

June 4-6, 2015

New Orleans, Louisiana

Certificate of Training in Adult Weight Management Onsite Course Tentative Agenda

While CDR will make all attempts to adhere to this agenda, the agenda may be modified in order to accommodate faculty schedules as needed.

Astor Crowne Plaza New Orleans
Grand Ballroom ABC
739 Canal Street at Bourbon
New Orleans, Louisiana 70130



Thursday, June 4, 2015

7:30 – 8:30 am	Check-in and Light Breakfast
8:30 – 8:45 am	<i>Welcome and Program Overview</i> Molly Gee, MEd, RD, Program Facilitator
8:45 – 10:00am	<i>Current Research and Future Possibilities</i> Robert Kushner, MD, MS
10:00 – 10:15 am	Q & A
10:15 – 10:30 am	Beverage Break
10:30 – 11:15 am	<i>Nutrition Management of Overweight and Obesity – Part 1</i> Christina Biesemeier, MS, RD, LDN, FADA, FAND
11:15 – 11:30 am	Q & A
11:30 am – 12:45 pm	Lunch - On Own
12:45 – 2:00	<i>Nutrition Management of Overweight and Obesity – Part 2</i> Christina Biesemeier, MS, RD, LDN, FADA, FAND
2:00 – 2:15	Q & A
2:15 – 2:30 pm	Beverage Break
2:30 – 3:15 pm	<i>The Skinny of Popular Diets</i> Molly Gee, MEd, RD
3:15 – 3:30 pm	Q & A
3:30– 4:45 pm	<i>Role of Physical Activity in Weight Control</i> Ruth Ann Carpenter, MS, RDN
4:45 – 5:00 pm	Q & A

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Friday, June 5, 2015

7:30 – 8:30 am	Light Breakfast
8:30 – 9:15 am	Life Transitions and Weight Control Cynthia Thomson, PhD, RD, FAND
9:15 - 9:30 am	Q & A
9:30 – 10:45 am	Medical Complications and Pharmacotherapy in Overweight and Obesity Sue Cummings, MS, RD, LDN
10:30 – 10:45 am	Q & A
10:45 – 11:00 am	Beverage Break
11:00 am – 12:15 pm	Nutritional Care of the Bariatric Surgery Patient Sue Cummings, MS, RD, LDN
12:15 – 12:30 pm	Q & A
12:30– 1:45 pm	Lunch on Own
1:45 – 2:45 pm	Behavior Management of Obesity Craig Johnston, PhD
2:45 – 3:00 pm	Q & A
3:00 – 3:10 pm	Beverage Break Move to Breakout Rooms
3:10 – 4:30 pm	Behavior Modification – Breakout Groups Facilitators Christina Bieseimer, MS, RD, LDN, FADA, FAND Ruth Ann Carpenter, MS, RDN Sue Cummings, MS, RD, LDN Molly Gee, MEd, RD Craig Johnston, PhD Diane Radler, PhD, RD Cynthia Thomson, PhD, RD, FAND
4:30 – 4:40 pm	Move to Main Conference Room
4:40 – 5:00 pm	Behavior Modification – Summary Session
5:00 – 5:20 pm	Faculty and Participant Networking Session

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Saturday, June 6, 2015

7:30 – 8:30 am	Light Breakfast
8:30– 9:00 am	OTC Dietary Supplements in Weight Management Diane Radler, PhD, RD and Cynthia A. Thomson, PhD, RD, FAND
9:00 am – 9:15 am	Q & A
9:15 – 9:45 am	Role of Public Health in Obesity Prevention Ruth Ann Carpenter, MS, RDN
9:45 – 10:00 am	Q & A
10:00 – 10:15 am	Beverage Break
10:15 – 11:00 am	Technology and mHealth in Lifestyle Intervention Molly Gee, MEd, RD
11:45 – 11:00 am	Q & A
11:00 – 11:45 am	Case Studies: Applying What You've Learned Faculty Panel
11:45 – 12:00 noon	Concluding Remarks and Post-test Instructions Molly Gee, MEd, RD

