Individual Not Currently Employed – Mary Jones

**What are my current practice area(s) and/or professional interests?**
Child nutrition, wellness, sports nutrition

**Within my area(s) of practice and/or professional interests, what roles or responsibilities do I perform now?**
Volunteer in community centers; speaking, develop budgets and keep books

**What external factors or trends (professional, societal, environmental) are affecting or will affect my professional practice?**
Family demands, 3 small children
Public’s increased interest in wellness, disease prevention and sports nutrition

**What areas of my profession do I enjoy?**
Public speaking, working with people to help them achieve a healthy lifestyle

**What are my current leadership responsibilities?**
Serving as treasurer of my philanthropic club
President of cooperative preschool group

**What do I want my future practice area to be?**
Sports nutrition and wellness

**What are my professional strengths?**
Work well with others
Get work done in a timely manner
Up-to-date on nutrition information

**What are my professional areas for improvement?**
Manage competing demands of family and future part-time practice
Keep current on nutrition trends
Business skills for a consulting practice

**What are my current professional goals?**

**Short Term: (1 - 3 years)**
Stay abreast of current nutrition trends
Maximize time management

**Long Term: (3 - 5 years)**
Return to work consulting part-time in sports nutrition and wellness
Increase business skills to start a consulting business