

# Registered Dietitian Examination - Test Specifications

January 1, 2017 – December 31, 2021

The Registration Examination for Dietitians is designed to evaluate a dietitian's ability to perform at the entry-level. The examination content domains and topics are outlined below.

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| <b>I. Principles of Dietetics</b>                                  | <b>25%</b> |
| A. Food Science and Nutrient Composition of Foods                  |            |
| B. Nutrition and Supporting Sciences                               |            |
| C. Education, Communication and Technology                         |            |
| D. Research Applications   |            |
| <b>II. Nutrition Care for Individuals and Groups</b>               | <b>40%</b> |
| A. Screening and Assessment  |            |
| B. Diagnosis   |            |
| C. Planning and Intervention                                       |            |
| D. Monitoring and Evaluation                                       |            |
| <b>III. Management of Food and Nutrition Programs and Services</b> | <b>21%</b> |
| A. Functions of Management   |            |
| B. Human Resources   |            |
| C. Financial Management  |            |
| D. Marketing and Public Relations                                  |            |
| E. Quality Management and Improvement                              |            |
| <b>IV. Foodservice Systems</b>                                     | <b>14%</b> |
| A. Menu Development  |            |
| B. Procurement, Production, Distribution, and Service              |            |
| C. Sanitation and Safety   |            |
| D. Equipment and Facility Planning                                 |            |