

**Commission on Dietetic Registration**  
an official credentialing agency of the Academy of Nutrition and Dietetics

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CDR Update

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Spring 2017 NDEP Area Meetings



9/30/2019

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Jessie Pavlinac, MS, RD, CSR, LD is the Board Certified Specialist representative on the Commission. She is Director of Clinical Nutrition services for the Oregon Health & Sciences University Hospitals and Clinics in Portland, Oregon.



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- Registry Statistics
- DTR Pathway I and Pathway 3 Data Trends
- CPEU Credit for Preceptors
- Updated Entry-Level Dietitian and Dietetic Technician Test Content Outlines/New Study Guides
- Graduate Degree Registration Eligibility Resources
- PDP Practice Competencies Initiative
- Advanced Clinical Nutrition Practice Credential
- Interdisciplinary Specialist Certification
- CDR Connection- CDR's E-Newsletter

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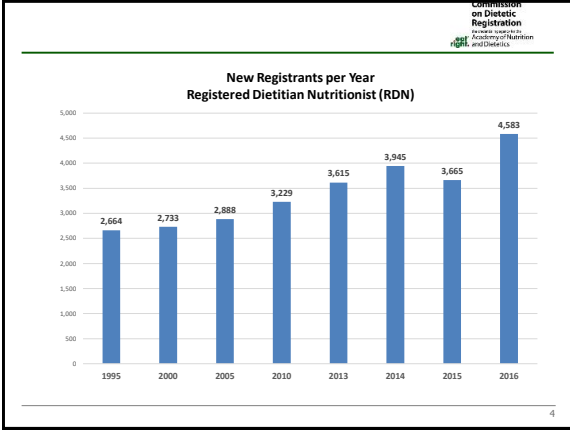
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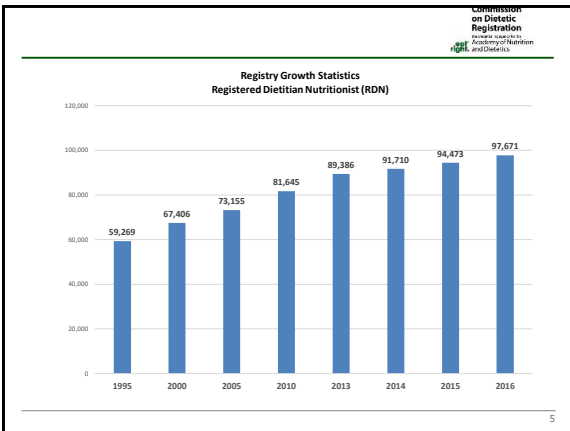
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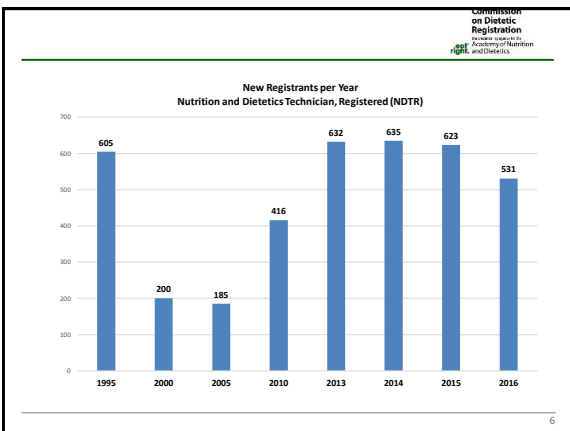
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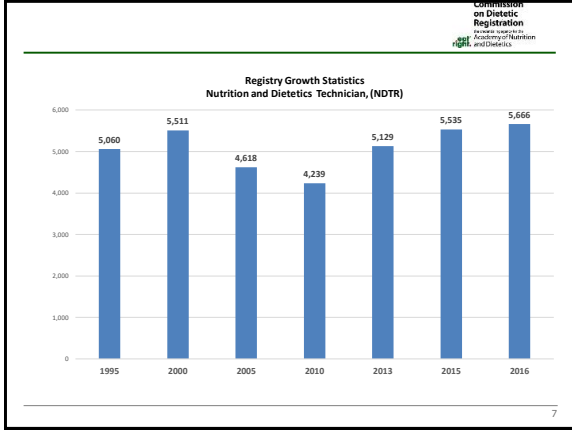
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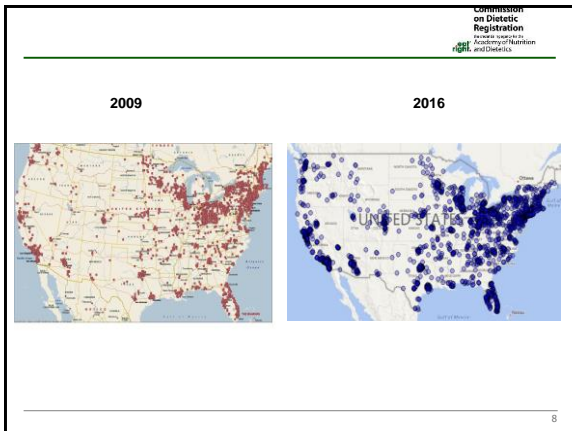
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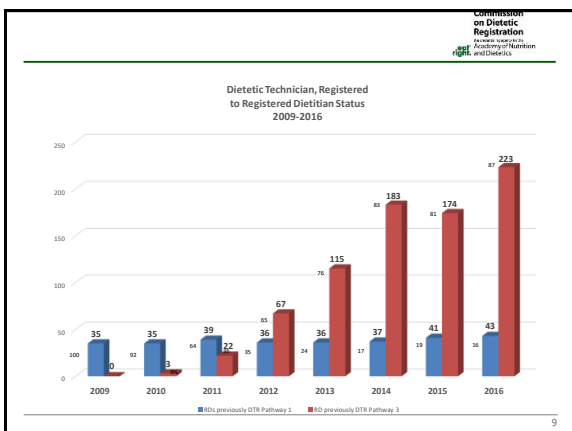
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CPE Credit for Serving  
as a Preceptor

