

November 16-18, 2017

Orlando, Florida

Certificate of Training in Adult Weight Management Onsite Course Tentative Agenda

While CDR will make all attempts to adhere to this agenda, the agenda may be modified in order to accommodate faculty schedules as needed.

**DoubleTree Hilton
Lake/Osceola Meeting Room
5780 Major Blvd.
Orlando, FL 32819**



Thursday, November 16, 2017

7:30 – 8:30 am	Check-in and Light Breakfast
8:30 – 8:45 am	Welcome and Program Overview Molly Gee, MEd, RD, Program Facilitator
8:45 – 10:15 am	Current Research and Future Possibilities John Foreyt, PhD Q & A
10:15 – 10:30 am	Beverage Break
10:30 – 11:45 am	Nutrition Management of Overweight and Obesity – Part 1 Christina Biesemeier, MS, RD, LDN, FADA, FAND Q & A
11:45 am – 1:00 pm	Lunch - On Own
1:00 – 1:15 pm	Announcements and Introductions Molly Gee, Med, RD
1:15 – 2:30 pm	Nutrition Management of Overweight and Obesity – Part 2 Christina Biesemeier, MS, RD, LDN, FADA, FAND Q & A
2:30 – 2:45 pm	Beverage Break
2:45 – 3:45 pm	Do All Diets Work? Molly Gee, MEd, RD Q & A
3:45– 5:15 pm	Physical Activity: What's the Weight Management RDN's Role? Ruth Ann Carpenter, MS, RDN Q & A

Certificate of Training in Adult Weight Management Onsite Course Tentative Agenda

While CDR will make all attempts to adhere to this agenda, the agenda may be modified in order to accommodate faculty schedules as needed.

Friday, November 17, 2017

7:30 – 8:15 am	Breakfast Great time to meet and network with a fellow participants.
8:15 - 8:30 am	Announcements and Introductions Molly Gee, MEd, RD
8:30 – 9:30 am	Life Transitions and Weight Control Jeanette Beasley, PhD, MPH Q & A
9:30 – 10:45 am	Medical Complications and Pharmacotherapy in Overweight and Obesity Sue Cummings, MS, RD, LDN Q & A
10:45 – 11:00 am	Beverage Break
11:00 am – 12:30 pm	Nutritional Care of the Bariatric Surgery Patient Sue Cummings, MS, RD, LDN Q & A
12:30– 1:45 pm	Lunch on Own
1:45 – 2:00 pm	Announcements and Introductions Molly Gee, MEd, RD
2:00 – 3:15 pm	Behavior Management of Obesity Craig Johnston, PhD
3:15 – 3:25 pm	Beverage Break Move to Breakout Rooms
3:25 – 4:45 pm	Behavior Modification – Breakout Groups Facilitators Christina Biesemeier, MS, RD, LDN, FADA, FAND Ruth Ann Carpenter, MS, RDN Sue Cummings, MS, RD, LDN Molly Gee, MEd, RD Craig Johnston, PhD Diane Radler, PhD, RD
4:45 – 4:55 pm	Move to Main Conference Room
4:55 – 5:15 pm	Behavior Modification – Summary Session & Q & A
5:15 – 5:35 pm	Faculty and Participant Networking Session

Certificate of Training in Adult Weight Management Onsite Course Tentative Agenda

While CDR will make all attempts to adhere to this agenda, the agenda may be modified in order to accommodate faculty schedules as needed.

Saturday, November 18, 2017

7:30 – 8:15 am	Breakfast Great time to meet and network with a fellow participants.
8:15 – 8:30 am	<i>Announcements and Introductions</i> Molly Gee, MEd, RD
8:30– 9:15 am	<i>Dietary Supplements in Weight Management</i> Diane Radler, PhD, RD Q & A
9:15 – 10:00 am	<i>Technology and mHealth in Lifestyle Intervention</i> Molly Gee, MEd, RD Q & A
10:00 – 10:15 am	<i>Beverage Break</i>
10:15 – 11:00 am	<i>Role of Public Health in Obesity Prevention</i> Ruth Ann Carpenter, MS, RDN Q & A
11:00 – 11:45 am	<i>Case Studies: Applying What You've Learned</i> Molly Gee, MEd, RD Faculty Panel
11:45 – 12:00 noon	<i>Concluding Remarks and Post-test Instructions</i> Molly Gee, MEd, RD

