Commission on Dietetic Registration

the credentialing agency for the Academy of Nutrition right. and Dietetics

> 120 South Riverside Plaza Suite 2000 Chicago, Illinois 60606-6995 312.899.0040 ext. 5500 www.cdrnet.org

Subject Matter Expert Developer Recruitment Information Application Certificate of Training in Obesity Interventions for Adults Social Determinants of Obesity and Overweight Domain

The Commission on Dietetic Registration is revisioning the certificate programs in adult weight management to create a learner-centered and flexible training that maintains the high standards for rigor and quality that have made it successful for the past 15 years. Attachment A has information about the vision, goals, and design of the new training.

Pre-work Subject Matter Expert Needed

CDR is seeking a practitioner and/or researcher who has extensive knowledge, experience, and expertise in addressing *health equity and the social determinants of obesity and overweight*. At least five years of experience – and currently practicing – in weight management treatment and/or research as well as domain-related contributions to the scientific literature, expert committee experience, and presentations at national or international meetings are desired. The primary task of this role is to create learning materials (e.g., narrated Powerpoint presentations, article annotations, reflection questions, case studies, pre-test questions) for a 1.0 to 2.0 hour online learning module based on these learning goals and learning objectives:

Learning Goals:

- 1. Determine social determinants of health that impact obesity and health and current, specific intervention approaches."
- 2. Use the social-ecological model to identify potential activities and roles for RDNs at each level that could be leveraged to prevent obesity in communities.
- 3. Describe relevant strategies for decreasing deleterious social determinants of health and obesity and improving health outcomes in a hypothetical community.

Learning Objectives:

- 1. Define social determinants of health.
- 2. Identify social determinants that are particularly relevant to obesity risk.
- 3. Describe general strategies for addressing social determinants of health and obesity.
- 4. Describe the 5 levels of the social-ecological model
- 5. Give examples of weight management interventions an RDN can engage in for the intrapersonal, interpersonal, institution, community and policy levels of the social-ecological model.

- 6. Given community assessment data, identify relevant strategies to improve nutrition and physical activity.
- 7. Evaluate ways in which RDNs providing MNT for obesity can address social determinants of health impacting their clients.
- 8. Create a list of personal and professional actions learners will take to combat the social determinants of health and obesity.

Application Process

Applications (Attachment B) are due January 15, 2018 and selection will be announced by February 15, 2018. The completed deliverable will be due April 2, 2018.

<u>Honorarium</u>

CDR will pay an honorarium in accordance to the Academy's honorarium policy which is \$300 per one-hour per PowerPoint presentation and \$50 per hour for content development.

PLEASE NOTE: To avoid conflict of interest, it is the business practice of the Academy to preclude nationally elected and appointed Academy Leaders from initiating a contract with the Academy for services and payment after their term of office begins.

If you have questions or need assistance, please email them to <u>weightmgmt@eatright.org</u> or contact

Pearlie Johnson-Freeman, MBA Director, Credentialing Services Commission on Dietetic Registration phone: 312-899-4839 pjohnson@eatright.org

Attachment A

ADULT WEIGHT MANAGEMENT TRAINING Subject Matter Expert Application Form

<u>Rationale</u>

Over half of American adults are living with overweight or obesity. A dietetics professional, trained to have a comprehensive knowledge of the field and management options, can enable long-term patient compliance and sustained success. This training is being revised to address the evolving competencies of today's and tomorrow's weight management dietetics professionals in ways that support the needs of modern learners.