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Move to recommend that CDR award continuing professional education credit under the Leadership Activity Type for learning acquired serving as a preceptor for an ACEND accredited program. (effective June 1, 2017)

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Leadership and/or Precepting  
Activities

3 CPEU's Per Year

Maximum 15 CPEUs Per Five Year  
Recertification Cycle

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**Commission on Dietetic Registration**  
FOR THE AMERICAN DIETETIC ASSOCIATION  
 AND DIETETICS

## New Examination Content Outlines Effective January 1, 2017

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**Commission on Dietetic Registration**  
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 AND DIETETICS

### NDTR Test Content Outline

2012		2017	
<b>I. Food and Nutrition Sciences</b>	10%	<b>I. Nutrition Science and Care for Individuals and Groups</b>	44%
A. Principles of Food Preparation		A. Principles of Basic and Normal Nutrition	
B. Food Composition		B. Screening and Assessment	
C. Principles of Basic and Normal Nutrition		C. Planning and Intervention	
<b>II. Nutrition Care for Individuals and Groups</b>	34%	D. Monitoring and Evaluation	
A. Screening and Assessment		<b>II. Food Science and Food Service</b>	24%
B. Diagnosis		A. Menu Development	
C. Planning and Intervention		B. Procurement and Supply Management	
D. Monitoring and Evaluation		C. Food Production, Distribution, and Service	
<b>III. Principles of Education and Training</b>	7%	D. Sanitation, Safety, Facility and Equipment	
A. Assessment and Planning		<b>III. Management of Food and Nutrition Services</b>	32%
B. Implementation and Evaluation		A. Human Resources	
<b>IV. Foodservice Systems</b>	22%	B. Finance and Materials	
A. Menu Development		C. Marketing Products and Services	
B. Procurement and Supply Management		D. Management Principles and Functions	
C. Food Production, Distribution, and Service		E. Quality Processes and Research	
D. Sanitation, Safety, and Equipment			
<b>V. Management of Food and Nutrition Services</b>	27%		
A. Human Resources			
B. Finance and Materials			
C. Marketing Products and Services			
D. Management Principles and Functions			
E. Quality Processes and Research			

