



**Certificate of Training in Obesity for Pediatrics and Adults Virtual Course
January 31, February 1, February 7, February 8**

Day 1 – Monday, January 31, 2022 3:00 – 7:00pm ET 12:00 – 4:00pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	3:00 – 3:15pm ET 12:00 – 12:15pm PT
Chronic Nature of Obesity Dan Bessesen, MD	3:15 – 3:50pm ET 12:15 – 12:50pm PT
Q&A Dan Bessesen, MD Kellene Isom, PhD, MS, RD, LDN, CAGS	3:50 – 4:00pm ET 12:50 – 1:00pm PT
Counseling and Behavior Management Craig Johnston, PhD and Mara M. Davis, MS, RD, LDN, CD-N	4:00 – 5:00pm ET 1:00 – 2:00pm PT
BREAK	5:00 – 5:15pm ET 2:00 – 2:15pm PT
Counseling and Behavior Management Role Plays Craig Johnston, PhD, Mara M. Davis, MS, RD, LDN, CD-N, and Julie Feldman, MPH, RD	5:15 – 6:00pm ET 2:15 – 3:00pm PT
Delivering Trauma Informed Counseling Julie Feldman, MPH, RD	6:00 – 6:25pm ET 3:00 – 3:25pm PT
Telehealth for Effective Weight Management Laura Andromalos, MS, RD, CSOWM, CDCES	6:25 – 6:45pm ET 3:25 – 3:45pm PT
Q&A and Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	6:45 – 7:00pm ET 3:45 – 4:00pm PT
Day 2 – Tuesday, February 1, 2022 3:00 – 7:00pm ET 12:00 – 4:00pm PT	
Welcome and Overview Kellene Isom, PhD, MS, RD, LDN, CAGS	3:00 – 3:05pm ET 12:00 – 12:05pm PT
Navigating Challenges <i>Health Literacy, Weight Bias, Teaching Strategies (Families, Children, Bullying)</i> Cindy Heiss, PhD, RD, LD, CDCES and Maren Wolff, PhD, RDN, LD	3:05 – 3:55pm ET 12:05 – 12:55pm PT
BREAK	3:55 – 4:10pm ET 12:55 – 1:10pm ET
Navigating Challenges II <i>Fad Diets; Self-Directed Diets Children; Critical Thinking; Health at Every Size; Q & A</i> Maren Wolff, PhD, RDN, LD, Toni Toledo, MPH, RDN, and Cindy Heiss, PhD, RD, LD, CDCES	4:10 – 5:10pm ET 1:10 – 2:10pm PT
BREAK	5:10 – 5:20pm ET 2:10 – 2:20pm PT
Physical Activity: Pediatric and Adult Corby Martin, PhD and Maren Wolff, PhD, RDN, LD	5:20 – 6:30pm ET 2:20 – 3:30pm PT
Core Content Practice Pearls and Wrap Up Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	6:30 – 7:00pm ET 3:30 – 4:00pm PT

Day 3 – Monday, February 7, 2022 3:00 – 7:00pm ET 12:00 – 4:00pm PT	
Welcome Kellene Isom, PhD, MS, RD, LDN, CAGS	3:00 – 3:05pm ET 12:00 – 12:05pm PT
Fundamentals of Pediatric Obesity Fatima Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS	3:05 – 3:45pm ET 12:05 – 12:45pm PT
Q&A Fatima Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS Kellene Isom, PhD, MS, RD, LDN, CAGS	3:45 – 3:55pm ET 12:45 – 12:55pm PT
Obesity Interventions through Childhood - Introduction and Prevention Scenario Maren Wolff, PhD, RDN, LD and Dana Gerstein, MPH, RD	3:55 – 4:30pm ET 12:55 – 1:30pm PT
BREAK	4:40 – 4:45pm ET 1:30 – 1:45pm PT
Obesity Interventions through Childhood First 1,000 Days and Pharmacotherapy/Bariatric Surgery Scenarios Maren Wolff, PhD, RDN, LD and Vanessa Thornton, RD, CSP	4:45 – 6:00pm ET 1:45 – 3:00pm PT
BREAK	6:00 – 6:05pm ET 3:00 – 3:05pm PT
Pediatric and Adolescent Program Management and Practice Pearls Vanessa Thornton, RD, CSP, Dana Gerstein, MPH, RD and Michelle Horan	6:05 – 6:50pm ET 3:05 – 3:50pm PT
Pediatric and Adolescent Wrap Up Kellene Isom, PhD, MS, RD, LDN, CAGS	6:50 – 7:00pm ET 3:50 – 4:00pm PT

Day 4 – Tuesday, February 8, 2022 3:00 – 7:00pm ET 12:00 – 4:00pm PT	
Welcome Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	3:00 – 3:10pm ET 12:00 – 12:10pm PT
Obesity Interventions for Adults – Client Encounters Introduction Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	3:10 – 3:20pm ET 12:10 – 12:20pm PT
<i>Client Encounter: Young Adult</i> Corby Martin, PhD	3:20 – 3:45pm ET 12:20 – 12:45pm PT
<i>Client Encounter: Adult</i> Jessica Bartfield, MD, ABOM and Laura Andromalos, MS, RD, CSOWM, CDCES	3:45 – 4:10pm ET 12:45 – 1:10pm PT
BREAK	4:10 – 4:20pm ET 1:10 – 1:20pm PT
<i>Client Encounter: Mid-Adult</i> Kellene Isom, PhD, MS, RD, LDN, CAGS	4:20 – 4:45pm ET 1:20 – 1:45pm PT
<i>Client Encounter: Older Adult</i> Bonnie Jortberg, PhD, RD, CDCES and Kellene Isom, PhD, MS, RD, LDN, CAGS	4:45 – 5:10pm ET 1:45 – 2:10pm PT
<i>Client Encounters – Wrap Up and Q&A</i> Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	5:10 – 5:30pm ET 2:10 – 2:30pm PT
BREAK	5:30 – 5:40pm ET 2:30 – 2:40pm PT
Adult Program Management and Practice Pearls Bonnie Jortberg, PhD, RD, CDCES, Mara M. Davis, MS, RD, LDN, CD-N and Ellen Sobota, MS, RD, LDN	5:40 – 6:30pm ET 2:40 – 3:30pm PT
Adult Weight Management Wrap Up Evaluation and Post-Assessment Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	6:30 – 7:00pm ET 3:30 – 4:00pm PT