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Vision

To provide the best care for our patients, clients and community, participants will be able to:

- Competently deliver weight management services that are patient-centered, evidence-based
- Apply weight management competencies to a variety of settings
- Engage clients where they live, work and play

Goals

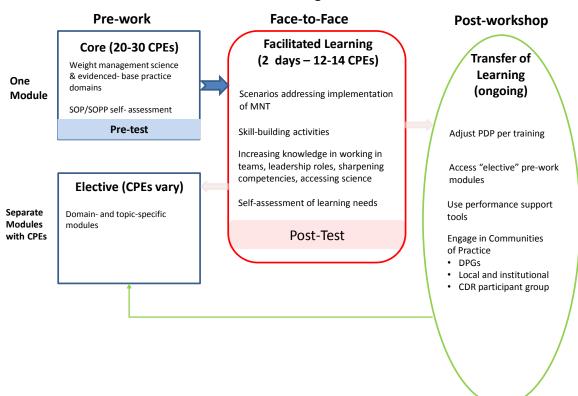
- Incorporate relevant weight management Standards of Practice and Standards of Professional Performance (SOPs/SOPPs) into patient/client care.
- Describe the complexity of obesity as a chronic disease.
- Engage patients/clients to choose their path to personalized lifestyle changes to promote the adoption and maintenance of a healthy weight.
- Apply latest evidence-based guidelines in weight management, physical activity, nutrition and behavior change.
- Demonstrate adaptability to use skills and knowledge in a variety of settings to increase accessibility to weight management interventions.
- Influence the environment where patients/clients live, work and play to promote a healthy weight.
- Support continuous learning for weight management treatment and prevention.

Attachment A

ADULT WEIGHT MANAGEMENT TRAINING Subject Matter Expert Application Form

Design

Figure 1. CDR Adult Weight Management Certificate of Training



As Shown in Figure 1, there are three distinct phases of training. The required "Core" content of the Prework phase focuses on foundational concepts in weight management science and evidence-based practice. Completion is mandatory before attending the face-to-face workshop. The "Elective" pre-work is a set of brief, independent learning modules on weight management-related topics that participants can opt to take prior to or after the face-to-face training depending on personal interest and need.

The face-to-face training will focus on experiential learning activities that require critical thinking and problem-solving as well as skill building in areas such as counseling. Participants will be challenged to continually assess their competencies and needs for future skill development. Finally, post-workshop, participants will be encouraged to develop personal practices for transfer of the learning experienced in the pre-work and face-to-face training.

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"Ever Learning" Model

Attachment B

ADULT WEIGHT MANAGEMENT TRAINING Subject Matter Expert Developer Application Form



Social Determinants of Obesity and Overweight Domain

Name and Credentials:	
Telephone Number:	
Email Address:	

Employment Please list current employment and your most recent (previous ten years) of employment. List position title, institution/company name, and city, state. Please list in reverse chronological order. Please attach resume or CV.	Current Most Recent	
References Please list name, position, phone number and email of two people who can speak to the role(s) for which you are applying.	Reference 1	
	Reference 2	
Have you completed a CDR Certificate of Training in Adult Weight Management Program?		es, Level 1 es, Level 2 o

ADULT WEIGHT MANAGEMENT TRAINING Subject Matter Expert Developer Application Form



Content/Research/Practice Expertise	In an attachment, please describe briefly what you feel are your unique experiences/qualifications/interests for serving as a subject matter expert for this domain. Include any relevant research studies and peer-reviewed manuscripts.
Experience at National Meeting/Conferences/Workshops	
Please list your expert committees, conferences, or presentations that are most relevant to this domain.	
Please provide: • Topic • Date • Target Audience • Sponsoring Organization • Contact Person, Telephone, Email	
Address Use attachment if needed.	
Optional: Provide an audio and/or video clip	

Attachment B

ADULT WEIGHT MANAGEMENT TRAINING Subject Matter Expert Developer Application Form



Disclosure Closure I hereby certify that, to the best of my knowledge, no aspect of my current personal or professional circumstance places me in the position of having a conflict of interest with any interest of the Academy of Nutrition and Dietetics relating to this role. I hereby certify that, to the best of my knowledge, neither I (including any member of my immediate family) nor any individual or entity with whom or with which I have a significant working relationship have (has) received something of value from a commercial party related directly or indirectly to this role.	The foregoing statements are true without exception. The foregoing statements are true except as reported in detail below.
	Date Signature:

Please submit the completed application and documentation to weightmgmt@eatright.org.

If you have any questions, please contact:

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