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 AND DIETETICS

### RDN Test Content Outline

2012		2017	
<b>I. Principles of Dietetics</b>	12%	<b>I. Principles of Dietetics</b>	25%
A. Food Science and Nutrient Composition of Foods		A. Food Science and Nutrient Composition of Foods	
B. Nutrition and Supporting Sciences		B. Nutrition and Supporting Sciences	
C. Education and Communication		C. Education, Communication and Technology	
D. Research		D. Research Applications	
E. Management Concepts		<b>II. Nutrition Care for Individuals and Groups</b>	40%
<b>II. Nutrition Care for Individuals and Groups</b>	50%	A. Screening and Assessment	
A. Screening and Assessment		B. Diagnosis	
B. Diagnosis		C. Planning and Intervention	
C. Planning and Intervention		D. Monitoring and Evaluation	
D. Monitoring and Evaluation		<b>III. Management of Food and Nutrition Programs and Services</b>	21%
<b>III. Management of Food and Nutrition Programs and Services</b>	21%	A. Functions of Management	
A. Functions of Management		B. Human Resources	
B. Human Resources		C. Financial Management	
C. Financial Management		D. Marketing and Public Relations	
D. Marketing and Public Relations		E. Quality Management and Improvement	
E. Quality Improvement		<b>IV. Foodservice Systems</b>	14%
<b>IV. Foodservice Systems</b>	17%	A. Menu Development	
A. Menu Development		B. Procurement, Production, Distribution, and Service	
B. Procurement, Production, Distribution, and Service		C. Sanitation and Safety	
C. Sanitation and Safety		D. Equipment and Facility Planning	
D. Equipment and Facility Planning		E. Sustainability	
E. Sustainability			

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**New Study Guides Available**

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**Graduate Degree for Entry-Level Eligibility Effective January 1, 2024**

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Excerpt from Academy of Nutrition and Dietetics Bylaws, Article VII Section 2

**Section 2. Commission on Dietetic Registration ("CDR").**

Purpose Statement: CDR has sole and independent authority in all matters pertaining to certification  
 ...Establish and evaluate requirements, standards, policies and procedures for certification programs, including eligibility, reinstatement, examination and recertification for all levels of dietetics practice (e.g., entry, specialty and advanced level practice)...

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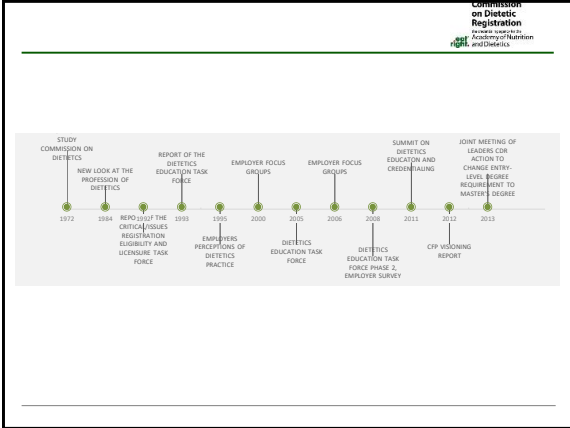
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**Employer Focus Groups - 1995**

The entry-level dietetics practitioner should be

“cross-trained, versatile, flexible, creative, proactive professionals who know how to focus their efforts on the organizations outcomes and bottom line, and who know how to show public and professional audiences that they are doing so.”

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**Employer Focus Groups/Surveys 2000-2008**

“Entry-level dietetics professionals need to broaden their contributions beyond a solid clinical/technical base to include more organizational competencies (critical-thinking, supervision, management, budgeting, cost-control, negotiation, persuasive communication) to facilitate strategic contributions to the success of the organization.”

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**Employer Focus Groups – Graduate Degree Comments - 2000**

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A graduate degree:

- would give more preparation time to address knowledge and skill gaps
- would offer an opportunity for specialization
- might result in increased respect in clinical environments
- might help with internship placement

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**Consistent Employer Theme...**

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Program Graduates...  
are not meeting employer expectations




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**2005 Dietetics Education Task Force**

Commission on Dietetic Registration  
American Dietetic Association  
Academy of Nutrition and Dietetics

**Recommendation #1**

- That a graduate degree be required for registration eligibility

**Rationale**

- Expansion of knowledge
- More opportunity to attain expanded competencies – enhanced public protection
- Meeting employer expectations
- Parity with other health care practitioners

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**2012 CFP Visioning Report**

Commission on Dietetic Registration  
American Dietetic Association  
Academy of Nutrition and Dietetics

Recommendation #1

Elevate the educational preparation for the future entry-level RDN to the minimum of a graduate degree from an ACEND accredited program.

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**2012 CFP Visioning Report**

Commission on Dietetic Registration  
American Dietetic Association  
Academy of Nutrition and Dietetics

Rationale

- Expansion of knowledge
- Enhanced practitioner competence – public protection
- Parity with other health professionals

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**Joint Leaders Meeting  
January 17-19, 2013**

Commission on Dietetic Registration  
American Dietetic Association  
Academy of Nutrition and Dietetics

Leaders representing **NDEP, ACEND, CDR** and **CFP** met to come to consensus on how to address the recommendations in the Visioning Report in light of feedback from members and the HOD dialogue session




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Outcome of Joint Meeting  
January 2013

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Consensus Agreement #1:  
Move Entry-level Degree Requirement  
to Graduate Level  
for RDN Eligibility



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March/April 2013 CDR Meetings

Commission on Dietetic Registration  
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- Reviewed Joint Leaders Meeting Summary
- Received input from ACEND Representatives
- ACEND developed a timeline for New Standards
- Stakeholder notice of change in entry-level registration eligibility requirements
- Impact on educators and educational institutions
- Impact on diversity in the profession

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CFP Visioning Report

Commission on Dietetic Registration  
American Dietetic Association  
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CDR Motion – April 2013

Move to change the entry-level registration eligibility education requirements for dietitians beginning in 2024 from a baccalaureate degree to a minimum of a graduate degree. All other entry-level dietitian registration eligibility requirements remain the same.

