



Level 2

Certificate of Training in Adult Weight Management

Learn. Engage. Network.



October 19-21, 2017

Chicago, IL

Hyatt Regency Chicago

151 E. Upper Wacker Dr.

Chicago, IL 60601

Registration Deadline:

October 3, 2017

Cancellation Notice Date: September 1, 2017

Participation is limited. Please register by the registration deadline (See registration form) to secure a seat. Past certificate programs have been filled to capacity several days prior to the registration deadline. Written confirmation will be sent by e-mail. Please be sure to include an e-mail on the registration form. The registration fee is \$445.00.

Registration includes access to the on-line self-study module and pre-test, 2 ½ day on-site program and a take home post-test. Beverage breaks are included. Meals are not included. **CDR has transitioned to a paperless on-site program. A paper copy of the program handouts will not be provided. Participants will be responsible for printing their own program**

Hotel Reservations – Rates Vary. To book a room, contact the Academy's housing partner, On-Peak at 1-800-443-3976 or book online at <https://compass.onpeak.com/e/62EAT17/0> By September 27, 2017.

Please note that these programs may be cancelled due to low program registration. The decision to cancel will be made by the Cancellation Notice Date of September 1, 2017. We recommend that you do not make flight or hotel** arrangements until after this date to prevent personal financial loss due to non-refundable flight and hotel costs. In the event of program cancellation, any expenses incurred by registrants or prospective participants shall not be the responsibility of CDR.

**This does not apply to the hotel room block contracted by the Academy's FNCE® housing partner On-Peak.

Please note that this is a certificate of training program, not a certification program. Please refer to page 3 of this brochure for a definition of a certificate program. This certificate program is only open to Active, Student, International, International Student, and Retired category members of the Academy of Nutrition and Dietetics and CDR credentialed practitioners — RDN™ and DTR™ who have successfully completed the Certificate of Training in Adult Weight Management or the Certificate of Training in Childhood and Adolescent Weight Management program. Program registrations will not be processed until these requirements have been verified.

Transfer/Cancellation Policy: A \$75.00 administrative processing fee will be applied to all transfers and cancellations. All requests for cancellation or transfer should be submitted in writing to Weightmgmt@eatright.org. An additional fee may apply if the pre-work materials and pre-test have been completed.

Level 2 Certificate of Training in Adult Weight Management Management Program Registration*



Program Dates	Location	Registration Deadline	Self-Study Module & Pre-test Deadline
<input type="checkbox"/> October 19-21, 2017	Chicago, IL	October 3, 2017	October 11, 2017

1. A \$50 late fee will be automatically applied to all registrations received after the published registration deadline.
2. In order to attend the program, you must pass the pre-test with an 80% passing score.
3. CDR has transitioned to a paperless on-site program. A paper copy of the program handouts will not be provided. Participants will be responsible for printing their own program handouts. Access to the program handouts including faculty PowerPoint presentations will be provided prior to the first day of the program.

Program Registration Fee	\$445.00
Late Fee (\$50.00)	\$ _____
Total Payment Due	\$ _____

Liability Waiver

I agree and acknowledge that my participation in this event may give rise to occasional instances of loss or injury. Except to the extent that such instances may result from the negligence or misconduct of the Academy/Event Sponsor, I hereby waive and release any claims that I might have against the Academy/Event Sponsor and its employees, members and representatives.

Signature Required: _____

Today's Date: _____

Program registration will not be finalized without the required signature.

A \$75.00 administrative processing fee will be applied to all transfers and cancellations. An additional fee may apply if the pre-work materials and pre-test have been completed. In the event of cancellation/transfer, any expenses incurred by registrants or prospective participants shall not be the responsibility of CDR.

Method of Payment

<input type="checkbox"/> Check/Money Order Made payable to: <i>Commission on Dietetic Registration</i>	<input type="checkbox"/> Visa/MC	<input type="checkbox"/> Discover	<input type="checkbox"/> American Express	<input type="checkbox"/> Purchase Order Number: <small>(Payment must be received prior to first day of program.)</small>
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Transfer and Cancellation Policy : If paying by credit card, your name and signature below indicate that you agree to the amount being charged to your account and that a \$75.00 fee will be charged if you transfer or cancel your registration at any time. An additional fee will apply if the module and pre-test are completed.

Name on Card

Credit Card Information Expiration Date

Signature Zip code of billing address

Academy Membership/Registration number: _____

First Name	Last Name	Badge Name (if different)
Professional Credentials	Position	
Telephone Number	Fax Number	
E-mail address <small>(Required for Registration Confirmation and other written communication.)</small>		
Twitter Username		

In order to place you in the appropriate counseling session breakout group, please identify your level of counseling skills using the following statements:

Level I: Assumes that the participant has little or no prior knowledge or counseling skills.

Level II: Assumes that the participant has general knowledge of the literature and professional counseling practice experience relative to counseling.

Level III: Assumes that the participant has thorough knowledge of the literature and extensive professional counseling practice experience.

