

Registered Dietitian Examination Test Specifications

January 1, 2017 – December 31, 2021

The Registration Examination for Dietitians is designed to evaluate a dietitian's ability to perform at the entry-level. The examination content domains and topics are outlined below.

I. Principles of Dietetics	25%
A. Food Science and Nutrient Composition of Foods	
B. Nutrition and Supporting Sciences	
C. Education, Communication and Technology	
D. Research Applications	
II. Nutrition Care for Individuals and Groups	40%
A. Screening and Assessment	
B. Diagnosis	
C. Planning and Intervention	
D. Monitoring and Evaluation	
III. Management of Food and Nutrition Programs and Services	21%
A. Functions of Management	
B. Human Resources	
C. Financial Management	
D. Marketing and Public Relations	
E. Quality Management and Improvement	
IV. Foodservice Systems	14%
A. Menu Development	
B. Procurement, Production, Distribution, and Service	
C. Sanitation and Safety	
D. Equipment and Facility Planning	