**CDR Motion does NOT require that the graduate degree be granted by an ACEND accredited program.**

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Eligibility Criteria for RDN	
Current	2024
<b>Baccalaureate degree</b> from a US regionally accredited college or university or foreign equivalent ACEND-accredited DPD program ACEND-accredited supervised practice (coordinated program, dietetic internship, or ISPP)	<b>Graduate degree</b> from a US regionally accredited college or university or foreign equivalent ACEND-accredited DPD program ACEND-accredited supervised practice (coordinated program, dietetic internship, or ISPP)

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Graduate Degree Registration Eligibility Requirement

Re-affirmed Graduate Degree Effective January 1, 2024

The ACEND Standards development process is independent of this graduate degree implementation date

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Eligibility Criteria Exception

Current RDNs Not Required to Obtain Graduate Degree

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**Impact on the Profession**

2015 Compensation and Benefits Survey

Hourly Wage Entry-Level RDs

	N	10 <sup>th</sup>	25 <sup>th</sup>	50 <sup>th</sup>	75 <sup>th</sup>	90 <sup>th</sup>
Master's degree <5 years	264	19.40	21.63	24.93	28.85	34.40
Bachelor's degree <5 years	269	19.23	20.59	23.56	26.95	32.05
Difference Master's vs Bachelors		+ .17	+ 1.04	+ 1.37	+ 1.90	+ 2.35

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Full-time = 2,080 hours annually  
 \$1.37/hour = \$2,850 Annual Salary  
 Differential

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Registration Examination  
 Content Outline

The Examination Content Outline Will  
 Change Over Time Based on  
 Dietetics Practice Audit Results

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Professional Academy of Nutrition and Dietetics

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## Next Steps

- On-going communications to stakeholders
- Review and update of registration eligibility information and processing systems.

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## Practice Competency-based Professional Development Initiative




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Professional Academy of Nutrition and Dietetics

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## Step 1 Learning Plan: Reflect and Assess to Create Your Learning Plan

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Introduction
FAQ

Hi Test, I'm the Goal Wizard. I'm here to help you reflect on your practice and/or future direction in dietetics and nutrition, assess your learning needs, and create a learning plan.

The Goal Wizard assists you in completing Step 1 of the Professional Development Portfolio process. As you work through the steps of the Goal Wizard, you will:

- Develop a Practice Competency Profile, and then
- Prepare and Create a Learning Plan

**Practice Competency Profile**  
 The Practice Competency Profile is a self-reflection and assessment tool used to identify essential competencies that are relevant to your past, current and future role and interests in dietetics and nutrition. The Profile serves as the basis for completing your Learning Plan.

**Learning Plan**  
 The Learning Plan is based on your personalized Practice Competency Profile. After you develop your Profile, you will choose performance indicators that relate to each of your competencies, in order to create a Learning Plan that best reflects your current practice needs and goals.

[Let's Get Started](#)

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**Important Implementation Dates**

**Commission on Dietetic Registration**  
Professional Credentialing  
 Academy of Nutrition and Dietetics

- Newly credentialed practitioners:  
**First Group: June 2, 2015-May 31, 2021**
- Recertifying credentialed practitioners:  
**Second Group: June 1, 2016-May 31, 2021**  
**Third Group: June 1, 2017-May 31, 2022**  
**Fourth Group: June 1, 2018-May 31, 2023**  
**Fifth Group: June 1, 2019-May 31, 2024**  
**Sixth Group: June 1, 2020-May 31, 2025**



Professional Development Portfolio Guide  
with Essential Practice Competencies

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**Practitioner Resources**

**Commission on Dietetic Registration**  
Professional Credentialing  
 Academy of Nutrition and Dietetics

- Practice Competencies Webpage:  
[www.cdrnet.org/competencies](http://www.cdrnet.org/competencies)
- Goal Wizard Tutorial
- Dream Wizard Demonstration
- Recorded Presentations
- Key Messages
- FAQ




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**Practice Competency Webinars**

**Commission on Dietetic Registration**  
Professional Credentialing  
 Academy of Nutrition and Dietetics

March 23, 2017 - Noon Central Time  
 April 24, 2017 - Noon Central Time (Student Session)  
 April 26, 2017 - Noon Central time  
 May 17, 2017 - Noon Central

Register at <https://www.cdrnet.org/competencies/webinars>

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Advanced Practice in  
Clinical Nutrition Credential

Clinical nutrition practice is the  
provision of direct nutrition care  
to individuals and/or groups.




