April 1-3, 2016 Level 2 Certificate of Training in Adult Weight Management Program Tentative On-Site Course Agenda ~ New Brunswick, New Jersey

While CDR will make all attempts to adhere to this agenda, the agenda may be modified in order to accommodate faculty schedules as needed.

Hyatt Regency New Brunswick Regency ABC Ballroom 2 Albany Street New Brunswick, NJ 08901



# Day 1 ~ Friday, April 1, 2016

7:30 am – 8:30 am	Light Breakfast & Program Check-In
8:30 – 8:45 am	<i>Introduction/Welcome and Program Overview</i> Molly Gee MEd, RD, LD ~ Program Facilitator
8:45 – 9:30 am	<b>Obesity as a DiseaseImplications for Dietetics Practice</b> Robert Kushner, MD, MS
9:30 – 10:30 am	Pharmacotherapy, Appetite RegulationImplications for Dietetics Practice Robert Kushner, MD, MS
10:30 – 10:45 am	Break – Coffee and Tea Service
10:45 – 11:30 am	Pathophysiology Case Studies / Q & A Robert Kushner, MD, MS
11:30 am – 12:45 pm	Lunch – On Own
12:45 – 2:00 pm	Bariatric Surgery Implications and Complications Sue Cummings, MS, RD, LDN
2:00 – 2:45 pm	Bariatric Case Studies / Q & A Sue Cummings, MS, RD, LDN
2:45 – 3:00 pm	Break – Coffee and Tea Service
3:00 – 4:30 pm	Nutrition Technology: Practicing on the Cutting Edge Bonnie S. Tamis Jortberg, PhD, RD, CDE Anne Wolf, MS, RD

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### Day 2 ~ Saturday, April 2, 2016

7:30 – 8:30 am	Light Breakfast
8:30 – 9:30 am	Counseling Strategies to Encourage Behavior Change in Weight Loss Delia Smith West, PhD
9:30 – 9:45 am	<i>Break - Coffee and Tea Service</i> Move to Breakout Rooms
9:45 – 11:45 am	Counseling Domain – Small Groups Breakouts Facilitators Christina Biesemeier, MS, RD, LDN, FADA Sue Cummings, MS, RD, LDN Molly Gee, MEd, RD, LD Bonnie S. Tamis Jortberg, PhD, RD, CDE Delia Smith West, PhD Anne Wolf, MS, RD
11:45 am – 12:00 noon	<b>Break</b> Move to Main Conference Room
12:00 noon – 12:15 pm	Counseling Domain Wrap-Up Delia Smith West, PhD
12:15 – 1:30 pm	Lunch - On Own
1:30 – 2:45 pm	Policy Impacting Practice: Weight Management Now and in the Future New Practice Models and the RD Bonnie S. Tamis Jortberg, PhD, RD, CDE Future Shock: Mobilizing Dietitians for a Bright Future Christina Biesemeier, MS, RD, LDN, FADA Positioning Yourself to Maximize Reimbursement Anne Wolf, MS, RD
2:45 – 3:00 pm	Policy Impacting Practice: Weight Management Now and in the Future – Q & A
3:00 – 3:15 pm	Break – Coffee and Tea Service
3:15 – 4:45 pm	Weight Maintenance Corby Martin, PhD

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## Day 3 ~ Sunday, April 3, 2016

7:30 – 8:30 am	Light Breakfast
8:30 – 10:00 am	<i>Appetite and Energy Balance</i> Richard Mattes, PhD, RD
10:00 – 10:15 am	Break – Coffee and Tea Service
10:15 – 11:45 am	Practical Application
10:15 – 10:45 am	Physical Activity Corby Martin, PhD
10:45 – 11:15 am	<b>Bias</b> Molly Gee, MEd, RD, LD
11:15 – 11:45 am	<b>Reimbursement</b> Anne Wolf, MS, RD
11:45 am – 12:00 noon	Practical Application – Q & A
12:00 – 12:30 pm	<b>Pulling It All Together - De-Brief</b> <b>Concluding Remarks and Post-test Instructions</b> Molly Gee MEd, RD, LD

