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Commission on Dietetic Registration

 the credentialing agency for the
Academy of Nutrition and Dietetics

National Certification Corporation Certified Nurses Eligible for Interdisciplinary Credential from the Commission on Dietetic Registration to Help Treat Obesity

CHICAGO – The Commission on Dietetic Registration announced it will offer its interdisciplinary specialist certification in obesity and weight management to National Certification Corporation (NCC) certified women's health care nurse practitioners.

The Board Certified Specialist in Obesity and Weight Management is the first interdisciplinary credential in this specialty. The certification recognizes health professionals who possess comprehensive knowledge of, and expertise in, obesity and weight management from a diverse group of specialties.

"National leaders in health care have repeatedly underscored the importance of interdisciplinary care for obesity and weight management and it's critical that the dietetics profession be a leader in its promotion," says registered dietitian nutritionist and CDR past-Chair Kevin Sauer, PhD, RDN, LD. "This credential allows us to create a standard of expertise so people seeking a lifestyle change can recognize that they are receiving the best support available."

A CSOWM professional educates, supports and empowers patients and clients to understand and manage their weight and risks through nutritional, physical, psychological, behavioral, medical or surgical interventions.

The treatment of obesity and weight management involves more than nutrition interventions. Obesity is a disease requiring interdisciplinary solutions and empathetic approaches to address multiple factors. Health researchers have identified obesity as the top nutrition problem in the United States. More than one-third of adults and as many as 20 percent of children are obese.

There are two opportunities to take the exam in 2018, March 5-23 and September 10-28. Applications for the first exam are due by February 2, 2018. Qualified professionals who have maintained NCC certification for at least two years and have documentation of 2,000 hours of weight management specialty practice experience within the past five years are eligible to [apply](#).

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The [Commission on Dietetic Registration](#), the credentialing agency for the [Academy of Nutrition and Dietetics](#), serves the public by setting and enforcing certification standards, issuing credentials to qualified individuals and promoting ongoing professional competence. Setting the industry standard since 1969, CDR maintains a registry of more than 100,000 credentialed practitioners in a variety of practice areas throughout the U.S.

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The Academy is committed to improving the nation's health and advancing the profession of dietetics through research, education and advocacy. Visit the Academy at www.eatright.org.