



Certificate of Training in Childhood and Adolescent Weight Management

Learn. Engage. Network.

Visit the CDR website at www.cdrnet.org for additional program information. Offered by the Academy of Nutrition and Dietetics and Commission on Dietetic Registration.

Now approved for 35 CPE Hours!

The registration fee is \$370. Registration includes access to the on-line pre-work materials (self-study module and pre-test), 2 ½ day onsite program and a take home post-test. Beverage breaks are included. Meals are not included. **CDR has transitioned to a paperless on**site program. A paper copy of the program handouts will not be provided. Participants will be responsible for printing their own program handouts. Access to the program handouts including faculty PowerPoint presentations will be provided prior to the first day of the program.



September 7-9, 2017 Hilton Memphis Hotel 939 Ridge Lake Blvd. Memphis, TN 38120 901-684-6664

Participation is limited. Please register by the registration deadline. (See registration form) Past certificate programs have been filled to capacity several days prior to the registration deadline. Written confirmation will be sent by e-mail.

Hotel Reservations – A limited number of sleeping rooms have been reserved at the following hotel. To reserve your room at the special program rate noted below, please call the hotel by the reservation deadline date and mention that you are attending the Academy of Nutrition and Dietetics Weight Management Program. You will need to guarantee your reservation with a major credit card. Payment of all room, tax and incidentals will be the responsibility of each individual.

September 7-9, 2017 Hilton Memphis Hotel 939 Ridge Lake Blvd. Memphis, TN 98120 Rate of \$149.00 single/double for the evenings of September 6, 7, and 8. To make your reservation please call the Hilton at 901-684-6664 by Monday, August 14, 2017.

*Please note that this is a certificate of training program, not a certification program. Please refer to page 4 of this brochure for a definition of a certificate program. This certificate program is only open to Active, Student, International, International Student, and Retired category members of the Academy of Nutrition and Dietetics and CDR credentialed practitioners — RDN™ and DTR™. Program registration will not be processed until this requirement has been verified.

Transfer/Cancellation Policy: A \$75.00 administrative processing fee will be deducted from all refunds. An additional fee may apply if the pre-work materials and pre-test have been completed. Requests for cancellation should be submitted in writing to Weightmgmt@eatright.org.

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Signature Zip code of billing address How did you hear about the Certificate in Weight Management Program? E-mail Address (Required for Registration Confirmation and other written communication.) Direct Mail/Postcard Manager Supervisor Academy Newsletter/Eatright Weekly Colleague E-mail Notice from CDR CDR/Academy Weshete State Affiliates Communications/Website New RD/DTR Promo New Academy Member Promo Social Media Other Social Media Gotter Following statements: If other, please describe: Level I: Assumes that the participant has little or no prior knowledge or MI counseling skills. If you have a disability that requires special accommodations, please identify sour level of Counseling. Level II: Assumes that the participant has little or no prior knowledge of the literature and professional Microuseling practice experience relative to MI counseling. Ves (if applicable, you will be contacted by CDR) Level III: Assumes that the participant has thorough knowledge of the literature and professional Microuseling practice experience. Ves (if applicable, you will be contacted by CDR) Level III: Assumes that the participant has thorough knowledge of the literature and professional Microuseling practice experience. Please provide us with your emergency contact information in case we need to contact someone on your behalf while you are at the weight management progr	Card #	Expira	ation Date	-	ne	Last Name	bauge Nai	ne (n'unierent)
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_ Academy Newsletter/Eatright Weekly _ Colleague _ Email Notice from CDR _ CDR/Academy Website Telephone Number Your current Academy primary address will be used for all communications. _ State Affiliates Communications/Website _ New RD/DTR Promo In order to place you in the appropriate Motivational Interviewing (MI) counseling session breakout group, please identify your level of counseling skills using the following statements: _ Other _ Level I: Assumes that the participant has little or no prior knowledge or MI counseling skills. If you have a disability that requires special accommodations, please indicate: _ Level II: Assumes that the participant has general knowledge of the literature and professional counseling practice experience relative to MI counseling. _ Level III: Assumes that the participant has thorough knowledge of the literature and extensive professional MI counseling practice experience. Please provide us with your emergency contact information in case we need to contact someone on your behalf while you are at the weight management program. Name _ Daytime Phone _ Leveing Phone To Register Mail form to: Online at www.cdrnet.org To register, log in to the CDR website using your Academy/CDR web username and pass- word, then click on the MYCDR link followed by the Weight	Direct Mail/Postcard	M	anager Supervisor	Twitter	learnama			
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No and extensive professional MI counseling practice experience. Please provide us with your emergency contact information in case we need to contact someone on your behalf while you are at the weight management program. Name Daytime Phone Evening Phone To Register Mail form to: Online at www.cdrnet.org To register, log in to the CDR website using your Academy/CDR web username and password, then click on the MYCDR link followed by the Weight	indicate:			Level II: Assumes that the participant has general knowledge of the literature and professional counseling practice experience relative to MI counseling.				
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all 1-800-877-1600 ext. 5500	Commission on Dietetic Registration	website using your Academy/CDR web username and pass-
mail form to: weightmgmt@eatright.org	120 S. Riverside Plaza, Ste. 2190	word, then click on the MYCDR link followed by the Weight
ax form to: 312-899-5634	Chicago, IL 60606-6995	Management Programs link.

