



**Certificate of Training in Obesity in Pediatrics and Adults Virtual Course
November 6, 7, 10, 17, 2020**

Evenings/Weekend Course

Day 1 - Opening and Core Content	Friday, November 6, 2020 11:00 am – 3:00 pm ET 8:00 am – 12:00 noon PT
Welcome Virtual ground rules Requirements and participation expectations Interactive Games Kellene Isom, PhD, MS, RD, LDN	11:00 – 11:30 am ET 8:00 – 8:30 am PT
The Obesity World RD role; Ted Kyle's video; Q & A Kellene A. Isom, PhD, MS, RD, LDN	11:30 am – 12:00 noon ET 8:30 – 9:00 am PT
BREAK	
Counseling and Behavior Management Craig Johnston, PhD and Julie Feldman, MPH, RD (role play); Q & A	12:15 – 1:45 pm ET 9:15 – 10:45 am PT
BREAK	
Counseling and Behavior Management Craig Johnston, PhD Activity and Breakout? Q & A Daily Reflection and Practice Pearls	2:00 – 3:00 pm ET 11:00 am – 12:00 noon PT

Day 2 - Core Content	Saturday, November 7, 2020 11:00 am – 3:00 pm ET 8:00 am – 12:00 PT
Welcome Overview Kellene Isom, PhD, MS, RD, LDN	11:00 – 11:15 am ET 8:00 – 8:15 am PT
Navigating Challenges: Health Literacy, Weight Bias, Teaching Strategies (families, children, bullying) Laura Andromalos, MS, RD, CSOWM, CDE and Maren Wolff, PhD, RDN, LD	11:15 am – 12:15 pm ET 8:15 – 9:15 am PT
BREAK	
Navigating Challenges II: Fad Diets, Self-directed diets children, Critical Thinking; Q & A Laura Andromalos, MS, RD, CSOWM, CDE, Toni Toledo, MPH, RD and Vanessa Thornton, RD, CSP	12:30 – 1:15 pm ET 9:30 – 10:15 am PT
BREAK	
Physical Activity: Pediatric and Adult Adult Tara WL Case #1 and Peds Case #3 Debbie Kibbe, MS, PHR and Corby Martin, PhD	1:30 – 2:30 pm ET 10:30 – 11:30 am PT
Core Content Practice Pearls and Wrap up Kellene Isom, PhD, MS, RD, LDN	2:30 – 3:00 pm ET 11:30 – 12:00 noon PT



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Day 3 – Pediatric and Adolescent Obesity	Tues Nov 10, 2020 3:00 – 8:00 pm ET 12:00 – 5:00 pm PT
Welcome Kellene Isom, PhD, MS, RD, LDN	3:00 – 3:45 pm ET 12:00 – 12:45 pm PT
Fundamentals of Pediatric Obesity Fatima Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS	
Obesity Interventions through Childhood Life Transitions: Intro and Case 1 Maren Wolff, PhD, RDN, LD and Patricia Novak, MPH, RD, CLE	3:45 – 4:15 pm ET 12:45 – 1:15 pm PT
BREAK	
Obesity Interventions through Childhood Life Transitions: Case 2 and Case 4 Maren Wolff, PhD, RDN, LD and Jackie Ballou Erdos, MS, RD, CSSD	4:30 – 6:00 pm ET 1:30 – 3:00 pm PT
BREAK	
Adolescent Program Management and Practice Pearls Vanessa Thornton, RD, CSP, Jackie Ballou Erdos, MS, RD, CSSD and Patricia Novak, MPH, RD, CLE	6:15 – 7:15 pm ET 3:15 – 4:15 pm ET
Peds and Adolescent Wrap Up Evaluation and Post-assessment Kellene Isom, PhD, MS, RD, LDN	7:15 – 7:45 pm ET 4:15 – 4:45 pm PT

Day 4 – Adult Obesity	Tuesday, November 17, 2020 3:00 – 8:00 pm ET 12:00 noon – 5:00 pm PT
Welcome Kellene Isom, PhD, MS, RD, LDN	3:00 – 3:15 pm ET 12:00 – 12:15 pm PT
Chronic Nature of Obesity, Dan Bessesen, MD	3:15 - 3:45 pm ET 12:15 – 12:45 pm PT
Obesity Interventions: Case 2 Corby Martin, PhD	3:45 – 4:15 pm 12:45 – 1:15 pm PT
BREAK	
Obesity Interventions: Cases Case 3 – Jessica Bartfield, MD and Cindy Heiss, PhD, RD, LD, CDE Case 4 – Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN Case 5 – Bonnie Jortberg, PhD, RD	4:30 – 6:00 pm ET 1:30 – 3:00 pm PT
BREAK	
Adult program management and Practice Pearls Bonnie Jortberg, PhD, RD, Laura Andromalos, MS, RD, CSOWM, CDE, Julie Feldman, MPH, RD, and Toni Toledo, MPH, RD	6:15 – 7:15 pm ET 3:15 – 4:15 pm PT
Adult Weight Management Wrap Up Evaluation and Post-assessment Kellene Isom, PhD, MS, RD, LDN	7:15 – 7:45 pm ET 4:15 – 4:45 pm PT