



**Certificate of Training in Obesity for Pediatrics and Adults Virtual Course  
November 8, 9, 15, 16, 2021**

<b>Day 1 – Monday, November 8, 2021</b> 10:00 am – 2:00 pm ET 7:00 – 11:00 am PT	
<b>Welcome</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	10:00 – 10:15am ET 7:00 – 7:15am PT
<b>Chronic Nature of Obesity</b> Dan Bessesen, MD	10:15 – 10:50am ET 7:15 – 7:50 am PT
<b>Q&amp;A</b> Dan Bessesen, MD Kellene Isom, PhD, MS, RD, LDN, CAGS	10:50 – 11:00am ET 7:50 – 8:00am PT
<b>Counseling and Behavior Management</b> Craig Johnston, PhD and Kathy Isoldi, PhD, RD	11:00 am – 12:00pm ET 8:00 – 9:00am PT
BREAK	12:00 – 12:15pm ET 9:00 – 9:15am PT
<b>Counseling and Behavior Management Roles Plays</b> Craig Johnston, PhD, Kathy Isoldi, PhD, RD and Ellen Sobota, MS, RD, LDN	12:15 – 1:00pm ET 9:15 – 10:00am PT
<b>Delivering Trauma Informed Counseling</b> Ellen Sobota, MS, RD, LDN	1:00 – 1:25pm ET 10:00 – 10:25am PT
<b>Telehealth for Effective Weight Management</b> Laura Andromalos, MS, RD, CSOWM, CDCES	1:25 – 1:45pm ET 10:25 – 10:45am PT
<b>Q&amp;A and Wrap Up</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	1:45 – 2:00pm ET 10:45 – 11:00am PT
<b>Day 2 – Tuesday, November 9, 2021</b> 10:00 am – 2:00 pm ET 7:00 – 11:00 am PT	
<b>Welcome and Overview</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	10:00 – 10:05am ET 7:00 – 7:05am PT
<b>Navigating Challenges</b> Health Literacy, Weight Bias, Teaching Strategies (Families, Children, Bullying) Cindy Heiss, PhD, RD, LD, CDCES and Maren Wolff, PhD, RDN, LD	10:05 – 10:55am ET 7:05 – 7:55am PT
BREAK	10:55 – 11:10am ET 7:55 – 8:10am ET
<b>Navigating Challenges II</b> Fad Diets; Self-Directed Diets Children; Critical Thinking; Health at Early Size; Q & A Cindy Heiss, PhD, RD, LD, CDCES, Corby Martin, PhD and Vanessa Thornton, RD, CSP	11:10 am – 12:10pm ET 8:10 – 9:10am PT
BREAK	12:10 – 12:20pm ET 9:10 – 9:20am PT
<b>Physical Activity: Pediatric and Adult</b> Corby Martin, PhD and Maren Wolff, PhD, RDN, LD	12:20 – 1:30pm ET 9:20 – 10:30am PT
<b>Core Content Practice Pearls and Wrap Up</b> Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	1:30 – 2:00pm ET 10:30 – 11:00am PT

<b>Day 3 – Monday, November 15, 2021</b> 10:00 am – 2:00 pm ET 7:00 – 11:00 am PT	
<b>Welcome</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	10:00 – 10:05am ET 7:00 – 7:05am PT
<b>Fundamentals of Pediatric Obesity</b> Fatima Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS	10:05 – 10:45am ET 7:05 – 7:45am PT
<b>Q&amp; A</b> Fatima Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS Kellene Isom, PhD, MS, RD, LDN, CAGS	10:45 – 10:55am ET 7:45 – 7:55am PT
<b>Obesity Interventions through Childhood - Introduction and Prevention Scenario</b> Maren Wolff, PhD, RDN, LD and Dana Gerstein, MPH, RD	10:55 – 11:30am ET 7:55 – 8:30am PT
BREAK	11:30 am – 11:45pm ET 8:30 – 8:45am PT
<b>Obesity Interventions through Childhood</b> First 1,000 Days and Pharmacotherapy/Surgery Scenarios Maren Wolff, PhD, RDN, LD and Vanessa Thornton, RD, CSP	11:45 – 1:00pm ET 8:45 – 10:00am PT
BREAK	1:00– 1:05pm ET 10:00 – 10:05pm PT
<b>Pediatric and Adolescent Program Management and Practice Pearls</b> Vanessa Thornton, RD, CSP, Michelle Horan, RD, LD and Dana Gerstein, MPH, RD	1:05 – 1:50pm ET 10:05 – 10:50am PT
<b>Pediatric and Adolescent Wrap Up</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	1:50 – 2:00pm ET 10:50 – 11:00am PT

<b>Day 4 – Tuesday, November 16, 2021</b> 10:00 am – 2:00 pm ET 7:00 – 11:00 am PT	
<b>Welcome</b> Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	10:00 – 10:10am ET 7:00 – 7:10am PT
<b>Obesity Interventions for Adults – Client Encounters Introduction</b> Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	10:10 – 10:20am ET 7:10 – 7:20am PT
Client Encounter: Young Adult – Corby Martin, PhD	10:20 – 10:45am ET 7:20 – 7:45am PT
Client Encounter: Mid-Adult – Jessica Bartfield, MD, ABOM and Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN	10:45 – 11:10am ET 7:45 – 8:10am PT
BREAK	11:10 – 11:20am ET 8:10 – 8:20am PT
Client Encounter: Adult – Kellene Isom, PhD, MS, RD, LDN, CAGS  Client Encounter: Older Adult – Bonnie Jortberg, PhD, RD, CDCES and Julie Feldman, MPH, RD	11:20 – 11:45am ET 8:20 – 8:45am PT  11:45am – 12:10pm ET 8:45 – 9:10am PT
<b>Client Encounters – Wrap Up and Q&amp;A</b> Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	12:10 – 12:30pm ET 9:10 – 9:30am PT
BREAK	12:30 – 12:40pm ET 9:30 – 9:40am PT
<b>Adult Program Management and Practice Pearls</b> Julie Feldman, MPH, RD, Bonnie Jortberg, PhD, RD, CDCES, Ellen Sobota, MS, RD, LDN and Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN	12:40 – 1:30pm ET 9:40 – 10:30am PT
<b>Adult Weight Management Wrap Up</b> Evaluation and Post-Assessment Linda Gigliotti, MS, RD, CSOWM, CDCES, FAND	1:30 – 2:00pm ET 10:30 – 11:00am PT