The country's leading health researchers call obesity the top nutrition problem in the United States. More than half of all adults are overweight and a third are obese, according to the National Institutes of Health, and as many as 20 percent of children are obese. Meanwhile, the Surgeon General's "Report on Physical Activity and Health" found exercise and physical activity among everyone from school-age children to adults to be at an all-time low. And, childhood and adolescent obesity is an increasingly important predictor of adult obesity. This program is designed to produce providers of comprehensive weight management care for children and adolescents who also know when and how to refer patients to other specialists.

The Certificate of Training Offers:

- cutting edge information and skills shared by leading practitioners in the field
- cases and exercises to allow hands-on experience
- valuable resource materials and tools for immediate use and future reference
- an opportunity to showcase your expertise by earning a Certificate of Training

What's Involved?

There are three components to the certificate of training program.

- on-line self-study module (including 16 hours of readings, activities, and a pre-test)
- a 2 1/2 day live workshop
- a take-home post test—only one opportunity to pass this test.

Since understanding the fundamentals of childhood and adolescent weight management is necessary to actively participate in the workshop, you must pass the pre-test (which is based on the online pre-work materials to attend the workshop. Those who do not obtain a passing score will be notified, and given an opportunity to retest as time permits.

The workshop will focus on practical, interactive learning. It will not repeat the didactic information covered in the self-study module. After successful completion of the full course and the multiple-choice question post-test (taken at home after the course), participants will be awarded a Certificate of Training in Childhood and Adolescent Weight Management, suitable for framing.

All program participants will receive continuing professional education units; however, only those who pass the post-test will receive the certificate.

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"This course has multiple opportunities to make immediate changes in my practice area (education), and also a great foundation for more significant changes in the future. Research opportuniti9es are endless!"

> M. Rew, MS, RDN, LD Associate Clinical Professor Denton, Texas



There was a vast amount of information presented that provided varied information applicable to different practice areas of childhood/ adolescent weight management. The faculty was very knowledgeable and dynamic presenters.

S. Quizon, MS, RD, LD Asst. Director, Health Education and Prevention



To Register

| Online at www.cdrnet.org*

| By phone: 1-800-877-1600 ext. 5500

- | Mail form to: Commission on Dietetic Registration 120 South Riverside Plaza, Suite 2190 Chicago, IL 60606-6995
- | Fax form to: 1-312-899-5364

*To register, log in to the CDR website using your Academy/CDR web username and password then click on the MYCDR link followed by the Weight Management Programs Link. Please see page 1 of brochure for hotel information.



