaining for you to complete the examination.

Only one examination question is presented at a time. Choices of answers to the examination question are identified as A, B, C, or D. You must indicate your choice by either typing in the letter in the response box in the lower left hand of the computer screen or clicking in the option using the mouse.



To change your answer, enter a different option by pressing the A, B, C, or D key or by clicking on the option using the mouse. You may change your answer as many times as you wish during the examination time limit.

To move to the next question, click on the forward arrow (>) in the lower right portion of the screen. This action will move you forward through the examination, question by question. If you wish to review any question or questions, click the backward arrow (<) or use the left arrow key to move backward through the examination.

An examination question may be left unanswered for you to return later in the examination session. Questions may also be bookmarked for later review by clicking in the blank square to the right of the Time button. Click on the hand icon to advance to the next unanswered or bookmarked question on the examination. To identify all unanswered and bookmarked questions, repeatedly click on the hand icon. When the examination is completed, the number of examination questions answered is reported. If not all questions have been answered and there is time remaining, return to the examination and answer those questions. Be sure to provide an answer for each examination question before ending the examination. There is no penalty for guessing. Also if more than one answer is required it will be indicated within the question.

### **CANDIDATE COMMENTS**

During the examination, comments may be provided for any question by clicking on the button displaying an exclamation point (!) to the left of the Time button. This opens a dialogue box where comments may be entered. Comments will be reviewed, but individual responses will not be provided. Once you leave the test center, if you still have comments you may forward written comments to CDR at [specialists@eatright.org](mailto:specialists@eatright.org). All comments should be sent to CDR (Attn: Specialty Certification) no later than five business days after the close of the examination window. Please note that the appeal process is different.

### **FOLLOWING THE EXAMINATION**

After completing the examination, candidates are asked to complete a short survey of their examination experience. Candidates are then instructed to report to the examination proctor to receive their written score report. The examination is scored on a scale of 200-400. A scaled score of 300 is required to pass. Please note the scaled score is neither the number correctly answered questions nor the percent of correctly answered questions. In order to keep the scaled passing score constant across forms, scaling and equating techniques are used to standardize examination forms.

### **PASS/FAIL SCORE DETERMINATION**

The methodology used to set the minimum passing score is the Angoff method, based upon data gathered during the performance of a Passing Point Study by a panel of experts in the field. The experts evaluated each question on the examination to determine how many correct answers are necessary to demonstrate the knowledge and skills required to pass this examination portion. Your ability to pass the examination depends on the knowledge and skill you display, not on the performance of other candidates.

Passing scores may vary slightly for each version of the examination to accommodate for variances in examination difficulty. To ensure fairness to all candidates, a process of statistical equating is used. Slight variations in difficulty level are addressed by adjusting the passing score up or down, depending on the overall difficulty level statistics for the group of scored questions that appear on a particular version of the examination.

### **QUALITY CONTROL/SCORING**

Before the examination is administered, each form undergoes quality control checks. A thorough item analysis is completed and is used as part of the statistical review of the performance of the examination.

## **SCORES CANCELLED BY THE CLIENT OR PSI**

CDR and PSI/AMP are responsible for the validity and integrity of the scores they report. On occasion, occurrences, such as computer malfunction or misconduct by a candidate, may cause a score to be suspect. CDR and PSI/AMP reserve the right to void or withhold examination results if, upon investigation, violation of its regulations is discovered.

## **IF YOU PASS THE EXAMINATION**

All candidates who pass the examination will receive an online orientation email and a mailed wall certificate approximately four weeks after the close of the testing window.

## **RE-ESTABLISHING ELIGIBILITY**

To take the examination again during a subsequent testing window, a new application will need to be submitted. Candidates are not allowed to retest during the same examination window.

## **FAILING TO ARRIVE FOR AN EXAMINATION**

A candidate who fails to report for an examination forfeits the registration and all fees paid to take the examination. A new eligibility application and examination fee are required to reapply for examination.