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Eligibility Pathways

Pathway 1 for candidates with a graduate degree

- Current RDN
- Be a RDN for four calendar years (from the application deadline date)
- Have a graduate degree from a US-regionally accredited college or university. The qualifying degrees will include all degrees, except those from arts and humanities categories.
- Document 8,000 hours post RDN of clinical nutrition practice no older than the past 15 years, 800 of the required hours must be within the past two years (from the application deadline date)

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Eligibility Pathways

Pathway 2- Alternate Pathway (for candidates who do not have an eligible graduate degree)

- Current RDN
- Be an RDN for four calendar years
- Document 8,000 hours post RDN of clinical nutrition practice no older than the past 15 years, 800 of the required hours must be within the past two years (from the application deadline date)

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## Eligibility Pathways

Pathway 2- Alternate Pathway (for candidates who do not have an eligible graduate degree)

Completion of any **two of the three** following activities, post RDN:

- Evidence of presenting at a national, state or local professional conference in clinical nutrition (e.g. practice topics/poster/research) within the past five years from the application deadline date
- Published a clinical nutrition research or non-research article in a peer reviewed professional journal; had a clinical nutrition book or book chapter published(not self-published); edited or reviewed a clinical nutrition peer reviewed professional journal article or book; published article in a peer reviewed newsletter, or had a clinical nutrition abstract published in a peer reviewed journal within the past five years from the application deadline date.
- Specialist Certification in a clinical nutrition-related topics. The specialist certifications must include the RDN as a prerequisite qualification. Candidates must hold the specialist certification at the time of the examination

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## Registered Dietitian – Advanced Practitioner



Allison Beck, Kayla Bridges, Patricia Brown, Hinda Burstein, Tina Colaizzo-Anas, Laura Disharoon, Danielle Duggan, Georgia Giannopoulos, Shannon Goff, Christy Jackson, Amy Jones, Rebecca Kerkenbush, Mary Leicht, Monica Nagle, Sara O'Brien, Nancy Park, Michele Rager, Teresa Rodriguez, Joseph Schiera, Kayle Skorupski, Beth Taylor, Marianne Wetherill

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## Next Examination Administration November 2017 Eligibility Application Deadline August 31, 2017



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More Information

Academy Journal  
April 2015



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New Interdisciplinary Specialist  
Credential

Board Certified Specialist in  
Obesity & Weight Management (CSOWM)




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**Timeline of CSOWM Development**

- September-November 2015** – CDR Interdisciplinary Specialist Practice Analysis survey distributed to a random sample of practitioners in each discipline
- December 2015 - January 2016** – Task Force develops test content outline based on practice analysis results
- April 2016 – January 2017** – Test development (Item writing, item review, test assembly meetings, communications/marketing plan and exam promotion)
- March 2017** - First examination administration
- April 2017** – Standard setting (i.e., cut-score, Angoff process)
- May 2017** – Score reports mailed

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## Eligibility Requirements

Current, valid certification as:

- AANPCP Nurse Practitioner
- ACSM Certified Exercise Physiologist
- ACSM Certified Clinical Exercise Physiologist
- ACSM Registered Clinical Exercise Physiologist
- ANCC Nurse Practitioner
- CDR Registered Dietitian Nutritionist
- Licensed Clinical Psychologist
- Licensed Clinical Social Worker
- NCCPA Physician Assistant.

Maintenance of above credential for minimum of two years  
 Documentation of 2,000 hours of specialty practice experience while holding credential within the past five years

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## Current Facts & Figures

### Applications

	March 2017		September 2017
Total Approved	158	Total Applied	23
Non-RDs	6	Non-RDs	7

### Deadlines for September 2017 exam

Application Submission Deadline	Fee
June 12, 2017	\$350
July 10, 2017	\$375
August 2, 2017	\$400

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## The CDR Connection



**The CDR Connection:**  
Power Your Future

<https://www.cdrnet.org/connection>

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# THANK YOU

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