How did you hear about the Certificate in Weight Management Program? (Choose one)

<input type="checkbox"/> Direct Mail/Postcard	<input type="checkbox"/> Manager Supervisor
<input type="checkbox"/> Academy Newsletter/Eatright Weekly	<input type="checkbox"/> Colleague
<input type="checkbox"/> Email Notice from CDR	<input type="checkbox"/> CDR/Academy Website
<input type="checkbox"/> State Affiliates Communications/Website	<input type="checkbox"/> Other/please describe: _____

If you have a disability that requires special accommodations, please indicate:

Yes

No

Please provide us with your emergency contact information in case we need to contact someone on your behalf while you are at the weight management program.

Name

Daytime Phone Evening Phone

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<p>To Register</p> <p> Call 1-800-877-1600 ext. 5500</p> <p> Email form to: weightmgmt@eatright.org</p> <p> Fax form to: 312-899-5634</p>	<p> Mail form to:</p> <p>Commission on Dietetic Registration 120 S. Riverside Plaza, Ste. 2000 Chicago, IL 60606-6995</p>	<p> Online at www.cdrnet.org To register, log in to the CDR website using your Academy/CDR web username and password, then click on the MYCDR link followed by the Weight Management Programs link.</p>
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Agenda

Program Topics

Obesity as Disease-Implications for Dietetics Practice... Pharmacotherapy, Appetite Regulation --Implications for Dietetics Practice, Bariatric Surgery Implications and Complications... Appetite and Energy Balance... *New Practice Models and the RD...* Pathophysiology... Future Shock: Mobilizing Dietitians for a Bright Future... Positioning Yourself to Maximize Reimbursement... Counseling Strategies to Encourage Behavior Change in Weight Loss... Nutrition Technology: Practicing on the Cutting Edge.. Counseling Domain... Weight Maintenance... Case

Timeline (Tentative)

Day 1	Day 2	Day 3
8:30 am— 5:00 pm	8:30 am—5:00 pm	8:30 am—12:00 pm

(8:00 am check-in—8:30 am session begins)

Faculty*

Sue M. Cummings, MS, RD,

Anne Wolf, MS, RDN

Richard D. Mattes, PhD, RD

Eileen Myers, MPH, RD, LDN, FADA, FAND

Bonnie S. Tamis Jortberg, PhD, RD, CDE

Christina Biesemeier, MS, RD, LDN, FADA, FAND

Robert F. Kushner, MD, MS, FACP, FTOS

Corby Martin, PhD

Aida C. G. Miles, MMSc, RD, LD

Delia Smith West, PhD

Molly Gee, MEd, RD, LD

*Program faculty to be selected from this list. Faculty vary by program.

Program Type

The Level 2 Certificate of Training in Adult Weight Management program is a training program, not a certification program. Upon completion of the program, a participant is not awarded a designation or credential. Please note individuals who complete the certificate of training are not certified. The term certification should only be used when referencing the completion of a certification examination such as the Registration Examination for Dietitians. Definitions of a certificate program and a certification program are:

Certificate Program:

A certificate program is an intensive training program with a component that assesses the participant. Upon completion of the program, participants receive a certificate attesting to the attainment of a new knowledge/skill set (e.g., Academy/CDR Certificate Program in Adult Weight Management). Unlike a certification program, participants do not receive a professional designation. Individuals completing a Certificate program receive CPEUs for training and assessment time regardless of whether they pass the post-course assessment and receive the certificate.

Certification Program:

A process, often voluntary, by which individuals who have demonstrated the level of knowledge and skill required in the profession, occupation, role, or skill are identified to the public and other stakeholders.

Advisory Committee

A team of over thirty leading experts in the field of weight management contributed to the development and review of this certificate of training course, including **Christina W. Biesemeier**, MS, RD, FADA, **Ruth Ann Carpenter**, MS, RDN, **Sue M. Cummings**, MS, RD, LDN, **Nancy M. Cooperman**, MS, RD, **Robert Ferraro**, MD, **John P. Foreyt**, PhD, **Molly Gee**, Med, RD, LD, **Bonnie S. Tamis Jortberg**, MS, RD, CDE, **John M. Jakicic**, PhD, **Molly Kellogg**, RD, **Robert F. Kushner**, MD, MS, FACP, FTOS, **Idamarie Laquatra**, PhD, RD, LDN, **Laurie C. Maimonis**, RD, **Richard D. Mattes**, PhD, RD, **Aida C. G. Miles**, MMsc, RD, LD, **Cathy A. Nonas**, MS, RD, CDE, and **Diane L. Rigassio Radler**, PhD, RD.

"I highly recommend this program to those who face challenges in their workplace with weight management clients. This program is essential and pragmatic for those RDs interested in making a vital improvement in their patients' lives!"

Agnes C Galvez, MS, RD
Consultant
North Las Vegas, NV



"Excellent update on current issues in weight management particularly web-based applications"

Joyce Sankey, MBA, RD, LD
Clinical Dietitian
Cedar Rapids, IA