## **DUPLICATE SCORE REPORT**

Candidates may purchase additional copies of their results at a cost of \$25 per copy. Requests must be submitted to CDR, in writing. The request must include the candidate's name, registration number, mailing address, telephone number, date of examination and examination taken. Submit this information with the required fee payable to CDR in the form of a check, money order or cashier's check. Duplicate score reports will be mailed within approximately two weeks after receipt of the request and fee.

## **APPEALS PROCESS**

An individual may appeal decisions regarding Commission policy/procedures (certification,

eligibility, certification maintenance, and recertification) by filing a written appeal. Appeals must be sent to CDR within 30 calendar days after notification of an adverse decision and will be considered by the CDR Appeals Panel at its next scheduled meeting. A \$20.00 Appeals Review Fee will be required with every appeal submitted. Appeals submitted without the \$20.00 fee will not be heard by the CDR Appeals Panel. A comprehensive copy of the procedures can be found on the CDR website [here](#).

## **CERTIFICATION MAINTENANCE**

At the end of the specialist five-year certification period, specialists who wish to recertify must be a current Registered Dietitian with CDR and:

1. Successfully complete an eligibility application – including the required minimum number of specialty practice hours
2. Submit an examination fee
3. Pass the specialist examination

The reason for requiring recertification testing is that specialist board certification is a practice credential—a credential representing to the public that the certificant possesses the knowledge, skills and experience to function effectively as a specialist in that area. The nature of the knowledge and skills to practice at a specialist level is subject to change due to technological and scientific advances. Recertification testing helps to provide continuing assurance that the certified specialist has indeed maintained their knowledge in the specialty area. Current registration as an RD or RDN is required to maintain specialist certification. If an RD or RDN status lapses during the specialist certification period, the specialist certification will also lapse. Once the RD or RDN registration is re-established, the specialist certification will also be reinstated provided the specialist certification period has not expired. If the specialist certification has expired, RDs or RDNs must reapply for specialist certification eligibility and pass the examination to be credentialed as a specialist.

## TEST SPECIFICATIONS

Content Domain (and subdomain)	Percentage Of Exam Questions	Number of Scored Questions
I. Nutrition Screening	19%	26
II. Nutrition Data Gathering	9%	12
III. Nutrition Data Synthesis	28%	38
A. Physical	10%	14
B. Clinical Data	14%	19
C. Social And Environmental	4%	5
IV. Nutrition Diagnosis	4%	5
V. Nutrition Care Plan	9%	12
VI. Nutrition Counseling And Education	6%	8
VII. Nutrition Monitoring And Evaluation	8%	11
VIII. Foodservice	10%	14
IX. Professional Practice	7%	9
TOTAL	100%	135

