

September 4-6, 2014

Newport Beach, California

Commission on Dietetic Registration

Certificate of Training in Childhood and Adolescent Weight Management Course Agenda

While CDR will make all attempts to adhere to this agenda, the agenda may be modified in order to accommodate faculty schedules as needed.

Hyatt Regency Newport Beach  
Plaza Ballroom  
1107 Jamboree Road  
Newport Beach, CA 92660



Day 1 – Thursday, September 4, 2014

8:00 - 8:30 am	<b>Check-in and Light Breakfast</b>
8:30 - 8:45 am	<b>Welcome and Program Overview</b> Kathy Cobb, MS, RD, CDN – Program Facilitator
8:45 – 9:30 am	<b>Keynote on Fundamental Research and Current Practice Guidelines</b> Sandra G. Hassink, MD, FAAP
9:30 – 9:45 am	Q & A
9:45 – 10:00 am	Beverage Break – Coffee and Tea Service
10:00 am – 12:15 pm	<b>Assessment, Treatment and Case Management of Pediatric Overweight</b> Nancy Copperman, MS, RD, CDN and Marc Jacobson, MD
12:15 – 12:30 pm	Q & A
12:30 – 1:45 pm	Lunch - On Own
<i>Optional</i> 1:20 – 1:35 pm	<b>Physically Active and Appropriate Activities for Youth Hands-On Exercise Session</b> Melinda S. Sothern, PhD, CEP
1:45 – 3:00 pm	<b>Physical Activity as Treatment</b> Melinda S. Sothern, PhD, CEP
3:00 – 3:15 pm	Q & A
3:15 – 4:00 pm	Beverage Break – Coffee and Tea Service
4:00 – 4:45 pm	<b>Environmental Influences on Pediatric Overweight</b> Dana E Gerstein, MPH, RD
4:45 – 5:00 pm	Q & A

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### ***Day 2 – Friday, September 5, 2014***

7:30 – 8:30 am	<b>Light Breakfast</b>  <b>Optional National Dairy Council Presentation and Light Breakfast</b>  <b>Kids are drinking WHAT? Beverage Consumption from the National Health and Nutrition Examination Survey</b> Trina Robertson, RDN
8:30 – 9:45 am	<b>Behavioral Management: Assessment and Interventions</b> Craig Johnston, PhD
9:45 – 10:00 am	Q & A
10:00 – 10:30 am	<b>Counseling – Spirit of MI</b> Craig Johnston, PhD
10:30 – 11:00 am	<b>Role Play and Q &amp; A</b> Craig Johnston, PhD Michelle Horan, RD, LD
11:00 am – 12:30 pm	<b>Beverage Break</b> <b>Breakout Practice Sessions</b> Nancy Copperman, MS, RD, CDN Gail Frank, DrPH, RD, CHES Michelle Horan, RD, LD Craig Johnston, PhD Shelley Kirk, PhD, RD, LD Aida C.G. Miles, MMSc, RD, LD, FAND
12:30 – 1:45 pm	<b>Lunch</b>
1:45 – 3:00 pm	<b>Developing a Clinical Program for the Management of Childhood and Adolescent Obesity</b> Shelley Kirk, PhD, RD, LD
3:00 – 3:15 pm	Q & A
3:15 pm – 3:30 pm	<b>Beverage Break</b>
3:30 pm – 4:15 pm	<b>Weight Loss Surgery for Severely Obese Adolescents: Nutritional Considerations</b> Isadora Nogueira, MS, RD, LDN
4:15 - 4:30 pm	Q & A

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### ***Day 3 – Saturday, September 6, 2014***

7:30 – 8:30 am	<b>Light Breakfast</b>
8:30 – 9:30 am	<b>School Nutrition</b> Donna Martin, EdS, RDN, LD, SNS
9:30 – 9:45 am	Q & A
9:45 – 11:00 am	<b>Prevention of Pediatric Overweight and Obesity: Population and Individual Approaches</b> Debra Kibbe, MS, PHR
11:00 – 11:15 am	Q & A
11:15 – 11:30 am	Beverage Break – Coffee and Tea Service
11:30 am – 12:15 pm	<b>Cultural Competence for Successful Weight Management Counseling</b> Gail Frank, DrPH, RD, CHES
12:15 – 12:30 pm	Q & A
12:30 – 12:45 pm	<b>Concluding Remarks and Post-test Instructions</b> Kathy Cobb, MS, RD, CDN – Program Facilitator



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