Kellene A. Isom PhD, MS, RD, CAGS



Dr. Isom is an internationally recognized registered dietitian in weight management and bariatric surgery nutrition. She was honored to be awarded the Massachusetts Outstanding Dietitian of the Year in 2018. She has held multiple roles on the Executive Committee for the Weight Management Dietetic Practice Group (WM DPG) and has served as Chair of the Commission on Dietetic Registration's Weight Management Committee since 2018.

Dr. Isom has multiple publications in the field of bariatric surgery and nutrition such as the Bariatric Surgery Evidence Analysis Library and the 2016 ASMBS Nutrition Guidelines Micronutrient Update. She is an associate editor for the journal of Obesity Surgery and editor and author of the 2nd edition of the 2014 Academy's Pocket Guide to Bariatric Surgery. Kellene has given presentations at FNCE, Obesity Week, the Bariatric Summit, and other conferences on bariatric nutrition and weight management, bariatric programming and GI disorders.

For the last decade she served as the bariatric program director for the Center for Metabolic and Bariatric Surgery at Brigham and Women's Hospital, where she provided nutrition care to patients and their families and completed multiple bariatric surgery accreditations for their facilities. Kellene currently holds a position as Assistant Professor of Nutrition at Cal Poly Pomona. Her clinical and research interests include inflammation, gastrointestinal health, bariatric nutrition, obesity advocacy, weight bias, and nutrition education. Kellene completed her doctorate at Simmons University where she completed a PhD in Health Professions Education.

For more information on Kellene, please visit https://www.linkedin.com/in/kellene-a-isom-phd-ms-rd-ldn-cags-55269820/