## SAMPLE QUESTIONS\*

1. In a facility that emphasizes resident-centered care restaurant-style service, what would be the flow of food?
  - A. Procurement, production, meal reheating, service to the customer
  - B. Procurement, production, hot holding, meal assembly, service to the customer
  - C. Procurement, production, meal assembly, service to the customer
  - D. Procurement, production, hot holding, service to the customer
2. What service is sponsored by the Older Americans Act, nationwide, to help older adults find community-based services?
  - A. Supplemental Nutrition Assistance Program
  - B. Eldercare Locator
  - C. Home and Community Based Medicaid Waiver
  - D. Senior Farmers' Market Nutrition Program
3. An 88-year-old woman with a history of Parkinson's disease is admitted to the emergency room from home with confusion and signs of delirium and no recent change in muscular function. Her caregiver assures the admitting nurse that she is compliant with all her medications and saw her physician 10 days earlier. What is the most likely cause of her confusion?
  - A. Malnutrition
  - B. TIA
  - C. Multi-infarct dementia
  - D. Dehydration
4. Which of the following factors defines polymeric nutrition support formulas used with older adults?
  - A. Nutritionally complete, tends to have a higher osmolality
  - B. Nutrients are in an elemental form, tends to have a higher osmolality
  - C. Nutritionally complete, predominantly casein-based
  - D. Nutrients are in an elemental form, predominantly casein-based
5. Which of the following health behaviors have been shown to lower mortality rates in older adults by 50 percent?
  - A. Mediterranean diet, physical activity and not smoking
  - B. High fiber diet, physical activity and not smoking
  - C. DASH diet, weight training, stress reduction
  - D. Low carbohydrate diet, weight training, prayer
6. Which of the following interventions would be used for older adults with sensory impairments?
  - A. Using medical treatment to enhance intake and providing dentures to edentulous persons
  - B. Offering food on contrasting colored plates and having a well-lit dining area
  - C. Offering food on contrasting colored plates and using medical treatment to enhance intake
  - D. Having a well-lit dining area and providing dentures to edentulous persons
7. Which of the following programs can provide adult care, chore service, transportation, assistive devices, emergency response, nursing, and home-delivered meals?
  - A. Home Health Care Programs
  - B. Medicaid Home and Community-based Service Waivers

- C. Older Americans Act Programs
- D. Child and Adult Care Food Programs

8. What is a frequently overlooked cause of hypokalemia in the older adult?
- A. Excessive use of fiber
  - B. Excessive use of antidepressants
  - C. Excessive use of laxatives
  - D. Excessive use of statins
9. James is 79-year-old male living alone after the death of his wife two years ago. He lives in a low-income senior apartment and receives a social security check for subsistence. His only relative is a daughter who lives in another state. Recently he was admitted to the hospital for evaluation of weight loss of 15 pounds over the past three months. While hospitalized, he was NPO or on liquid diets for five days. The tests were non-conclusive. He was discharged to his home with diet recommendations. Since James was very weak from the weight loss, the hospital discharge planner asks for your assistance in identifying community nutrition programs and nutrition services to support James in his apartment.
1. Which programs or services the dietitian would recommend? Select four.
    - A. Home-delivered meals/Congregate meals when he is stronger
    - B. Outpatient alcohol abuse programs
    - C. Commodity Supplemental Food Program
    - D. Food Bank
    - E. Nutrition counseling through hospital's outpatient clinic
    - F. Community exercise program at local health club
    - G. Nutrition counseling at local health club
    - H. Visiting nurse services
    - I. Food Stamps
  2. What are the most important resources that James' daughter could call to identify the availability of home- and community-based services for James? Select three.
    - A. Local newspaper
    - B. Home care agency in James' town
    - C. The hospital discharge planner
    - D. James' physician
    - E. Local long-term care facility
    - F. Eldercare locator
    - G. His neighbor
    - H. Local church
  3. What are the most significant concerns for James because of his recent weight loss? Select four.
    - A. Tooth Decay
    - B. Potential altered skin integrity
    - C. Orthostatic hypotension
    - D. Continued weight loss
    - E. Osteopenia
    - F. Dehydration
    - G. Home safety
    - H. Reduced immunity
    - I. Cellulitis

10. A 78-year-old female who is right dominant was admitted to a skilled nursing facility for short term rehabilitation after a fall which resulted in a fracture of the right wrist. Active diagnoses include Alzheimer's dementia, hypertension, and osteoporosis. While the dietitian was completing the initial assessment, the resident became tearful stating, "Everyone knows fruits and vegetables cause nosebleeds, and I can't take another nosebleed". The dietitian counseled the resident on a healthful diet before completing the interview. Medications include losartan (Cozaar), donepezil (Aricept), memantine (Namenda) and alendronate (Fosamax). After a complete chart review, the dietitian contacted the daughter for additional history and also notified the physician.