Program Topics

Fundamental Research and Current Practice Guidelines... Nutrition Assessment, Treatment, and Case Management... Medical Assessment and Management... Environmental and Genetic Influences on Pediatric Overweight... Prevention of Pediatric Overweight and Obesity... Physical Activity as a Treatment... Behavioral Management: Assessment and Interventions... Motivational Interviewing... Pediatric Weight Management Programs... School Nutrition... Culture Competencies

*Please note that times are subject to change. A final agenda will be sent with the pre-work materials.

+ Timeline (Tentative)

Day 1 8:30 am—5:00 pm (Check-in begins at 8:00 am) **Day 2** 8:30 am—5:00 pm

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Day 3 8:30 am—1:00 pm







🕈 Program Type

The Certificate of Training in Childhood and Adolescent Weight Management program is a training program, not a certification program. Upon completion of the program, a participant is not awarded a designation or credential. Please note individuals who complete the certificate of training are not certified. The term certification should only be used when referencing the completion of a certification examination such as the Registration Examination for Dietitians. Definitions of a certificate program and a certification program are:

Certificate Program:

A certificate program is an intensive training program with a component that assesses the participant. Upon completion of the program, participants receive a certificate attesting to the attainment of a new knowledge/skill set (e.g., Academy/CDR Certificate Program in Adult Weight Management). Unlike a certification program, participants do not receive a professional designation. Individuals completing a Certificate program receive CPEUs for training and assessment time regardless of whether they pass the post-course assessment and receive the certificate.

Certification Program:

A process, often voluntary, by which individuals who have demonstrated the level of knowledge and skill required in the profession, occupation, role, or skill are identified to the public and other stakeholders.

Facilitators*		
Nancy Copperman, MS, RD, CDN	Michelle Horan, RD, LD	Donna Martin, EdS, RDN, LD, SNS
Gwen Davies, PhD	Marc Jacobson, MD	Aida Miles, MSc, RD, CSP, LD, CSND
Gail Frank, DrPH, RD, CHES	Craig Johnston, PhD	Melinda Sothern, PhD, CEP
Dana E. Gerstein, MPH, RD	Debra L. Kibbe, MS, PHR	Vanessa Thornton, RD, CSP
Sandra Hassink, MD, FAAP	Mary Susan Sewell, MS, RD, LD	
*Program facilitators to be selected from this list.		

Advisory Committee

A team of over thirty leading experts in the field of weight management contributed to the development and review of this certificate of training course, including :

Cheryl L. Alto, MS, RD	Illene Fennoy, MD	Terri Lang Rubio, MPH, RD
Judith L. Anderson, MS, RD	Steve Gortmaker, MD	Denise Sofka, MPH, RD
Diane Anderson, PhD, RD, FADA	Marc Jacobson, MD	Karen Amorde Spalding, MS, RD, CSP
Sarah Barlow, MD	Beth Leonberg, MS, RD, CSP, LDN, FAND	Bonnie Spear, PhD, RD
Robert Berkowitz, MD	Betty Lucas, RD	Jamie Stang, PhD, MPH, RD, LN
Karen Bettin, MS, RD	David Ludwig, MD, PhD	Andrew Tercovec, MD
Nancy Copperman, MS, RD, CDN	Anne B Marietta, PhD, RD, LD	Robyn L. Wong, MPH, RD, CSP
Marilyn L. Day, MS, RD	Aida Miles, MMSc, RD, CSP, LD, CSND	Carol P. Williams, MS, RD, LD
William Dietz, MD, PhD	Karen Peterson, MS, RD, LDN	Tracy Winder, MS, RD, LD, CSND
Lenard Epstein, MD	Judy C.C. Phillips, MS, RDN, LDN	Babette Zemel, PhD
	Kennith Resnicow, PhD	