



**Certificate of Training in Obesity for Pediatrics Virtual Course  
January 26-29, 2021**

<b>Day 1 - Opening and Core Content</b>	<b>Tuesday, January 26, 2021 2:00 – 6:00 pm ET 11:00 am – 3:00 pm PT</b>
<b>Welcome</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	2:00 – 2:15 pm ET 11:00 – 11:15 am PT
<b>Chronic Nature of Obesity</b> Dan Bessesen, MD	2:15 – 2:50 pm ET 11:15 – 11:50 am PT
<b>Q&amp;A</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	2:50 – 3:00 pm ET 11:50 am – 12:00 noon PT
<b>Counseling and Behavior Management</b> Craig Johnston, PhD and Kathy Isoldi, PhD, RD	3:00 – 4:00 pm ET 12:00 – 1:00 pm PT
BREAK	4:00 – 4:15 pm ET 1:00 – 1:15 pm PT
<b>Counseling and Behavior Management Roles Plays</b> Craig Johnston, PhD, Kathy Isoldi, PhD, RD, and Julie Feldman, MPH, RD	4:15 – 5:00 pm ET 1:15 – 2:00 pm PT
<b>Delivering Trauma Informed Counseling</b> Julie Feldman, MPH, RD	5:00 – 5:20 pm ET 2:00 – 2:20 pm PT
<b>Telehealth for Effective Weight Management</b> Julie Feldman, MPH, RD	5:20 – 5:35 pm ET 2:20 – 2:35 pm PT
<b>Q&amp;A and Wrap Up</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	5:35 – 6:00 pm ET 2:35 – 3:00 pm PT

<b>Day 2 - Core Content</b>	<b>Wednesday, January 27, 2021 2:00 – 6:00 pm ET 11:00 am – 3:00 pm PT</b>
<b>Welcome and Overview</b> Linda Gigliotti, MS, RD, CSOWM, CDCES	2:00 – 2:05 pm ET 11:00 -11:05 am PT
<b>Navigating Challenges</b> Health Literacy, Weight Bias, Teaching Strategies (Families, Children, Bullying) Laura Andromalos, MS, RD, CSOWM, CDCES and Maren Wolff, PhD, RDN, LD	2:05 – 2:55 pm ET 11:05 – 11:55 am PT
BREAK	2:55 – 3:10 pm ET 11:55 – 12:10 pm PT
<b>Navigating Challenges II:</b> Fad Diets, Self-directed diets children, Critical Thinking; Q & A Laura Andromalos, MS, RD, CSOWM, CDCES, Corby Martin, PhD and Vanessa Thornton, RD, CSP	3:10 – 4:10 pm ET 12:10 – 1:10 pm PT
BREAK	4:10 – 4:20 pm ET 1:10 – 1:20 pm PT
<b>Physical Activity: Pediatric and Adult</b> Debbie Kibbe, MS, PHR and Corby Martin, PhD	4:20 – 5:10 pm ET 1:20 – 2:10 pm PT
<b>Physical Activity Case Study</b> Corby Martin, PhD	5:10 – 5:30 pm ET 2:10 – 2:30 pm PT
<b>Core Content Practice Pearls and Wrap up</b> Linda Gigliotti, MS, RD, CSOWM, CDCES	5:30 – 6:00 pm ET 2:30 – 3:00 pm PT

<b>Day 3 – Pediatric and Adolescent Obesity</b>	<b>Thursday, January 28, 2021</b> <b>2:00 – 7:00 pm ET</b> <b>11:00 am – 4:00 pm PT</b>
<b>Welcome</b> Kellene Isom, PhD, MS, RD, LDN, CAGS	2:00 – 2:05 pm ET 11:00 – 11:05 am PT
<b>Fundamentals of Pediatric Obesity</b> Fatima Stanford, MD, MPH, MPA, FAAP, FACP, FAHA, FTOS	2:05 – 2:45 pm ET 11:05 – 11:45 am PT
<b>Q&amp;A</b> Kellene Isom, PhD, MS, RD, LDN, CAGS and Vanessa Thornton, RD, CSP	2:45 – 3:00 pm ET 11:45 am – 12:00 noon PT
<b>Obesity Interventions through Childhood - Introduction and Prevention Scenario</b> Maren Wolff, PhD, RDN, LD and Patricia Novak, MPH, RD, CLE	3:00 – 3:50 pm ET 12:00 – 12:50 pm PT
BREAK	3:50 – 4:05 pm ET 12:50 – 1:05 pm PT
<b>Obesity Interventions through Childhood</b> First 1,000 Days and Pharmacotherapy/Surgery Scenarios Maren Wolff, PhD, RDN, LD and Vanessa Thornton, RD, CSP	4:05 – 5:20 pm ET 1:05 – 2:20 pm PT
BREAK	5:20 – 5:25 pm ET 2:20 – 2:25 pm PT
<b>Adolescent Program Management and Practice Pearls</b> Vanessa Thornton, RD, CSP, Michelle Horan, RD, LD and Patricia Novak, MPH, RD, CLE	5:25 – 6:25 pm ET 2:25 – 3:25 pm PT
<b>Peds and Adolescent Wrap Up</b> - Evaluation and Post-assessment Kellene Isom, PhD, MS, RD, LDN, CAGS	6:25 – 7:00 pm ET 3:25 – 4:00 pm PT