1. What nutrition diagnosis might the dietitian use in developing the PES? Select three.
  - A. Increased nutrient need
  - B. Predicted suboptimal nutrient intake
  - C. Self-feeding difficulty
  - D. Unintentional weight loss
  - E. Increased energy expenditure
  - F. Inadequate intake
  
2. What are appropriate care plan interventions? Select four.
  - A. Refer to social worker for psychosocial services
  - B. Recommend daughter provide fruit and vegetable servings daily
  - C. Provide requested foods and recommend a multi-vitamin supplement
  - D. Monitor PT/INR levels for potential bleeding
  - E. Respect the resident's right to choose her diet
  - F. Provide a nutritionally balanced diet containing all food groups
  - G. Provide assistance with cut food and finger foods as appropriate
  - H. Provide ground meat to improve intake of meat
  
3. What recommendations would the dietitian make to the physician for vitamin and mineral supplements? Select three.
  - A. Iron
  - B. Multivitamin/mineral supplement
  - C. Vitamin D
  - D. Potassium
  - E. Calcium
  - F. Vitamin B<sub>12</sub>

Answers:

- |      |                    |
|------|--------------------|
| 1. C |                    |
| 2. B | 9. #1. A, D, E, I  |
| 3. D | 9. #2. B, C, F     |
| 4. C | 9. #3. B, D, F, H  |
| 5. A |                    |
| 6. B | 10. #1. A, B, C    |
| 7. B | 10. #2. A, C, E, G |
| 8. C | 10. #3. B, C, E    |

**\*Note:** Sample questions do not appear for all areas of the examination. Examination sample questions do not necessarily reflect the difficulty of the examination.

## REFERENCE LIST

### References for Board Certification as a Specialist in Gerontological Nutrition Examination

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## REQUEST FOR SPECIAL EXAMINATION ACCOMMODATIONS

If you have a disability covered by the Americans with Disabilities Act, please complete this form and the Documentation of Disability-Related Needs so your accommodations for testing can be processed efficiently. The information you provide and any documentation regarding your disability and your need for accommodation in testing will be treated with strict confidentiality. Please return this form to CDR within 45 days of the desired testing date.

### CANDIDATE INFORMATION

_____		
CDR Registration Number		
_____		
Last Name	First Name	Middle Initial
_____		
Address		
_____		
City	State/Province	Zip Code/Postal Code and Country
_____		
Daytime Phone Number	Fax Number	E-mail Address

### SPECIAL ACCOMMODATIONS

I request special accommodations for the \_\_\_\_\_ examination.

Please provide (check all that apply):

- \_\_\_\_\_ Reader
- \_\_\_\_\_ Extended examination time (time and a half)
- \_\_\_\_\_ Reduced distraction environment
- \_\_\_\_\_ Other special accommodations (please specify)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Description of disability: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Return this form to:  
Attn: Specialty Certification, Commission on Dietetic Registration,  
120 S Riverside Plaza, Ste 2190, Chicago, IL 60606-6995  
[specialists@eatright.org](mailto:specialists@eatright.org)

## DOCUMENTATION OF DISABILITY-RELATED NEEDS

Please have this section completed by an appropriate professional (**education professional, physician, psychologist, psychiatrist**) to ensure that AMP is able to provide the required examination accommodations.

### PROFESSIONAL DOCUMENTATION

I have known \_\_\_\_\_ since \_\_\_\_ / \_\_\_\_ / \_\_\_\_ in my capacity as a  
Examination Applicant Name  
\_\_\_\_\_  
Professional Title

The applicant discussed with me the nature of the examination administered. It is my opinion that because of this applicant's disability described below, he/she should be accommodated by providing the special arrangements listed on the previous page.

Description of disability: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signed: \_\_\_\_\_ Title: \_\_\_\_\_

Date: \_\_\_\_\_ License # (if applicable): \_\_\_\_\_

Return this form to:  
Attn: Specialty Certification  
Commission on Dietetic Registration,  
120 S Riverside Plaza, Ste 2190, Chicago, IL 60606-6995  
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